

MONMOUTH UNIVERSITY

The Marjorie K. Unterberg School of Nursing and Health Studies

Summer 2013 / Volume 15 Issue 1

"Do you want to know who you are? Don't ask. Act! Action will delineate and define you." - Thomas Jefferson

From the Desk of Dean Janet Mahoney

Greetings. On behalf of the faculty and staff of the School of Nursing and Health Studies, I extend congratulations to all the graduates. This year, we will remember graduation day, May 22, 2013 as Monmouth University's first Doctoral Degrees were awarded to graduates from the Marjorie K. Unterberg School of Nursing and Health Studies. It was an honor to watch seven students take the stage and receive their Doctoral hoods. This ceremony, which took only minutes to complete, was years in the making and is a noteworthy accomplishment for the University, School, and the Graduates! The commencement ceremony at the PNC Arts Center was filled to capacity with family, friends, and the Monmouth University community. The sky was heavy but spirits were high.

This summer, President Paul G. Gaffney II will retire after serving the Monmouth University community for 10 years. During his tenure, the University and the School of Nursing and Health Studies have seen tremendous growth and change. President Gaffney often closed a speech or a letter to the campus community asking that we "take care of each other." As health professionals, this is second nature, but these simple words set the tone for the University. They also grew in significance as the campus became a shelter for hundreds who were displaced by the storm of the century this past October. We wish President

Gaffney the very best and hope that Monmouth University will always serve as his safe harbor.

To provide an update on the happenings of the School, the Doctor of Nursing Practice program received accreditation from the Commission on Collegiate Nursing Education. This May, we also welcomed the 3rd cohort of Doctoral students. The Department of Health and Physical Education continues to be a popular major with over 400 students. The Department conducted a successful self-study evaluation this Spring. Presently, the School of Nursing and Health Studies is taking steps to increase inter-professional education and collaboration. This is evidenced with the undertaking of both a generic BSN program and a graduate Physician Assistant program both targeted to begin in Fall 2014.

Our Center for Professional Development in Nursing and Health continues to offer a variety of classes for nurses and healthcare providers. Upcoming programs include a "NP Boot Camp" and a professional development program funded by the Independent College of New Jersey, called "Strategies for Success—Teaching in Nursing and Health."

Wishing you all a safe and happy summer. Keep in touch. We like to hear from our friends and alumni.



The Marjorie K. Unterberg School of Nursing and Health Studies

400 Cedar Ave ~ West Long Branch NJ ~ 07716

732~571~3443



The Dean is a Diva ~ Janet Mahoney, PhD, RN, APN-C, NEA-BC

On October 24, 2012, Dr. Mahoney received the Diva award from the Institute for Nursing, the Foundation for the New Jersey State Nurses Association. This award honors nurses who have made a significant contribution to the nursing profession in NJ. Dean Mahoney started her nursing career at St. Mary Hospital School of Nursing in Hoboken, received a BSN from Monmouth University, a MSN from Seton Hall University, and a Ph.D. from New York University. She is credentialed through ANCC as an Advanced Practice Nurse and has Executive Nurse Advanced certification.

Well deserving of this award, Dean Mahoney maintains an open-door policy and is considered an advocate for students and faculty alike. She embraces change and has led the School in many initiatives, such as the establishment of the first doctoral program at Monmouth University. The Doctor of Nursing Practice (DNP) program prepares nurses at the highest level of nursing practice to be leaders in applying research to practice and to advance nursing practice. She was instrumental in expanding a Health Studies minor to become a bachelor's degree for students to major in Health Studies or Health Studies with Physical Education. A generic BSN program is now in the planning stages. She has been instrumental in fostering an inter-professional component at the School, with the addition of a Physician Assistant program.

Dr. Mahoney serves as the Co-Director of the Robert Wood Johnson Foundation/New Jersey Nursing Institute grant. This grant supported nurses to become future nursing faculty. She serves on the Board of Trustees for the Visiting Nurse Association Health Group in Red Bank and is on the Advisory Board at HealthSouth Rehabilitation Hospital in Tinton Falls. She is a proud member of the New Jersey State Nurses Association and has served as Monmouth County Chairperson for NJSNA Region 6. She has received numerous awards over the years, including the Janice Marchette Leadership Award from the Nursing Honor Society - Lambda Delta Chapter of Sigma Theta Tau, International.

Welcome to Deborah Ewtushek, MSN, MS, RN, CSN

Submitted by Lori DeCarlo

Deb Ewtushek joined the School of Nursing and Health Studies in November 2012, as Director of Clinical Placement. In addition to her work for the School, she is a school nurse in the Point Pleasant Boro School District. Deb has earned two Master's Degrees, an MS in School Health Education from New Jersey City University and an MSN from Monmouth University. She has extensive experience as a Clinical Nurse Educator. When you meet her you quickly learn that she has a strong passion for supporting students in their academic endeavors. She owns a company called Rx for Success, an on-line tutoring service for students in the health care field and has also developed a curriculum on Medication Calculations and Medication Administration and Safety. Deb is Co-Advisor for the Monmouth University Professional Nurses Association. Both the students and faculty have appreciated the contribution she has made to the School of Nursing and Health Studies.

During her spare time, she loves sports, especially golf. Happily married for 36 years, she has two sons and a Golden Retriever named Annie. When not working at the University, or playing sports, you may find Deb and her husband working on jigsaw puzzles or attending Broadway plays.



Welcome ~ Colleen Manzetti, DNP, RN, CNE

Colleen Manzetti joined the School of Nursing and Health Studies for the Fall 2012 Semester as an Assistant Professor. She comes to MU from Ocean County College where she worked as the Interim Dean of Nursing. She has a Master's of Science in Nursing from MU and received a Doctorate of Nursing Practice from Sanford University. Her doctoral research focused on the value of collaboration in nursing education; sharing simulation resources. She has been working as nurse educator since 2005 and is credentialed as a Certified Nurse Educator by the National League of Nursing.



Dr. Manzetti has extensive experience working in managed care for Fortune 500 insurance companies. In addition to teaching, she provides consultation to attorneys and insurance companies focusing on life care planning for those with catastrophic injuries and illnesses. Colleen has one son and lives in Ocean County with her husband and her pampered pooch, Maggie the Maltese. She loves the beach and enjoys summers at the shore.

Faculty Milestones

Bojana Beric, MD, PhD, CHES - Co-authored "Lessons learned from a faculty-librarian collaboration in teaching the 'AIDS and the global society' college course" *Education for Health*, 2012. She co-presented, "LibGuides: A faculty-librarian driven tool for assisting and assessing students' performance, and enriching their learning experiences," in March 2013. Podium presentations included: *Teaching Prevention 2013: Developing Educational Experiences for an Evolving Health System*, at the APTR meeting in Washington, D.C.; *Action-learning pedagogy to engage undergraduate students in service-learning health promotion program planning*, at the SOPHE 63rd Annual Meeting in San Francisco, October 2012. Webinar productions, she co-presented, "Readying the health education specialist for emergencies", Emergency preparation for Health Educators offered by AHPERD/AAHE, December 12.

Tresa Dusaj, PhD(c), RN-BC, CNE - became certified as a CHSE, Certified Healthcare Simulation Educator and in Professional Development through the ANCC.

Christopher Hirschler, PhD, MCHES - for the third year in a row, led a team of Monmouth University students to deliver health education to schools in "Las Amigas" of Salud Y Paz in Guatemala. His video of this experience can be found on YouTube by searching 'Hirschler Guatemala 2013'. He presented at the National Wellness Conference 2012, University of Wisconsin, on *Creating YouTube Videos that Promote Wellness*; the Conference of the North American Vegetarian Society, University of Pittsburgh, *Advocacy, Social Media, and the Promotion of Plant-based Diets*, 2012 and *Compelling, Yet Little Known Reasons for Adopting a Plant-Based Diet*, 2012.

Andrea Hope, EdD, CHES - published "Increasing Awareness about Body Image Dissatisfaction and Eating Disorders through Multimedia Projects" in the *Health Education Teaching Techniques Journal*, July 2012. She coordinated a week of activities with History Professor Katherine Parkin for "Change the Conversation Events," a program that raises awareness about body image dissatisfaction, eating disorders, and the damaging impact of the "thin ideal" on our society. Presented a poster "Human Papilloma Virus and Herpes: A Qualitative Inquiry of College Students' Perceptions and Experiences" at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine in San Francisco, March 2013.

Laura Jannone, EdD, RN NJ-CSN, FNASN - presented *The Affordable Health Care Act what it Means for Children in our Care*, and received the NJ State School Nurse Award from the NJ State School Nurses Association (NJSSNA) at its annual conference dinner held in March. She also published an article in the *Star Ledger* on School Nursing during Nurses Week (5/3/2013) "School Nurses perform a Specialized Role with Multifaceted Job Requirements."

Laura Kelly, PhD, APN-BC - is co-director of the "The LGBT Older Adult Project," a joint initiative between the School of Social Work and the School of Nursing and Health Studies. This initiative seeks to improve the quality of life of older LGBT adults through education, awareness programs, providing social activities for LGBT older adults, and advocacy through legislation. It accomplishes these goals through the provision of technical assistance and training opportunities. If you are interested in learning more about this project, please contact Dr. Kelly at lkelly@monmouth.edu.

Rose Knapp, DNP, RN, APN-C - presented *Immunization Update for School Nurses*, NJSSNA, 2013; *The Emerging Role of the Acute Care Advanced Practice Nurse*, Northern Chapter FNAP, 2013; *Integrating EHRs into your practice: implications for improved patient outcomes*, NJSNA FNAP, 2013; *Medication Safety for the Older Adult*, at the New York City Geriatric Consortium, 2013. Was a podium presenter on the legislative challenges to APN practice at the NJ Chapter of American College of Cardiology, May 2013. She served as a Chapter Reviewer of "Gerontology for the APN", McGraw Hill and content expert for the ANCC's review questions for the new Adult/Geriatric Exam and Webinar for new Adult Geriatric Acute NP Exam.

Rose Knapp, DNP, RN, APN-C, Sharon Stark, Ph.D., RN, APN-C and MaryAnn Troiano, DNP, RN, APN-C - presented a poster, *An Innovative APN student clinical experience: A Memory Clinic Pilot Program*, NONPF, 2013

Jim Konopack, PhD - presented a poster, *Neurocognitive Consequences of Green Tea Consumption: A Systematic Review of the Literature*, at the Annual Meeting of the Gerontological Society of America, San Diego, CA, Fall 2012.

Colleen Manzetti, DNP, RN, CNE, CNLCP - addressed the New Jersey State Senate regarding the Nursing Faculty Loan Redemption Program in November 2012.

Sue Polito, RN, MSN, ANP, C, GNP, C - received a Graduate Elder Law Certificate from the University of Toledo and was inducted into the Phi Kappa Phi Interdisciplinary Honor Society this spring.

Patricia Sciscione, MSN, RN, CSN-NJ - presented at the NASN Annual Conference, on the topic "Chronic Sorrow in Parents/Caregivers of Children with Chronic Disabilities: Implications for School Nurses", in San Francisco, CA, June 2012. Authored the article, "*Bed bugs: They ARE back!: The role of the school nurse in bed bug management*", in the NASN School Nurse, 2012. Co-Authored the article "*Impact of different educational methods on nursing knowledge and satisfaction*", in the *Journal for Nurses in Professional Development*, 2013.

Monmouth University Professional Nurses Association (MUPNA) Submitted by Karen Nugent, Past Vice-President

MUPNA hosted a Spring Social on February 11th. The event was well attended and provided an opportunity for students to relax and network. Marilyn Roy, President of Sigma Theta Tau - Lambda Delta, spoke about the Chapter and provided membership information to those interested. Following this meeting, an informative continuing education program, on organ donation was presented by MU Alumni, Patricia Pavlak, APN. The program, offered by The Center for Professional Development in Nursing and Health, was open to both students and community members.



On behalf of the (2012-2013) Executive Board (pictured to the left): Khalena Anselmo, Treasurer; Karen Nugent, Vice President; Lauren Papp, Secretary; and Marie Mupada, President, I extend a welcome to the incoming officers for (2013-2014) Jessica Doto, President; Melissa Maxted, Vice President; Keilynn Alicea, Treasurer; and Courtney Wood, Secretary. We wish the incoming officers much success. It is with mixed emotions that we complete our course of studies at MU. The road to our masters' degrees was exciting and challenging. Like migratory birds flying in a V formation, we have taken turns at the lead while supporting each other on the long, tough journey. While we are anxious to start a new chapter in our professional careers, we will miss the bonds we forged in the classroom. We are forever grateful to our professors and preceptors for sharing their knowledge and shaping our futures. We would also like to thank our families and friends for their unwavering patience, support and sacrifice.

Monmouth University Commencement - 2013

We applaud the effort and achievement of our graduates!

Outgoing President Paul G. Gaffney offered the commencement address at Monmouth University's Graduation Ceremony, May 22, 2013. President Gaffney's parting words to the graduates were fitting as he prepares to turn over the helm to Dr. Paul Brown, incoming President, "I wish you fair winds, a following sea, a tall ship, and a bright star to steer her by."



Doctor of Nursing Practice ~ Seven from the School of Nursing were awarded the first doctoral degrees conferred from Monmouth University. What a distinction! In the photo on the left, appearing from left to right is Virginia Carreira, Renata Flaks, Gaye Madigan, Janette Parsons, Melissa Richardson, Barbara Scarano and Therese West.

Bachelor of Science in Nursing

Tammy Cammarata

Master of Science in Nursing

Khalena Anselmo	Kathryn Kumta	Melanie Parsell
Linda Ayala	Maya Levin	Charulata Patel
Kristen Beer	Kristy Maag	Allison Pianoforte
Robert Bishop	Jenifer McEwan	Krystin Prasad
Grace Brunner	Jacqueline McGovern	Kimberly Pratt
Marie Catalane	Dawn McGrogan	Rosario Sanchez
Suzette Catong	Kathleen McGuire	Kristen Snyder
Jacqueline Coughlin	Joanne Miller	Danielle Stropoli
Conrad Ehrig	Marie Mupada	Tetima Telewoda
Mary Ellen Engel	Stephanie Needham	Bhumika Thummar
Laurie Gama	Karen Nugent	Alda Valenzuela
Deepa Geo	Jessica O'Brien	Kimberly Vanesko
Beth Gough	Dara Ofner	Jennifer Vogt
Michele Halat	Irena Osipenko	Lorraine Zarillo



Congratulations to the recipients of the 2013 Graduate Awards

Marie Catalane (MSN '13) - Received the MSN Academic Excellence Award

Karen Nugent (MSN '13) - Received the MSN Leadership Award

Beth Gough (MSN '13) - Received the MSN Service Award

Allison Pianoforte (MSN '13) - Received the Natural Medicines Comprehensive Database Recognition Award

Department of Nursing ~ Certificates

Post Master's Certificate - Nurse Practitioner

Susan Beltran

Usha James

Jennifer Joiner

Marna Seitz

Graduate School Nurse Certificates-NJ Department of Education (Standard Certificate)

Therese Cahill

Joyce Cline-Blasi

Caroline Cascella

Lynn Evans

Donna Sichta

Graduate School Nurse Certificates-NJ Department of Education (Non-Instructional Certificate)

Karen Gordon

Melissa Jordon



Department of Health & Physical Education Class of 2013!

Gabriella Arce
Christina Audi
Nicole Barberio
Mark Bernardo
Kelly Boozan
Courtney Cavan
Kaitlyn Chasey
Arielle Corrubia
Gary Cox
Kevin Davis
Alison Day
Danielle Dellaccio
Nicole Dobron
Chelsea Dunster
Michael Fasulo
Kevin Gaul

Christopher Greco
Colleen Hayes
Amanda Henry
Rachel Iannotta
Bushra Javaid
Kelsi Kavanagh
Brittany Kiefer
Steven Kipnis
Bryana Kleissler
Brielle Kotowski
Andrew Lawler
Caitlyn Lee
Rachel Levy
Nicole Lippens
John Lockwood
Kelsey Maher
Nicole Manziano
Megan Martinez

Mary McCarthy
Ashley McPeck
Michelle Mullins
Vanessa Orbe
Marissa Peloro
Christopher Perret
Vincent Petracco
Michelle Pieczynski
Allison Quirke
Jaclyn Rauchut
David Rudowski
Christopher Rutherford
Sean Scully
Karly Sheeran
Jesse Steele
Christina Stylianou
Stefania Tattoli
Brett Tave

Travis Torchia
Danielle Toritto
Rebecca Van Dyk
Emily-Ann Varvar
Brittney Veltri
Rosemary Wandel
Marcus Ware
Alexander Weidman
Kayla Weiser
Katelyn White
Massab Younas





Congratulations to the recipients of the 2013 Student Awards – Department of Health & Physical Education Academic Excellence.

Ashley McPeck - received the Academic Excellence Award in Health & Physical Education (with K-12 education endorsement)

Arielle Corrubia - received the Academic Excellence Award in Health Studies.

Vincent Petracco - received the Academic Excellence Award in Health and Physical Education.

National Health Education Honor Society - Submitted by Rebecca Van Dyke

Eta Sigma Gamma (ESG) the Health Education Honor Society, had a busy spring semester this year! The students took part in the Annual Health Fair by creating a healthy college cookbook that was given to Monmouth students. ESG also participated in Monmouth's Relay for Life as a part of the Health and Physical Education team. The team raised money from donations and raffled off a full body massage at the event. Another significant event was the initiation of 14 new members, who needed to meet certain grade and participation requirements to join. All of these events were organized by President Vanessa Orbe and Co-Vice Presidents Michelle Mullins and Rebecca Van Dyke, all of whom are graduating seniors. ESG is proud to have achieved so much this semester and wish everyone a happy and safe summer.

The following students were inducted this Spring.



ETA SIGMA
GAMMA

Jessica Calabro

Danielle Doremus

Alexa Ferreira

Colleen Healy

Sapire Levi

Rachel Levy

Jennifer McHugh

Christina Nied

Rodolfo Roca

Tara Tamburro

Stefania Tattoli

Brianna Wesley



International Honor Society of Nursing Sigma Theta Tau International ~ Lambda Delta Chapter



Chapter members and friends volunteered on April 27th to help make the *Wave of Action and the Clean Ocean Action's* 28th Annual Spring Beach Sweep a huge success. They joined the over 6,000 people who chose to help clean up the community beaches and their ecosystems affected by Hurricane Sandy.

A presence at MU's graduation this year, members lined up in front of the STTI banner to have photos taken before the commencement.

The Spring Induction and Award Ceremony was held at Jumping Brook, Neptune, NJ, on January 12, 2013. Fiesta Clanton, Chapter President introduced the new board members. Two new officers were inducted: Vice President - Teresa Raskauskas and Treasurer - Marie Mupada.

The following individuals were inducted on January 12, 2013.

Virginia Carreira
Suzette Catong
Conrad Ehrig

Deborah Ewtushek
Ruby Gallipani
Beth Gough

Dara Ofner
Jo Linderoth
Jen Vogt



The Lambda Delta Chapter Awards ~ 2013 went to:

Janice Marchetti Leadership Award: Marilyn Roy

Hannalore Sweetwood Mentorship Award: Tresa Dusaj

Dr. Carolyn Zagury Scholarship Award: Conrad Ehrig

Dean Marilyn Lauria Scholarship Award: Beth Gough

Friend of Nursing Award: Mary Rospos

Announcement: Mission Trip to Haiti ~ January 6-12, 2014

This will be the 4th year that members of the local nursing community (this is not a MU event) will be participating in a mission trip, partnering with the Foundation for Peace, in Haiti. Nurses and Nursing Students of all abilities are invited to participate. The cost is \$700 and includes dorm style lodging, in-country transportation, all meals, bottled water, and security. Airfare is approximately \$560 or current published rate. The trip is limited to 35 participants. For more information about this trip please contact terryraskauskas@me.com.



Third Annual Distinguished Lecture

The Marjorie K. Unterberg School of Nursing and Health Studies was honored to have Patricia Barnett, as the speaker for the 3rd annual 2013 *Distinguished Lecture* on May 16, an event which highlights the work of an individual who has made a significant contribution to the practice of nursing. As in the past, this event was well attended and offered the School of Nursing an excellent opportunity to honor our graduating students and an chance to thank our preceptors for their support and professional services. Our guests enjoyed both the reception in the magnificent Pompeii room and gardens at Wilson Hall and the lecture that followed.

Pat Barnett, Chief Executive Officer, New Jersey State Nurses Association, is a nurse-attorney, with 30 years of experience, who has impacted health policy and access to care at the city, state, and federal levels. The title of her lecture was "Nursing Leadership: Looking Back and Looking Forward." During her talk, she highlighted the work of individuals who have made a difference in nursing practice and spoke on the shifting roles and the importance of nursing leadership in the changing health-care environment.