Tourette Syndrome and the Prevalence of Co-morbid Diagnosis: Therapeutic Approaches in the Treatment of Children and Adolescents
Co-Sponsored with the School of Social Work/PEP

Date: Monday, December 10, 2012
Time: 9:00am- 4:00pm
Place: Rebecca Stafford Student Center, Room 202A
Fee: $98 (A light lunch is included in the program fee)

This program will provide 6 contact hours for nurses and 6 CEU’s for Social Workers.

The Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center’s Commission on Accreditation. Provider number: P242-5/12-15.

Tourette Syndrome (TS) is a neurological disorder that is characterized by repeated involuntary movements and sounds called tics. This workshop will address the characteristics, diagnosis, and treatment of this disorder that is often unidentified, misdiagnosed, and misunderstood. Tourette Syndrome is often accompanied by other disorders such as OCD, ADHD, anxiety disorders, and Asperger’s Syndrome.

This workshop will analyze the intersection of TS and its associated disorders and explore treatment approaches that can be used by social workers, nurses and school staff to effectively manage anxiety in these children. Learning will focus on diagnosis, developmental course, medication management and intervention, and treatment approaches specifically used in controlling tics including cognitive behavioral therapy and habit reversal. Special attention will be paid to best practices in working with children and families.

Presenter: Dr. Richard Zakreski earned his PhD in clinical child psychology from the University of Virginia in 1982. He maintains an independent practice, specializing in the treatment of children, adolescents and college-age adults, in Shrewsbury and Freehold, NJ. Dr. Zakreski specializes in the diagnosis and treatment of neurodevelopmental and neurochemical disorders, including ADHD, TS, Anxiety/OCD and Asperger’s Syndrome.

Speakers, presenters and faculty members have declared that they have nothing to disclose. There is no commercial support for this activity.

Please provide the following information: Tourette syndrome
Name _____________________________________________________________
Address _________________________________________________________
City, State, ZIP _________________________________________________
Telephone ______________________ Email: ________________________

Checks should be payable to Monmouth University. For more information or to register contact the School of Nursing or visit our website www.monmouth.edu/academics/schools/nursing/continuing_programs.asp
Register online or by phone with a credit card - call 732-571-3443.