

MONMOUTH UNIVERSITY

Marjorie K. Unterberg School of Nursing and Health Studies

Notes on Nursing

Summer 2012 Volume 14 Issue 2

"It is the mark of an educated mind to be able
to entertain a thought without accepting it." ~ Aristotle

From the Desk of Dean Janet Mahoney

To begin, I offer congratulations to the graduates from the Marjorie K. Unterberg School of Nursing and Health Studies. An achievement of this nature is always the result of hard work and perseverance. May you find successful new careers and continued academic pursuits.

This year was a major milestone for the School. We marked our 30th Anniversary with a dinner and tour of historic Wilson Hall on April 20th. It was good to see so many students, alumni, faculty, and friends of the School in attendance. You can read more about the festivities in the pages that follow.

As autumn approaches, we embark into new territory. The School of Nursing and Health Studies has grown to the point that it will now have two departments: The Department of Nursing and the Department of Health and Physical Education. To lead the departments, Dr. Rose Knapp and newly tenured Dr. James Konopack will serve as the inaugural chairs. With the expansion of the school comes new faculty. I am pleased to announce that Colleen Manzetti, DNP, will join the Nursing Department as Assistant Professor. I would also like to welcome Deborah Ewtushek, who

assumed the position of Director of Clinical Placement this past November.

In addition to teaching, our faculty members have published numerous works and presented in regional, national, and international settings. Please don't miss the faculty milestones inside this issue. This was a year for awards with a number of our faculty members receiving significant honors.

In April, the 2nd cohort of 10 DNP students attended a weekend immersion and orientation, which lays the foundation for the on-line component of the first semester. The School's inaugural group of Doctoral students, now with the first year of studies complete, are preparing for their capstone projects. These projects, designed to synthesize and integrate healthcare improvement measures, are completed during the final two semesters.

Grant funding for the New Jersey Nursing Initiative program came to an end this year with the graduation of the final two Robert Wood Johnson Foundation Scholars. Congratulations to Karen Hoary and Nancy Flood who completed this rigorous program and earned their Master's Degrees in Nursing Education.



Pictured left to right- Diane Hansen, Heidi Stein, Chris Hirschler, Joanne McGurl, Rosa Martinez, Mary and Charles DeBare

30th Anniversary Celebration Dinner - Submitted by Tricia Marceante

A fantastic evening was had by all at the 30th Anniversary of the Marjorie K. Unterberg School of Nursing and Health Studies celebration dinner held on April 20th at Wilson Hall. The school has reached many milestones and has shown tremendous growth over the past 30 years as evidenced by the inception of the BSN program in 1981 to presently having over 600 students enrolled in MSN, BSN and Health Studies programs. This past year was marked by the establishment of the Doctor of Nursing practice program.

In attendance were administrators, present and past professors, alumni, and students, this made for a great time for all to reconnect and socialize. The daughter of Marjorie K. Unterberg, Mary DeBare, was in attendance and a special recognition was made for her mother's generosity and support to the University. A rolling slide show with pictures and lists of names from past and present classes and graduations played throughout the affair. How great it was to see classmates and photos of years past!

Attendees enjoyed a superb 4-course dinner following a wine and cheese cocktail hour. The lighting of the magnificent chandeliers lent a subdued ambiance to the table arrangements near the foyer of the grand staircase. The history of Monmouth University's evolution from Wilson Hall, originally "Shadow Lawn", the home of F.W. Woolworth president, Hubert Parson and his wife Maysie, was told in a wonderful slide presentation by Eugene Simko, Monmouth University Leon Hess School of Business Associate Professor of Management. The breathtaking opulence and extravagance of this building were featured in guided tours following the dinner and slide show. Having such an architectural treasure on campus is a feature that any present or future student of Monmouth University can enjoy. The event chronicled the significant achievements of MU School of Nursing and Health Studies and its plans for future successes. It was truly a great evening.



Wilson Hall, 1983, BSN graduates pause to speak with Dr Marilyn Lauria (Professor Emerita and retired Dean).
On the Right, Janice Testa BSN '83, with Dean Janet Mahoney.

Faculty Milestones – Submitted by Holly Kokes

Julie Schaaff, M.S., CPT-ACE



Julie Schaaff, joined the School of Nursing and Health Studies 5 years ago as an adjunct professor and became a full time faculty member in fall 2011. With a Master's Degree from the University of Delaware and certified as a personal trainer from the American Council on Exercise, she teaches specialized courses in Biomechanics (study of forces during sport and exercise) and Kinesiology. Additionally, she teaches courses in Substance Use and Abuse, Healthy Living and Physical Education. Owning and operating a local yoga studio, *Reach Yoga Health and Fitness*, for the past 10 years, Julie brings a level of expertise to teaching Physical Education Skills classes. Over the past several years, she has updated and integrated the yoga, Pilates, and T'ai Chi classes to reflect the most current training methods. A hallmark of her educational involvement has been to provide flexibility and core training for several MU athletic teams.

A self-proclaimed "dog lover," Julie and her family are active supporters of the Monmouth County SPCA. They own 2 rescue dogs, Sam and Moxy, who are both featured in the Monmouth County SPCA 2012 calendar, and participate in collection drives to support the SPCA. When not working at the University, she, her husband, and their dogs can be seen strolling the boardwalk in Long Branch.

Kathryn Fleming, PhD, MSN, RN, CPHQ

Joining the staff of the School of Nursing and Health Studies, Kathryn Fleming brings a bounty of talent to the area of Nursing Informatics. Her previous educational degrees include a BSN from Thomas Edison University and a joint MSN degree from NJIT and UMDNJ in the area of Nursing Informatics, which at the time was only one of seven programs offered in the United States. This May, she received her Ph.D in Biomedical Informatics, certainly a milestone.

Before coming to academe, Dr. Fleming, was employed in clinical client services and traveled throughout the United States promoting Evidence Based Practice. Her extensive work with US hospitals provided the foundation for her dissertation: "*Utilization of Health Records to Determine Clinical Quality and Readmission Rates of Patients with Heart Failure.*"

When not teaching at MU, Kathryn enjoys leisure time with her family and their recently rescued dog, Zip. She is also a sports enthusiast, participating in activities such as kayaking and paddle boarding. A few years ago, she decided she wanted to become a runner. Since then she has completed 4 marathons, including the New York and Marine Corps marathons.



Mariama Hubbard, DNP, RN, APN-C, FNP-BC, ACNS-BC, CWOCN

The School of Nursing would like to welcome Mariama Hubbard as an Assistant Professor to the SONHS faculty. Recently, Dr. Hubbard completed her Doctor of Nursing Practice degree from the University of Medicine and Dentistry New Jersey, School of Nursing. Her passion in nursing and her clinical expertise are in the area of wound care.

Mariama began her teaching career as a Nurse Educator at Kings Brook Jewish Medical Center and New York Methodist Hospital. Before coming to Monmouth, she was an adjunct professor at City University of New York Medgar Evers College and Brookdale Community College. Currently, she is teaching both health studies and nursing courses. She enjoys working with the non-traditional students and serving as a mentor.

Her future professional goals include integrating successful innovations through curricular design and information technology, and writing for publication. When not teaching at Monmouth, she enjoys reading, dancing, and attending the theater in New York and Red Bank, with her family.



Faculty Milestones - Scholarship and Recognition

Tresa Dusaj, PhD(c), RN-BC, CNE - received the Outstanding Recent Graduate Award, from the past decade, from the Johns Hopkins Alumni Association and the School of Nursing. She presented on "Graduate Student use of Mobile Devices" Lambda Delta Chapter of STTI's Research Day, May 2012.

Christopher Hirschler, PhD, MCHES - during spring break 2012, delivered health education, to "Las Amigas" of Salud Y Paz in Guatemala, with four Health Studies students. He has made numerous poster presentations, videos and academic publications. Two of the presentations include: "What if her grandmother really did die?" in *The Chronicle of Higher Education* and "How Donald Trump Improved my Teaching." *Inside Higher Ed*.

Kathryn Fleming, PhD, MSN, RN, CPHQ - was elected President of NJ Chapter of American Association of Legal Nurse Consultants for 2012. She was also elected to the Nominating Committee of Region 6 NJSNA.

Cira Fraser, Ph.D., RN, ACNS-BC - presented interim data from a prospective study evaluating spasticity in patients with multiple sclerosis who transitioned from interferon-beta treatment to glatiramer acetate [GA] injection, at the 64th Annual Meeting of the American Academy of Neurology (AAN) in New Orleans, LA. A report on this prospective study data appeared in the NY Times, April 29. She received the Research Award from the International Organization of MS Nurses in May.

Andrea Hope, Ed.D, CHES - Co-presented at the 11th Annual Global Understanding Convention, "Private Parts and Public Spaces." April 2012.

Laura Jannone, Ed.D., RN NJ-CSN, FNASN - was inducted into the National Academy of School Nursing at the National Association of School Nurses (NASN) 44th Annual Conference in San Francisco this summer. This is the highest recognized honor that is bestowed upon a NASN professional member who has made significant, unique, and extraordinary achievements, in the advancement of school nursing. Since this award's inception in 1997, Dr. Jannone is only the second honoree from the State of New Jersey! She was also awarded the NASN Outstanding School Nurse Educator at the same conference.

Barbara Johnston, PhD, RN, CNE - presented a poster, "Pathophysiology: A Doctor House Experience" at the 38th Annual Meeting NONPF, Charleston, SC, April, 2012. In addition, at this annual meeting, presented a poster "*Scholarly Writing Issues Among DNP Students: Lessons Learned in Writing and Rigor*" with Rose Knapp, DNP, RN, APN-C, Sharon Stark, PhD., RN, APN-C, and Mary Ann Troiano, DNP, RN.

Dr Laura Kelly, PhD, APN-BC - was named the NJ- March of Dimes Advanced Practice Nurse of the Year.

Rose Knapp, DNP, RN, APN-C - is the president-elect of NJSNA Forum of Nurses in Advanced Practice Nurses. She was a Podium presenter at the 4th National DNP Conference on "Integrating Electronic Health Records into the APN Practice: Implications for Health Care Reform and Improved Patient Outcomes". She was also a contributor to the *Clinics of North America* December 2011th issue on "Interpersonal Violence"

Jim Konopack, Ph.D - published the following articles, "Understanding Sexualities, Genders, and Fatness in Physical Education in the *Journal of Curriculum and Pedagogy*. Konopack, J. F., & McAuley, E. (2012). "Efficacy-mediated Effects of Spirituality and Physical Activity on Quality of Life: A Path Analysis" in *Health and Quality of Life Outcomes*, 10: <http://www.hqlo.com/content/10/1/57/>

Sharon Stark, Ph.D., RN, APN-C - received the Nurse Recognition Award from the New Jersey League for Nursing, November 2011. She was Guest Editor for the *Nursing Clinics of North America* (2011). The issue focused on Victims of Abuse. She was a contributor to *The Joint Commission (TJC)/Occupational Health and Safety Commission Compliance Course Lesson: Abuse and Neglect*. Her article, "Deaf, Dumb and Blind. Why Elder Abuse Goes Unnoticed" appeared in *Nursing Clinics of North America*.

Two poster presentations, "Leading a Horse to Water That Will Not Drink: Immersing Reluctant Nurse Practitioner Students in a Geriatric Day Care Facility." At The American Academy of Nurse Practitioners (AANP), with Mary Ann Troiano, DNP, RN and Rose Knapp, DNP, RN, APN-C, June 2012.

Congratulations Graduates from the BSN and MSN Program

Bachelors of Science

Kristen Baldino
Michele Archer

Tammy Diem
Kathryn Funk

Kristen Mancini

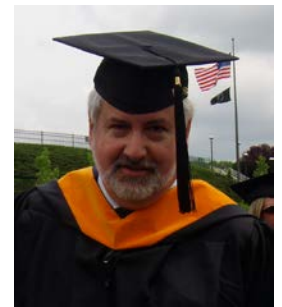


Master of Science

Immacolata Angelico
Leslie Berger
Patricia Berkowitz
Dara Birnkrant
Michelle Brodsky
Jean Bruno
Gloria Caputo Korman
Raquel Constantino Azcarraga
Arnold deLuna
Sherry Denson
Eleanor Dominguez-Curatolo
Jamie Fink
Nancy Flood
Raminder Gill
Anne Marie Gray
Zayda Harris

Tara Heagele
Kathleen Hemschoot
Heather Herbst
Karen Hoary
Eileen Howard
Holly Kokes
Clare Lane
Christine Leddy
Larissa Lobato
Scott McLarnon
Tricia Marceante
Patricia Pavlak
Bolandle Popoola
Debra Rodriguez
Megan Ross
Patricia Rusca

Marna Seitz
Kathleen Shaffer
Susan Sikora
Daliah Spencer
Marnie Sperling
Sandra Stokley
Diane Strickland
Telatha Surujnath
Nicole Szilvasi
Inna Tinsley
Vicki Warnock
Denise Weinreb
Shira Weissbrod
Ling Zheng
Heather Zweidinger



Post Master's Certificate - Nurse Practitioner

Lillian Carr
Patrick Ervilus

Sandra Gomez
Antonina Shriver
Joyce Yablunsky



Graduate Nursing Certificates - School Nurse

NJ Department of Education (DOE)

(Standard Certificate)

Dana Chiappone
Mary Ellen Engel
Donna Moreen
Marna Seitz

(Non-Instructional Certificate)

Stepahnie Bauer
Judy Collins
Stephanie Cron
Mary Ann Giambagno
Alison Lalli

Jillian Luongo
Michelle Mehmet-Fox
Theresa Pugliese
Cathy Reardon
Donna Sichta

Awards and Recognition ~ Nursing

Kristen Baldino (BSN '12) - Received the BSN Academic Excellence Award

Michele Archer (BSN '12) - Received the BSN Leadership Award

Nancy Flood (MSN '12) - Received the MSN Academic Excellence Award

Clare Lane (MSN '12) - Received the MSN Academic Excellence Award

Patricia Berkowitz (MSN '12) - Received the MSN Academic Excellence Award

Karen Hoary (MSN '12) - Received the MSN Academic Excellence Award

Tara Heagele (MSN '12) - Received the MSN Leadership Award

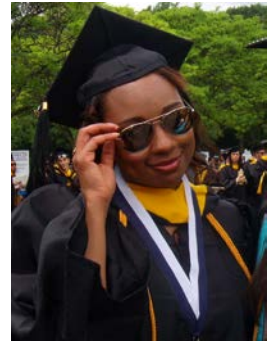
Holly Kokes (MSN '12) - Received the Natural Medicine Comprehensive Database Award

We Applaud the Health Studies Graduates ~ 2012!!!!

Robert Achimov
Antoinette Antista
Samantha Attanasio
Chase Barbieri
Elizabeth Belka
Samantha Berry
Cesar Blacido
Kerri Bohse
Saranda Ceka
Thomas Ciccoli
Amanda Cleary
Balial Sloan El
Anne Coble
Michelle Demarzo
Stephanie Egbert
Vincent Elardo

Edward Evans
Thomas Gliozzo
Jewell Huffman
Alison Joyce
Kayleigh Kalamar
Eleni Katsaros
Margaret Kearns
Rebecca Kennedy
Georlisa Kirby
Marissa LeCardi
Alessandra LoBuglio
Ashley Malone
Megan Martin
Jessica McDonald
Michael Minkin
Rachel Morrison

Leona Mostowski
Joseph Pfeifer
Angela Rosa
Daniel Santry
Kevin Schafer
Samantha Schaffer
Damaris Segarra
Ian Simon
Gabrielle Singer
Stephen Swain
Megan Tracey
Andrea Trozzi
Esteem Winder



Awards and Recognition ~ Health Studies

Samanth Attanasio (BS '12) - received the Health Studies Academic Excellence Award

Jewell Huffman (BS '12) - presented her research "An Analysis of the Destructive Effects of America's Modern Medical Treatments and Proposal of Integrative Medicine as a More Viable Option" at Monmouth University's Honors School Spring Research Conference held on April 27.

Ashley Malone (BS '12) - received a Multidisciplinary Certificate in Gerontological Studies.

Jessica McDonald (BS '12) - received a Multidisciplinary Certificate in Gerontological Studies.

Leona Mostowski (BS '12) - received the Health Studies Leadership Award. Leona also presented her research "The Anxiolytic Properties of a Creative Arts Intervention among College Students" at Monmouth University's Honors School Spring Research Conference held on April 27.

National Health Education Honor Society - The following students were inducted this Spring.

Nicole Barberio
Nicole Dobron
Kelsey Maher

Michelle Mullins
Vanessa Orbe
Rebecca Van Dyk



ETA SIGMA
GAMMA



International Honor Society of Nursing

Sigma Theta Tau International ~ Lambda Delta Chapter

The chapter has had a busy year with a number of events and activities. The Annual Research Day was held at Monmouth University on April 27th. Professor Tresa Dusaj, PhD(c), RN, CNE, gave a presentation on the *Graduate Student Use of Mobile Technology*. Alda Valenzuela, current MSN student, received recognition for her poster presentation, *The Perceived Level of Hope Among Older Adults Permanently Residing in Nursing Homes*.

Chapter officers, Barbara Wyczasany and Marilyn Roy attended nurses' week at the United Nations in May 2012. This event was geared toward increasing the involvement of Nurses in UN activities and initiatives.

Lambda Delta Chapter member, Terry Raskauskas would like to spread the word about a medical mission planed January 6-12, 2013 to the Dominican Republic. This is a joint venture between the foundation for Peace Medical Mission and Sigma Theta Tau. They are seeking volunteers, fundraising support and donations toward this program. If you would like more information please contact Terry at terryraskauskas@me.com

The following individuals were inducted into the Lambda Delta Chapter of Sigma Theta Tau on May 6, 2012.

Kahlana Anselmo
Michelle Archer
Kristen Baldino
Marie Chisvette
Conrad Ehrig
Kathryn Fleming

Beth Gough
Jo Linderoth
Tricia Marceante
Marie Scarlett Mupada
Karen Nugent
Jane Pacheco

Lauren Papp
Pamela Quirk
Megan Ross
Rosario Sanchez

The Lambda Delta Chapter 2012 Awards Went to

Janice Marchetti Leadership Award: Sharon Holden
Hannalore Sweetwood Mentorship Award: Margaret "Maggie" Ciocco
Dr. Carolyn Zagury Scholarship Award: Khalena Anselmo
Dean Marilyn Lauria Scholarship Award: Barbara Wyczesany
Friend of Nursing Award: Stephanie Suyhogo



Dates to Remember

August 27 - Writing Research Papers/APA Style

Time: 5:30 - 8:30 pm

Fee: \$45/35 for MU students

September 4 - Fall classes begin.

October 15 - The Diane Gooch Distinguished Visiting Lecture

1:00p.m, Wilson Hall Auditorium.

Dr. Joan Jacobs Brumberg, author of *The Body Project: An Intimate History of Girls* and *Fasting Girls: A History of Anorexia Nervosa*, is our keynote speaker. She will be delivering her talk "Fasting Girls: Then and Now" with Q&A. She is a Professor at Cornell University. Here is a link to her website <http://www.thebodyproject.com/>

The Center for Professional Development in Nursing and Health

Submitted by Barbara Paskewich,

The Center applied for and received renewal of our provider status this past April. We are pleased to remain an approved provider of continuing nursing education by the NJSNA, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation. Provider number: P242-4/09-12.

I thank the members of the Advisory Committee for their contribution toward the application process and their support throughout the year. Several new initiatives and partnerships came to fruition this spring. NJ's Perinatal Consortium held a Research Conference on Campus, June 7th and the American Nurse Credentialing Center provided a Nurse Practitioner Review Courses for both Adult and Family certification exams in June at Monmouth University.

Our first totally online continuing education course, *Prescribing Controlled Substances*, is now available. It is designed to meet continuing education requirements for prescriptive privileges of the Advanced Practice Nurse in NJ. This summer, we also offered our first *Nurse Practitioner Boot Camp*, which was held on July 13 and 14. This skills immersion program provided X-Ray Interpretation, EKG Assessment, Care of Common Orthopedic Injuries, and Suturing and Wound Closure. As always, there is a lot going on at MU, please take a look at our Fall course offerings, the website will be updated mid-August.

www.monmouth.edu/academics/schools/nursing/continuing_programs.asp.

**MONMOUTH
UNIVERSITY**

WHERE LEADERS LOOK *forward*