



YOUTH MENTAL HEALTH FIRST AID TRAINING USA

Date: August 26, 2020 Time: 8:30am – 6:00pm Fee: \$150.00 (includes class materials)

“Live” - Class will be remote via Zoom.

8 contact hours for Nurses will be awarded – (you don’t have to be a nurse to take the class)
(Registration is limited and will close on 8/19 or when the class is full.)

Mental Health First Aid USA is an 8-hour training to teach participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it helps trainees identify, understand and respond to signs of mental illnesses and substance use disorders.

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This 8-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Desired Learning Outcome: After completing the program the participants will apply the Youth Mental Health Training (YMHT) action plan steps when working with young adults in crisis and non-crisis situations.

Certified Virtual Instructors (www.MentalHealthFirstAid.org)



- **Laura Jannone**, Ed.D, RN, CSN-NJ, FNASN Associate Professor, Coordinator of the School Nurse Program
- **Giuseppina Pagnotta**, MSN, RN, CSN-NJ, Head Nurse Neptune Township Schools, Adjunct Professor Monmouth University

For more information or to register contact the School of Nursing or visit our website

www.monmouth.edu/academics/schools/nursing/continuing_programs.asp

Planners, content experts and speakers have declared no conflict of interest. There is no commercial support for this activity. To successfully earn the full contact hour certificate, participants must attend the entire program, participate in the learning activities, and complete the program evaluation. A certificate will be emailed upon verification of successful completion.

Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center’s Commission on Accreditation. Provider number: P242-9/18-21