PREScribing CONTROLLED SUBSTANCES - ON-LINE SELF STUDY PROGRAM/PHARMACOLOGY

Date: Select a session: February 15-28; March 15-29; May 10-24; June 14-28
Fee: $70/$55 for MU students/alumni  6 contact hours will be provided
(Participants must pre-register & will have a two week period to complete the 6 hour online course)

Criteria for successful completion of this program is the review of four self-study modules comprised of audiovisual material, readings, case studies, and narrated slides; achieving a score of 80% or above on post-test; and completion of the program evaluation.

Program description: This innovative course provides an overview of the pharmacology of controlled substances. It has been designed to meet the continuing education requirement for the prescriptive practice of the Advanced Practice Nurse (APN) in NJ. The presenters explore the guidelines and challenges for responsible prescribing and will share the insight and knowledge gained from their nursing practice.

Topics include: Pharmacodynamics of controlled substances, prevention/diminution of addictions in the general population, prevention and management of impaired practice among health professionals, as well as the use of controlled substances for the management of psychiatric, non-psychiatric and non-pain related conditions.

Upon registration participants will receive program information, access dates and instructions on how to log-in to the course materials.

PEDIATRIC PHYSICAL ASSESSMENT

Date: Saturday, March 2nd (9:00am-2:30pm) McAllan Hall, Room 329
Fee: $90 (a light lunch is included in the program fee)  5 contact hours will be provided.

This course is one of the most popular continuing education courses offered at Monmouth University. The focus is on the basic clinical evaluation of the school age child including both normal and abnormal findings. The material covered will focus primarily on common pediatric diseases and disorders.

Topics include: Overall pediatric assessment, reviewing health history, discussion of tools and techniques for routine health screenings, guidelines for management of health issues, and appropriate intervention.

Presenter: Steve Miller, DO – Pediatrician with Navesink Pediatrics.

PSYCHIATRIC ASSESSMENT IN PRIMARY CARE

Date: Tuesday, March 5th (6:00-9:15pm) The Club Dining Room, Magill Commons
Fee: $70/50 for MU students (a light dinner is included in the program fee)  3 contact hours will be provided.

Primary health care practitioners are often the first to observe and identify mental health issues. The practitioner’s ability to integrate and facilitate behavioral health is crucial as there is growing evidence that this care will improve outcomes. This class has been developed in response to numerous requests for continuing education on this topic and will provide the non-mental health clinician an overview of psychiatric assessment techniques and screening tools.

Topics include: Guidelines for performing a mental status exam; an overview of the diagnostic criteria for the most commonly seen mental health disorders; screening tools for depression, major thought disorders, and addictions; basic guidelines for treating depression, insomnia and anxiety; and recommendations for referral to a mental health practitioner.

Presenter: Laura Kelly, PhD., RN, APN-C - Associate Professor, Marjorie K. Unterberg School of Nursing and Health Studies (MKUSNHS). Dr. Kelly has extensive experience in Adult and Psychiatric Mental Health Nursing and practiced in a variety of culturally diverse settings.
**SUTURING AND WOUND CLOSURE WORKSHOP**

**Date:** Thursday, March 14, 2013 (5-8:30)  
**Fee:** $75 (a light dinner is included in the program fee)

This course is designed to provide Advanced Practice Nurses hands on instruction in wound closure skills. The instructor will focus on wound evaluation, wound closure practices and techniques including basic suturing, tissue adhesive application, staple placement and the use of adhesive closure strips.

**Topics include:** Factors affecting wound healing, CDC tetanus guidelines, antibiotic guidelines, use of local anesthetics, selection of wound closure devices, wound aftercare, suture removal guidelines and pitfalls and special considerations.

**Presenter:** Rose Knapp, DNP, RN, APN-C - Chair, MKUSONHS Practicing Acute Care Nurse Practitioner specializing in critical and emergent care.

**SPANISH FOR HEALTH PROFESSIONALS/DINNER LECTURE SERIES**

**Date:** Wednesdays, March 27th, April 3rd, 10th, 17th, 24th, May 1st, 8th, & 15th (6:00-7:30pm)  
**The Student Center**  
**Fee:** $225 (a light dinner each week is included in the program fee)  
**12 contact hours will be provided.**

Have dinner on campus each week and develop a language skill that will help you in practice! This course is designed to expand basic Spanish conversational skills to enhance vocabulary used in the healthcare setting. Thematic conversational practice will focus on the medical history, health and medical scenarios. Key terms that are used in medical and informational forms will be highlighted. The course will be taught primarily in Spanish.

**Topics include:** Vocabulary related to the clinical setting, medical procedures and clinical terminology, cultural competency and mock medical history interviews. It is recommended that the participant have some basic knowledge of Spanish.

**Presenter:** Dr. Sevi Avigdor was born in Lima, Peru and earned his medical degree from the Complutense University of Madrid Medical School in Spain. He is Chief of Gastrointestinal Surgery at Monmouth Medical Center and currently has a private practice in Long Branch, NJ. Dr. Avigdor has taught Spanish for Healthcare providers for a number of years, noting that the challenges faced by the Spanish speaking population heighten the need for improved communication strategies.

**EntpreNurse: BUSINESS PLANNING FOR NURSES & EVERYONE**

**Dates:** Wednesdays: March 27th, April 17th, & May 8th (6-8:30pm)  
**Fee:** $1250 (includes course materials, access to business plan software & a light dinner on above dates).

Timeframe and expectations: This course will run for 8 weeks and in addition to the classroom hours, approximately 30 hours of computer based coursework will be required in order to develop an individualized business plan. Students will be provided with independent study materials prior to the start of the course. A certificate will be provided upon completion.

**Act on Your Dreams:** Have you ever thought of starting your own business? Do you currently own your own business and want to improve it? Are you a nurse manager looking to advance your business skills? This course is designed to guide participants in the development of an individualized business plan. The content will include the fundamentals of business ownership and will provide strategies for the successful entrepreneur. This is the one course you need to start a business, turn a good business into a great one, or develop your own business ideas.

**Create Your Own Business Plan:** Under the direction of the instructor, participants will create and refine a business concept, a mission statement, and develop a 20-30 page business plan with charts, graphs and financial statements. Another area of focus will be on financial projections and the evaluation of resources. Included with course materials is top-notch on-line software access that makes writing a professional business plan much easier. No MBA required.

**Topics include:** Developing your business concept, organization, marketing, pricing, competitive analysis, financial controls, and more.

**Instructor:** Daniel Guttman, MBA, is the President of Business Management Solutions, Inc., a management consulting and marketing company located in Westfield N.J. Dan has developed and provided this innovative entrepreneurship course for a number of nursing schools and professional organizations.
CLINICAL INSTRUCTOR SERIES

Date: Thursday, March 28th, April 4th, 11th, 18th, & 25th (5:30-9:00pm) The Club Dining Room
Fee: $80 per class or $350 for the series (a light dinner is included in the program fee).
3 contact hours will be awarded for each module attended.

This seminar series has been developed to provide a framework of topics and resources for clinical nursing instructors. The content is suitable for individuals who would like to update their knowledge or for nurses who are new to this role.

Five modules will focus on key topics:

- 4/4 Module two: Designing the clinical experience. Creating an active learning environment.
- 4/11 Module three: The simulated learning experience. Demonstration and integration into practice.
- 4/18 Module four: Clinical teaching strategies. Integrating technology, teaching methods and materials.

For more information on this program - please visit our webpage link to the School of Nursing:
http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp

Presenters:
Tresa Kaur Dusaj, Ph.D.(c), RN-BC, CNE - Assistant Professor for the (MKUSONHS) and coordinator of the MSN in nursing education track. Her interests include the use of simulation and gaming in nursing education.

Colleen Manzetti, DNP, RN, CNE - Assistant Professor for the (MKUSONHS) and has a background as an administrator overseeing generic nursing education and as a clinical educator.

Mary Ann Troiano, DNP, RN, APN-C - Associate Professor for the (MKUSONHS) will share her extensive undergraduate and graduate clinical experience as a nurse educator.

SUBSTITUTE SCHOOL NURSE WORKSHOP

Date: Tuesday, June 11th (10:30-4:30)
Fee: $90 The Club, Magill Commons

5.5 contact hours will be provided. (a light lunch is included in the program fee)

Substitute Nurses are needed in many school districts! The class is taught by faculty of the School of Nursing and Health Studies. It is designed to present an overview of the responsibilities of the Substitute School Nurse.

Topics include: Certification requirements and employment opportunities, tips and techniques for management of a school health office, documentation guidelines, examples of district policies for common school health concerns, introduction to diabetes management/insulin pumps and an overview of emergency protocols with demonstration of the epi-pen, nebulizer and administration of glucagon.

Presenters:
Lauren Dorman, MS, RD, CDE - Certified Diabetes Educator and Registered Dietitian
Deborah Ewtushek, MSN, MS, RN, NJ-CSN - Director of Clinical Placement for the (MKUSONHS)
Laura Jannone, EdD, RN, NJ-CSN FNASN - Associate Professor and Coordinator of the School Nurse Program for the (MKUSONHS)
Patricia Sciscione, MSN, RN, CEN, NJ-CSN - Specialist Professor for the (MKUSONHS).

SEXUAL ASSAULT NURSE EXAMINER (SANE)

Dates: June 24th- 28th (9:00am-5:30pm) Room: TBA
Fee: $725

Sixty-four (64) contact hours for nurses will be provided. In addition to the classroom hours, approximately 27 hours of computer based coursework are required. Students will be provided independent study materials prior to the start of the course. (SANE continued on the next page)

This course reflects the International Association of Forensic Nurses (IAFN) standards for adolescent, adult, and pediatric SANE education and the revised requirements of the NJ Board of Nursing for SANE Education. For MU Forensic Nursing Students, this course satisfies requirements for the SANE course in the certificate and MSN program. This program is designed for the RN with at least 2 years recent clinical experience desiring to obtain the
in-depth knowledge and skills needed to provide effective health care and services to victims of sexual assault. Content will include the biological, psychological, social and medico-legal dynamics of sexual assault including care of both male and female survivors across the lifespan.

Topics include: Role of the SANE in caring for sexual assault and abuse victims across the lifespan, nursing management of the sexually assaulted patient, evidence collection and analysis, exam documentation, clinical skill demonstrations, interdisciplinary collaboration, NJ laws and regulations, and an overview of the criminal justice system including tips on testifying.

Instructor: Eileen Allen, MSN, RN, FN-CSA, SANE-A, SANE-P. - Nationally certified sexual assault examiner and practicing forensic nurse, coordinator of the Monmouth County SANE/SART program. She has presented numerous lectures on a variety of topics related to Forensic Nursing for local, regional and national audiences. Guest lectures will also be presented by experts from the scientific and legal community.

Nurse Practitioner Skills BOOT CAMP
Dates: July 19 & 20, 2013 (8:30-5:15pm)
Fee: $400/$350 MU students and alumni
Room: TBA
15 contact hours will be provided.

An immersion program for Nurse Practitioners providing specialized training in key areas. The hands-on experience will be facilitated by content experts who will share knowledge, tips and techniques for practice. The boot camp is suitable for individuals who would like to update their knowledge and/or who are new to the role. Participants will complete 2 modules daily - selecting 4 out of the 6 modules listed below.

Each day will conclude with a 1.5 hour pharmacology update (Antibiotic Therapy & Psychotropic Pharmacology).

- X-ray interpretation
- Care of common orthopedic injuries and splinting
- Clinical decision making and interpretation of lab values
- EKG assessment
- Suturing and wound closure
- Psychiatric assessment

For more information on this program - please visit our webpage link to the School of Nursing: http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp

Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center’s Commission on Accreditation. Provider number: P242-5/12-15.

The planners and presenters of these educational activities disclose no conflict of interest. There is no commercial support for these activities. Accreditation status does not imply endorsement by the Center for Professional Development, NJSNA or ANCC of any commercial products or services.

Pre-registration is required and is limited so please register early! Registration must include full payment. Refunds will be granted if the program is canceled due to limited enrollment. If you withdraw from the course at least 14 working days in advance, the fee may be applied to another continuing education program (this does not apply to “no shows”). You may register by phone (732)571-3443 or on our website with a credit card http://www.monmouth.edu/academics/schools/nursing/continuing_programs

Please provide the following information for mailed registration:  Workshop ___________________________________________
NAME __________________________________________________________________________________________________
ADDRESS _______________________________________________________________________________________________
CITY/STATE/ZIP _________________________________________________________________________________________
TELEPHONE ________________________________(HOME/Cell) __________________________________________ (WORK)
EMAIL ADDRESS (please don’t use student email)  __________________________________________________________

Make checks payable to Monmouth University. Send registration form to: Monmouth University, Marjorie K. Unterberg School of Nursing and Health Studies, ATTN: Barbara Paskewich, 400 Cedar Avenue, West Long Branch, NJ 07764. If you would like more information, please contact Barbara Paskewich, Director of Professional Development, (732)571-3443 or e-mail: bpaskewi@monmouth.edu