

# Resource List

## Helplines

**National Suicide Prevention Lifeline**

1-800-273-TALK

(1-800-273-8255)

**2<sup>nd</sup> Floor**

1-888-222-2228

**New Jersey Suicide Prevention Hopeline**

1-855-NJ-HOPELINE

(1-855-654-6735)

## National Suicide Prevention Resources

(Educational resources, training, safe messaging, survivor resources)

**Suicide Prevention Resource Center**

<http://www.sprc.org/>

**American Foundation for Suicide Prevention**

[www.afsp.org](http://www.afsp.org)

P. (212)363-3500

General inquiries: [info@afsp.org](mailto:info@afsp.org)

**National Action Alliance for Suicide Prevention**

<http://actionallianceforsuicideprevention.org/>

**The Jed Foundation** (campus)

<http://www.jedfoundation.org/>

**The Trevor Project** (Crisis Intervention & Suicide Prevention LGBTQ+)

<http://www.thetrevorproject.org/>

**ReportingOnSuicide.org** (Safe messaging)

[www.reportingonsuicide.org](http://www.reportingonsuicide.org)

## **New Jersey Suicide Prevention Resources**

Traumatic Loss Coalitions for Youth

P. (732)235-2810

PerformCare at **1-877-652-7624** for non-life-threatening services. Follow the menu prompts provided for an emergency situation. We will ask you a series of questions to determine how we can help.

If we find that your child should be evaluated for hospitalization, we will refer you to a local screening center. For a list of crisis/screen centers by county, please visit the [NJ Department of Human Services](#) website.

**MOBILE CRISIS AND STABLIZATION SERVICES:**

**1-877-652-7624**