

# MONMOUTH UNIVERSITY

Marjorie K. Unterberg School of Nursing and Health Studies

## Notes on Nursing

Summer 2012 Volume 14 Issue 2

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"It is the mark of an educated mind to be able  
to entertain a thought without accepting it." ~ Aristotle

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### *From the Desk of Dean Janet Mahoney*

To begin, I offer congratulations to the graduates from the Marjorie K. Unterberg School of Nursing and Health Studies. An achievement of this nature is always the result of hard work and perseverance. May you find successful new careers and continued academic pursuits.

This year was a major milestone for the School. We marked our 30<sup>th</sup> Anniversary with a dinner and tour of historic Wilson Hall on April 20<sup>th</sup>. It was good to see so many students, alumni, faculty, and friends of the School in attendance. You can read more about the festivities in the pages that follow.

As autumn approaches, we embark into new territory. The School of Nursing and Health Studies has grown to the point that it will now have two departments: The Department of Nursing and the Department of Health and Physical Education. To lead the departments, Dr. Rose Knapp and newly tenured Dr. James Konopack will serve as the inaugural chairs. With the expansion of the school comes new faculty. I am pleased to announce that Colleen Manzetti, DNP, will join the Nursing Department as Assistant Professor. I would also like to welcome Deborah Ewtushek, who

assumed the position of Director of Clinical Placement this past November.

In addition to teaching, our faculty members have published numerous works and presented in regional, national, and international settings. Please don't miss the faculty milestones inside this issue. This was a year for awards with a number of our faculty members receiving significant honors.

In April, the 2<sup>nd</sup> cohort of 10 DNP students attended a weekend immersion and orientation, which lays the foundation for the on-line component of the first semester. The School's inaugural group of Doctoral students, now with the first year of studies complete, are preparing for their capstone projects. These projects, designed to synthesize and integrate healthcare improvement measures, are completed during the final two semesters.

Grant funding for the New Jersey Nursing Initiative program came to an end this year with the graduation of the final two Robert Wood Johnson Foundation Scholars. Congratulations to Karen Hoary and Nancy Flood who completed this rigorous program and earned their Master's Degrees in Nursing Education.



Pictured left to right- Diane Hansen, Heidi Stein, Chris Hirschler, Joanne McGurl, Rosa Martinez, Mary and Charles DeBare

### 30<sup>th</sup> Anniversary Celebration Dinner - Submitted by Tricia Marceante

A fantastic evening was had by all at the 30<sup>th</sup> Anniversary of the Marjorie K. Unterberg School of Nursing and Health Studies celebration dinner held on April 20<sup>th</sup> at Wilson Hall. The school has reached many milestones and has shown tremendous growth over the past 30 years as evidenced by the inception of the BSN program in 1981 to presently having over 600 students enrolled in MSN, BSN and Health Studies programs. This past year was marked by the establishment of the Doctor of Nursing practice program.

In attendance were administrators, present and past professors, alumni, and students, this made for a great time for all to reconnect and socialize. The daughter of Marjorie K. Unterberg, Mary DeBare, was in attendance and a special recognition was made for her mother's generosity and support to the University. A rolling slide show with pictures and lists of names from past and present classes and graduations played throughout the affair. How great it was to see classmates and photos of years past!

Attendees enjoyed a superb 4-course dinner following a wine and cheese cocktail hour. The lighting of the magnificent chandeliers lent a subdued ambiance to the table arrangements near the foyer of the grand staircase. The history of Monmouth University's evolution from Wilson Hall, originally "Shadow Lawn", the home of F.W. Woolworth president, Hubert Parson and his wife Maysie, was told in a wonderful slide presentation by Eugene Simko, Monmouth University Leon Hess School of Business Associate Professor of Management. The breathtaking opulence and extravagance of this building were featured in guided tours following the dinner and slide show. Having such an architectural treasure on campus is a feature that any present or future student of Monmouth University can enjoy. The event chronicled the significant achievements of MU School of Nursing and Health Studies and its plans for future successes. It was truly a great evening.



Wilson Hall, 1983, BSN graduates pause to speak with Dr Marilyn Lauria (Professor Emerita and retired Dean).  
On the Right, Janice Testa BSN '83, with Dean Janet Mahoney.

## Faculty Milestones – Submitted by Holly Kokes

### **Julie Schaaff, M.S., CPT-ACE**



Julie Schaaff, joined the School of Nursing and Health Studies 5 years ago as an adjunct professor and became a full time faculty member in fall 2011. With a Master's Degree from the University of Delaware and certified as a personal trainer from the American Council on Exercise, she teaches specialized courses in Biomechanics (study of forces during sport and exercise) and Kinesiology. Additionally, she teaches courses in Substance Use and Abuse, Healthy Living and Physical Education. Owning and operating a local yoga studio, *Reach Yoga Health and Fitness*, for the past 10 years, Julie brings a level of expertise to teaching Physical Education Skills classes. Over the past several years, she has updated and integrated the yoga, Pilates, and T'ai Chi classes to reflect the most current training methods. A hallmark of her educational involvement has been to provide flexibility and core training for several MU athletic teams.

A self-proclaimed "dog lover," Julie and her family are active supporters of the Monmouth County SPCA. They own 2 rescue dogs, Sam and Moxy, who are both featured in the Monmouth County SPCA 2012 calendar, and participate in collection drives to support the SPCA. When not working at the University, she, her husband, and their dogs can be seen strolling the boardwalk in Long Branch.

### **Kathryn Fleming, PhD, MSN, RN, CPHQ**

Joining the staff of the School of Nursing and Health Studies, Kathryn Fleming brings a bounty of talent to the area of Nursing Informatics. Her previous educational degrees include a BSN from Thomas Edison University and a joint MSN degree from NJIT and UMDNJ in the area of Nursing Informatics, which at the time was only one of seven programs offered in the United States. This May, she received her Ph.D in Biomedical Informatics, certainly a milestone.

Before coming to academe, Dr. Fleming, was employed in clinical client services and traveled throughout the United States promoting Evidence Based Practice. Her extensive work with US hospitals provided the foundation for her dissertation: "*Utilization of Health Records to Determine Clinical Quality and Readmission Rates of Patients with Heart Failure.*"

When not teaching at MU, Kathryn enjoys leisure time with her family and their recently rescued dog, Zip. She is also a sports enthusiast, participating in activities such as kayaking and paddle boarding. A few years ago, she decided she wanted to become a runner. Since then she has completed 4 marathons, including the New York and Marine Corps marathons.



### **Mariama Hubbard, DNP, RN, APN-C, FNP-BC, ACNS-BC, CWOCN**

The School of Nursing would like to welcome Mariama Hubbard as an Assistant Professor to the SONHS faculty. Recently, Dr. Hubbard completed her Doctor of Nursing Practice degree from the University of Medicine and Dentistry New Jersey, School of Nursing. Her passion in nursing and her clinical expertise are in the area of wound care.

Mariama began her teaching career as a Nurse Educator at Kings Brook Jewish Medical Center and New York Methodist Hospital. Before coming to Monmouth, she was an adjunct professor at City University of New York Medgar Evers College and Brookdale Community College. Currently, she is teaching both health studies and nursing courses. She enjoys working with the non-traditional students and serving as a mentor.

Her future professional goals include integrating successful innovations through curricular design and information technology, and writing for publication. When not teaching at Monmouth, she enjoys reading, dancing, and attending the theater in New York and Red Bank, with her family.



## Faculty Milestones - Scholarship and Recognition

**Tresa Dusaj, PhD(c), RN-BC, CNE** - received the Outstanding Recent Graduate Award, from the past decade, from the Johns Hopkins Alumni Association and the School of Nursing. She presented on "Graduate Student use of Mobile Devices" Lambda Delta Chapter of STTI's Research Day, May 2012.

**Christopher Hirschler, PhD, MCHES** - during spring break 2012, delivered health education, to "Las Amigas" of Salud Y Paz in Guatemala, with four Health Studies students. He has made numerous poster presentations, videos and academic publications. Two of the presentations include: "What if her grandmother really did die?" in *The Chronicle of Higher Education* and "How Donald Trump Improved my Teaching." *Inside Higher Ed*.

**Kathryn Fleming, PhD, MSN, RN, CPHQ** - was elected President of NJ Chapter of American Association of Legal Nurse Consultants for 2012. She was also elected to the Nominating Committee of Region 6 NJSNA.

**Cira Fraser, Ph.D., RN, ACNS-BC** - presented interim data from a prospective study evaluating spasticity in patients with multiple sclerosis who transitioned from interferon-beta treatment to glatiramer acetate [GA] injection, at the 64th Annual Meeting of the American Academy of Neurology (AAN) in New Orleans, LA. A report on this prospective study data appeared in the NY Times, April 29. She received the Research Award from the International Organization of MS Nurses in May.

**Andrea Hope, Ed.D, CHES** - Co-presented at the 11<sup>th</sup> Annual Global Understanding Convention, "Private Parts and Public Spaces." April 2012.

**Laura Jannone, Ed.D., RN NJ-CSN, FNASN** - was inducted into the National Academy of School Nursing at the National Association of School Nurses (NASN) 44<sup>th</sup> Annual Conference in San Francisco this summer. This is the highest recognized honor that is bestowed upon a NASN professional member who has made significant, unique, and extraordinary achievements, in the advancement of school nursing. Since this award's inception in 1997, Dr. Jannone is only the second honoree from the State of New Jersey! She was also awarded the NASN Outstanding School Nurse Educator at the same conference.

**Barbara Johnston, PhD, RN, CNE** - presented a poster, "Pathophysiology: A Doctor House Experience" at the 38<sup>th</sup> Annual Meeting NONPF, Charleston, SC, April, 2012. In addition, at this annual meeting, presented a poster "*Scholarly Writing Issues Among DNP Students: Lessons Learned in Writing and Rigor*" with Rose Knapp, DNP, RN, APN-C, Sharon Stark, PhD., RN, APN-C, and Mary Ann Troiano, DNP, RN.

**Dr Laura Kelly, PhD, APN-BC** - was named the NJ- March of Dimes Advanced Practice Nurse of the Year.

**Rose Knapp, DNP, RN, APN-C** - is the president-elect of NJSNA Forum of Nurses in Advanced Practice Nurses. She was a Podium presenter at the 4th National DNP Conference on "Integrating Electronic Health Records into the APN Practice: Implications for Health Care Reform and Improved Patient Outcomes". She was also a contributor to the *Clinics of North America* December 2011<sup>th</sup> issue on "Interpersonal Violence"

**Jim Konopack, Ph.D** - published the following articles, "Understanding Sexualities, Genders, and Fatness in Physical Education in the *Journal of Curriculum and Pedagogy*. Konopack, J. F., & McAuley, E. (2012). "Efficacy-mediated Effects of Spirituality and Physical Activity on Quality of Life: A Path Analysis" in *Health and Quality of Life Outcomes*, 10: <http://www.hqlo.com/content/10/1/57/>

**Sharon Stark, Ph.D., RN, APN-C** - received the Nurse Recognition Award from the New Jersey League for Nursing, November 2011. She was Guest Editor for the *Nursing Clinics of North America* (2011). The issue focused on Victims of Abuse. She was a contributor to *The Joint Commission (TJC)/Occupational Health and Safety Commission Compliance Course Lesson: Abuse and Neglect*. Her article, "Deaf, Dumb and Blind. Why Elder Abuse Goes Unnoticed" appeared in *Nursing Clinics of North America*.

Two poster presentations, "Leading a Horse to Water That Will Not Drink: Immersing Reluctant Nurse Practitioner Students in a Geriatric Day Care Facility." At The American Academy of Nurse Practitioners (AANP), with Mary Ann Troiano, DNP, RN and Rose Knapp, DNP, RN, APN-C, June 2012.

## Congratulations Graduates from the BSN and MSN Program

### Bachelors of Science

Kristen Baldino  
Michele Archer

Tammy Diem  
Kathryn Funk

Kristen Mancini

### Master of Science

Immacolata Angelico  
Leslie Berger  
Patricia Berkowitz  
Dara Birnkrant  
Michelle Brodsky  
Jean Bruno  
Gloria Caputo Korman  
Raquel Constantino Azcarraga  
Arnold deLuna  
Sherry Denson  
Eleanor Dominguez-Curatolo  
Jamie Fink  
Nancy Flood  
Raminder Gill  
Anne Marie Gray  
Zayda Harris

Tara Heagele  
Kathleen Hemschoot  
Heather Herbst  
Karen Hoary  
Eileen Howard  
Holly Kokes  
Clare Lane  
Christine Leddy  
Larissa Lobato  
Scott McLarnon  
Tricia Marceante  
Patricia Pavlak  
Bolanle Popoola  
Debra Rodriguez  
Megan Ross  
Patricia Rusca

Marna Seitz  
Kathleen Shaffer  
Susan Sikora  
Daliah Spencer  
Marnie Sperling  
Sandra Stokley  
Diane Strickland  
Telatha Surujnath  
Nicole Szilvasi  
Inna Tinsley  
Vicki Warnock  
Denise Weinreb  
Shira Weissbrod  
Ling Zheng  
Heather Zweidinger



## Post Master's Certificate - Nurse Practitioner

Lillian Carr  
Patrick Ervilus

Sandra Gomez  
Antonina Shriver  
Joyce Yablunsky



## Graduate Nursing Certificates - School Nurse

### NJ Department of Education (DOE)

#### (Standard Certificate)

Dana Chiappone  
Mary Ellen Engel  
Donna Moreen  
Marna Seitz

#### (Non-Instructional Certificate)

Stepahnie Bauer  
Judy Collins  
Stephanie Cron  
Mary Ann Giambagno  
Alison Lalli

Jillian Luongo  
Michelle Mehmet-Fox  
Theresa Pugliese  
Cathy Reardon  
Donna Sichta

## Awards and Recognition ~ Nursing

*Kristen Baldino (BSN '12) - Received the BSN Academic Excellence Award*

*Michele Archer (BSN '12) - Received the BSN Leadership Award*

*Nancy Flood (MSN '12) - Received the MSN Academic Excellence Award*

*Clare Lane (MSN '12) - Received the MSN Academic Excellence Award*

*Patricia Berkowitz (MSN '12) - Received the MSN Academic Excellence Award*

*Karen Hoary (MSN '12) - Received the MSN Academic Excellence Award*

*Tara Heagele (MSN '12) - Received the MSN Leadership Award*

*Holly Kokes (MSN '12) - Received the Natural Medicine Comprehensive Database Award*

## We Applaud the Health Studies Graduates ~ 2012!!!!

Robert Achimov  
Antoinette Antista  
Samantha Attanasio  
Chase Barbieri  
Elizabeth Belka  
Samantha Berry  
Cesar Blacido  
Kerri Bohse  
Saranda Ceka  
Thomas Ciccoli  
Amanda Cleary  
Balial Sloan El  
Anne Coble  
Michelle Demarzo  
Stephanie Egbert  
Vincent Elardo

Edward Evans  
Thomas Gliozzo  
Jewell Huffman  
Alison Joyce  
Kayleigh Kalamar  
Eleni Katsaros  
Margaret Kearns  
Rebecca Kennedy  
Georlisa Kirby  
Marissa LeCardi  
Alessandra LoBuglio  
Ashley Malone  
Megan Martin  
Jessica McDonald  
Michael Minkin  
Rachel Morrison

Leona Mostowski  
Joseph Pfeifer  
Angela Rosa  
Daniel Santry  
Kevin Schafer  
Samantha Schaffer  
Damaris Segarra  
Ian Simon  
Gabrielle Singer  
Stephen Swain  
Megan Tracey  
Andrea Trozzi  
Esteem Winder



## Awards and Recognition ~ Health Studies

*Samanth Attanasio (BS '12) - received the Health Studies Academic Excellence Award*

*Jewell Huffman (BS '12) - presented her research "An Analysis of the Destructive Effects of America's Modern Medical Treatments and Proposal of Integrative Medicine as a More Viable Option" at Monmouth University's Honors School Spring Research Conference held on April 27.*

*Ashley Malone (BS '12) - received a Multidisciplinary Certificate in Gerontological Studies.*

*Jessica McDonald (BS '12) - received a Multidisciplinary Certificate in Gerontological Studies.*

*Leona Mostowski (BS '12) - received the Health Studies Leadership Award. Leona also presented her research "The Anxiolytic Properties of a Creative Arts Intervention among College Students" at Monmouth University's Honors School Spring Research Conference held on April 27.*

## National Health Education Honor Society -

The following students were inducted this Spring.

Nicole Barberio  
Nicole Dobron  
Kelsey Maher

Michelle Mullins  
Vanessa Orbe  
Rebecca Van Dyk



ETA SIGMA  
GAMMA



## International Honor Society of Nursing

Sigma Theta Tau International ~ Lambda Delta Chapter

The chapter has had a busy year with a number of events and activities. The Annual Research Day was held at Monmouth University on April 27<sup>th</sup>. Professor Tresa Dusaj, PhD(c), RN, CNE, gave a presentation on the *Graduate Student Use of Mobile Technology*. Alda Valenzuela, current MSN student, received recognition for her poster presentation, *The Perceived Level of Hope Among Older Adults Permanently Residing in Nursing Homes*.

Chapter officers, Barbara Wyczasany and Marilyn Roy attended nurses' week at the United Nations in May 2012. This event was geared toward increasing the involvement of Nurses in UN activities and initiatives.

Lambda Delta Chapter member, Terry Raskauskas would like to spread the word about a medical mission planed January 6-12, 2013 to the Dominican Republic. This is a joint venture between the foundation for Peace Medical Mission and Sigma Theta Tau. They are seeking volunteers, fundraising support and donations toward this program. If you would like more information please contact Terry at [terryraskauskas@me.com](mailto:terryraskauskas@me.com)

The following individuals were inducted into the Lambda Delta Chapter of Sigma Theta Tau on May 6, 2012.

Kahlana Anselmo  
Michelle Archer  
Kristen Baldino  
Marie Chisvette  
Conrad Ehrig  
Kathryn Fleming

Beth Gough  
Jo Linderoth  
Tricia Marceante  
Marie Scarlett Mupada  
Karen Nugent  
Jane Pacheco

Lauren Papp  
Pamela Quirk  
Megan Ross  
Rosario Sanchez

## The Lambda Delta Chapter 2012 Awards Went to

Janice Marchetti Leadership Award: Sharon Holden  
Hannalore Sweetwood Mentorship Award: Margaret "Maggie" Ciocco  
Dr. Carolyn Zagury Scholarship Award: Khalena Anselmo  
Dean Marilyn Lauria Scholarship Award: Barbara Wyczesany  
Friend of Nursing Award: Stephanie Suyhogo



## Dates to Remember

**August 27 - Writing Research Papers/APA Style**

**Time:** 5:30 - 8:30 pm

**Fee:** \$45/35 for MU students

**September 4 - Fall classes begin.**

**October 15 - The Diane Gooch Distinguished Visiting Lecture**

1:00p.m, Wilson Hall Auditorium.

Dr. Joan Jacobs Brumberg, author of *The Body Project: An Intimate History of Girls* and *Fasting Girls: A History of Anorexia Nervosa*, is our keynote speaker. She will be delivering her talk "Fasting Girls: Then and Now" with Q&A. She is a Professor at Cornell University. Here is a link to her website <http://www.thebodyproject.com/>

## The Center for Professional Development in Nursing and Health

Submitted by Barbara Paskewich,

The Center applied for and received renewal of our provider status this past April. We are pleased to remain an approved provider of continuing nursing education by the NJSNA, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation. Provider number: P242-4/09-12.

I thank the members of the Advisory Committee for their contribution toward the application process and their support throughout the year. Several new initiatives and partnerships came to fruition this spring. NJ's Perinatal Consortium held a Research Conference on Campus, June 7<sup>th</sup> and the American Nurse Credentialing Center provided a Nurse Practitioner Review Courses for both Adult and Family certification exams in June at Monmouth University.

Our first totally online continuing education course, *Prescribing Controlled Substances*, is now available. It is designed to meet continuing education requirements for prescriptive privileges of the Advanced Practice Nurse in NJ. This summer, we also offered our first *Nurse Practitioner Boot Camp*, which was held on July 13 and 14. This skills immersion program provided X-Ray Interpretation, EKG Assessment, Care of Common Orthopedic Injuries, and Suturing and Wound Closure. As always, there is a lot going on at MU, please take a look at our Fall course offerings, the website will be updated mid-August.

[www.monmouth.edu/academics/schools/nursing/continuing\\_programs.asp](http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp).

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**MONMOUTH  
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WHERE LEADERS LOOK *forward*