



MONMOUTH
UNIVERSITY

MARJORIE K. UNTERBERG
SCHOOL of NURSING and
HEALTH STUDIES

The Institute for Health and Wellness with
The Center for Professional Development in Nursing and Health

Evidence-based Nonpharmacologic Strategies for Comprehensive Pain Care

Date: Tuesday, June 4, 2019

Time: 5:30 - 8:30 pm

Place: Monmouth University Pozycki Auditorium (room 115)

Fee: \$75 MU students \$35.

All proceeds benefit the MKU School of Nursing and Health Studies Scholarship Fund!

This program will provide 3 contact hours for nurses or 3 clinical social work continuing education units. Licensed professional counseling accreditation recognizes either of these professional bodies and will accept these credit hours.

This presentation will outline the societal impact of pain and the importance of pain as a major healthcare issue. The opioid crisis has intensified the need to explore integrative approaches to pain management. Yet, in spite of this growing concern, the evidence-base for nonpharmacologic pain care is not widely disseminated. This course will outline the role of evidence-based strategies as options in comprehensive pain care. The instructor will cover modalities shown to be effective and how they can be integrated for common pain conditions.

Topics will include:

- The Impact of pain & the current status of pain management
- The need for interdisciplinary and multimodal care
- Process and success in changing policy for comprehensive pain care
- An overview of effective evidence-based options for comprehensive pain management
- Best practices and considerations for when referring to healthcare providers

Desired Learning Outcome: The practitioners will apply concepts learned when considering comprehensive pain care.

Dr Arya Nielsen is an Assistant Clinical Professor at Icahn School of Medicine at Mount Sinai in the Department of Family Medicine & Community Health. For over 40 years Dr. Nielsen has been a leader in integrating acupuncture practice to the Western conventional setting both in terms of safety, standards of practice, policy and procedures and presentation of the research evidence-base. She is the past Chair of the New York State Board for Acupuncture, and the Policy Working Group for the Academic Consortium for Integrative Medicine & Health; the 75 North American member organization of academic medical centers and health systems that support utilization of evidence-based nonpharmacologic therapies as integrative medical care. Arya served on a 2014 Joint Commission Stakeholder Panel on pain that supported their clarification (2015) and mandate (2018) that nonpharmacologic therapies be provided in hospital settings.

Criteria for successful completion, participants must attend the entire program and complete a program evaluation. Speakers, presenters and faculty members have declared that they have nothing to disclose. There is no commercial support for this activity.

The Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation. Provider number: P242-9/2019.

CEs provided by the Monmouth University School of Social Work are in accordance with New Jersey Administrative Code 13:44G and are recognized by the NJ Board of Social Work Examiners.

Application for CHES (entry-level) / MCHES (advanced-level) Category I continuing education contact hours (CECH) has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC

To register or to view our registration policies please visit our website:

www.monmouth.edu/academics/schools/nursing/continuing_programs.asp

For additional questions please contact bpaskewi@monmouth.edu 732 571 3694

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