## How has your creative leadership and dedicated service made a contribution of lasting value to Monmouth University and its students?

During my time at Monmouth University, I have been able to accomplish many things both inside and outside the classroom. On the academic side, I was able to complete my degree in only three years, all while maintaining a 4.0 GPA. In addition, I was also a goalkeeper on the women's soccer team. Over the course of my career, I helped lead my team to two conference championship games, resulting in one MAAC championship in 2021. In 2021, I was also named to the All-Tournament Team and All-Academic Team. While all these achievements are great, the most impressive one is the lasting impact that I have made on others. I do not fall under the classic definition of a leader, but that has not made my leadership any less impactful. I am not a take charge, "rah-rah" type of person, instead I am quieter and more reserved. However, just because I might not say much does not mean that I can't lead. I lead by example in everything that I do. My teammates and classmates have seen how dedicated and determined I am in my academic pursuits, which is why I am someone that they come to when they need help. I try my best to help everyone that comes to me even if it is in a subject that I am not as familiar with. Additionally, on the soccer field I push my teammates to be the best they can be. I struggle to meet many of the physical demands placed on us, and therefore have had to work twice as hard as anyone else. My teammates see me doing all the extra workouts and putting in the extra effort and it motivates them to continue to grow as well. However, over this past year, my role on the team changed due to an injury I suffered. I went from being a starter to sitting on the bench. I had to deal with that adversity and accept my new place on the team. While it was hard at first, I ended up taking it in stride. As the oldest goalkeeper on the team, I became a mentor for the younger goalkeepers. I took them under my wing and helped to coach and guide them throughout the season on and off the field. Furthermore, while I might not say much most of the time, when I feel it is important I do speak up. When I wasn't happy with some of the things going on with soccer, I took it upon myself to go to the coaches and administration to speak up for myself and the rest of my teammates. It is my hope that my words will benefit the next generation of players and goalkeepers at Monmouth. Overall, my leadership has enabled me to positively impact and form strong relationships with my fellow teammates and classmates.