

# Longtree & Associates, LLC

## ***Redirecting Challenging Resistance: Assisting the Elderly Person with Self-Advocacy and Self-Care***

**Date:** September 21, 2022

**Time:** 12:45-2:45 pm

**Location:** Brookdale Community College

**2.0 Continuing Education Hours offered:** SW RN CCM LNHA CALA

**Course Description:** This seminar explores areas of therapeutic resistance by elderly clients. Social workers, CCM, LNHA, CALA, RN and other professionals will learn ways to analyze resistance, learn techniques in responding to challenges from clients, and how to formulate clinically sound approaches to foster self-care and self-advocacy.

**Course Target Audience: Beginning to intermediate level social workers**

**Learning Objectives:** Upon completion of the course, mental health professionals will be able to:

- Develop a professional philosophy for understanding and managing resistance.
- Explain how to conceptualize resistance to assist the health care professional to avoid, sidestep, and mitigate it for client well being
- Describe five errors that health care professionals make which unintentionally encourage and stimulate client resistance
- List five principles for dealing with resistance
- Develop goals based on client motivations, which may be effective in producing a stronger self-care and self-advocacy response.

This course, **Redirecting Challenging Resistance: Assisting the Elderly Person with Self-Advocacy and Self-Care**, Approval #220604-402, provided by Longtree & Associates, LLC is approved for continuing education by the New Jersey Social Work Continuing Education Approval Collaborative, which is administered by NASW-NJ. CE Approval Collaborative Approval Period: Wednesday, June 15, 2022 through August 31, 2024. New Jersey social workers will receive 2 Non-clinical CE credits for participating in this course.”

Longtree & Associates is approved by the State of California Board of Registered Nursing, Provider Number (CEP) 15796, for 2.0 contact hours. Valid until June 20, 2023.

This program has been pre-approved by the Commission for Case Manager Certification to provide Ethics continuing education credit to CCM® board-certified case managers. This course is approved for 2.0 Ethics CE contact hours. Course ID I00051241 Approval Number: 220002086 Valid June 30, 2022 through June 30, 2023.

The National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) has approved the above named program for continuing education credit. LNHA/CALA will receive 2.0 contact hours.

**Presenter:** Laurie Loughney, BA Psych, CSW, LNHA, CALA, CDP, AHM, CADDCT, SHRM-CP, ICP, is the CEO of Longtree & Associates, a healthcare seminar and education company. Ms. Loughney shares her expertise in social work, administration, and ethical compliance via this and other outstanding seminars geared toward the eldercare setting. A NJ CSW, Ms. Loughney is an approved presenter for numerous social work seminars. Her work includes supporting social workers as a consultant in areas of development of ethics policy and procedures, cultural diversity and understanding the social worker’s role in person-centered eldercare.

**Course Fees/ Refunds and Deadlines for cancellations:** There is no fee for this course.

**ADA Request:** Longtree & Associates is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, and seminars for individuals with disabilities. To request disability accommodations, contact Longtree & Associates at least ten days in advance at: [Lauriel@LongtreeEducation.com](mailto:Lauriel@LongtreeEducation.com) or 848-218-1320.

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