

Buddy Program

LGBT Older Adult Project

- LGBT older adults are more likely than the general population to live and age alone.
- This isolation is likely due to real or perceived fear of discrimination, and can be very damaging to the LGBT older adults well being.
- It is not uncommon to find LGBT older adult's family that have abandoned them and friends and partners that have passed or are unable to provide the social support due to complications from aging.

What We Do

- We are dedicated to linking isolated or lonely LGBT older adults with trained volunteers in hopes that the companionship will provided the needed social support free of charge.
- The Buddy Program's companionship offers friendly and compassionate one on one time with a buddy volunteer and an LGBT older adult in an environment they are most comfortable with.

Who Are The Buddies?

- Volunteers, who are college students, professionals, or retirees, each trained in ethics and boundaries.
- Each volunteer is willing and able to spend up to four hours a week with their LGBT older adult buddy.



How Can You Help?

If you know an LGBT older adult that may be in need of social support or would benefit from additional companionship please feel free to refer them to our free Buddy Program services by contacting Dr. Laura Kelly via email at lkelly@monmouth.edu so we can schedule an in person intake as soon as possible and link them with a local volunteer buddy.

Thank you for your attention and support. If you have additional questions or concerns, or are interested in our free cultural competency provider trainings on the needs and concerns of LGBT older adults please contact Dr. Carolyn Bradley at cbradley@monmouth.edu

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