



The Center for Professional Development in Nursing and Health

Identifying and Managing Cardiovascular Disease in Out Patient Settings

Date: January 31, 2023

Time: 6:30 – 8:30 pm

Place: Remote-live meeting via Zoom

Fee: \$30/\$20 for MU Students, Alumni and Preceptors

Contact Hours: 2 nursing contact hours will be provided.

Desired learning outcome: The advanced practice nurse will apply the concepts learned when providing cardiac protective care in outpatient settings.

Program description: The purpose of this program is to provide evidenced based guidelines for managing cardiovascular concerns that commonly arise in the primary care and outpatient setting. The instructor will present a brief overview of the impact of cardiovascular disease, diagnostic tests used to screen, and treatment and prevention guidelines.

Topics will include:

- Why heart disease is different in women
- Screening for cardiovascular disease risk factors
- Measures to reduce the risk factors (dyslipidemia, hypertension and obesity)
- Talking to your patients about heart health
- When to refer for consult or emergency care

Presenter - Tricia Marceante, MSN, RN, APN-C is a Monmouth University Alumna, specializing in Cardiology. Recently retired she now works per diem Monmouth Medical Center's Healthy Lives Program, The Women's Heart Program at CentraState Healthcare System and with Monmouth Heart and Vascular Specialists.

Successful Completion: Participants must attend 95% of the program, participate in interactive learning activities and complete an online evaluation to receive contact hours. Planners, content experts and speakers have declared no conflict of interest. There is no commercial support for this activity.

The Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University is approved as a provider of nursing continuing professional development by *New Jersey State Nurses Association*, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation Provider Number: P242-10/21/24.

For more information: www.monmouth.edu/school-of-nursing-health/continuing-education-programs or contact Barbara Paskewich - Director of Professional Development, The Center for Professional Development in Nursing and Health: bpaskewi@monmouth.edu

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