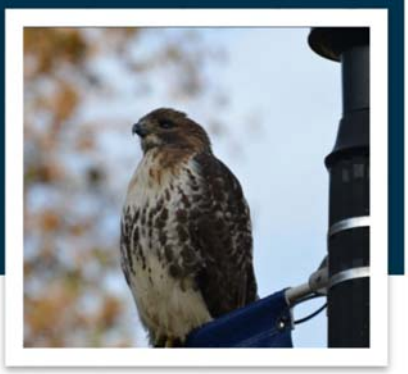
MONMOUTH UNIVERSITY

The Marjorie K. Unterberg School of Nursing and Health Studies
400 Cedar Ave
West Long Branch NJ, 07764

The Marjorie K. Unterberg School of Nursing and Health Studies Newsletter Fall 2016

Volume 17 Issue 2



MESSAGE FROM THE DEAN

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

~ Maya Angelou

Dean Janet Mahoney— Commencement 2016

Two thousand sixteen has been another year of growth and I firmly believe that we continue on a path of excellence through our teaching, scholarship and service to the community. This fall we welcome several new faculty members who will enrich our students in their transformational journey at Monmouth University. Assuming full-time positions are Kiameesha Evans in the Department of Health and Physical Education and Polina Amburg, in the Department of Nursing. We welcome Cecilia Henriques as secretary for clinical placement in the Physician Assistant program and Michelle Geraldi, as Office Coordinator for the Department of Nursing. There will be many new faces at Monmouth University in the coming years.

We have some changes in key leadership positions with-in the School. Dr. Barbara Johnston has assumed the position of Chair for the Department of Nursing and Dr. Christopher Hirschler is now Chair for the Department of Health and Physical Education. Many thanks to Professor Julie Schaaff for her contribution as Department Chair last year. Dr. Rose Knapp is the Graduate Director and Nurse Practitioner Coordinator and Dr. Cira Fraser is the Director of the Doctor of Nursing Practice program. They all bring enthusiasm and expertise to their new posts.

The School of Nursing and Health Studies has enlarged its foot print and now comprises three areas on campus within a two mile range. On the main campus, faculty have offices and classroom space in McAllan Hall. Our Pre-licensure BSN program and nursing skills laboratory reside in Birch Hall which is located near the library. The Physician Assistant (PA) Program is located at the Graduate Center, located off of Route 36. The graduate students in the PA program enjoy the easy parking at the site. All three sites have beautiful surroundings.

The University's strategic plan initiatives are in full force. Faculty are immersing their students into all forms of transformative experiences. To name a few, selected students presented their coursework at regional and national conferences with their professors, students are helping the community at the SPCA and Habitat for Humanity. There are faculty and students working with the towns of Long Branch and Asbury Park to enrich the health of its children.

We congratulate all of our new alumni who graduated in May of 2016. Ninety graduates earned BS degrees, 64 MSN, and 4 nursing students received their Doctor of Nursing Practice degrees. It is always an honor to begin the graduation ceremony on the stage at the PNC Art Center in Holmdel bestowing Doctoral hoods to the DNP graduates.

We look forward to learning about our alumni accomplishments and to their return to Homecoming, continuing education programs, sport events, and theatrical shows. Stop by and say "Hello" to one of your professors. We are all ears when it comes to hearing about what you have been doing since graduation. Enjoy the rest of summer. We are all looking forward to an energized fall and to see you at one of the upcoming events.

Before closing I would like to thank Barbara Paskewich, Director of Professional Development and Special Projects, for continuously producing an outstanding School Newsletter. She does a wonderful job each and every time. It takes many hands to put together a newsletter and she orchestrates it superbly.

DEPARTMENT UPDATES

Physician Assistant Program Update – submitted by Dr. Carol Biscardi

The most exciting news is that our program continues to grow. This spring we selected the 30 candidates for the Class of 2019 thereby increasing our total enrollment to 74 full-time students in the fall! The student society MUPASS (Monmouth University Physician Assistant Student Society) extended their activities by engaging the local communities as well as interacting with MU undergraduate students. These events are great ways to let others know about the University, the program, and the PA profession. The faculty are very proud of the students' efforts. The program is focused on preparing for an accreditation site visit in October. Our application reports are due this summer. We look forward to the 2016/17 academic year when we graduate our first class in May!

News from the Department of Health & Physical Education submitted by Dr. Chris Hirschler, Chair & Associate Professor

The Department of Health & Physical Education has experienced rapid growth, from seven graduates in 2007-2008 to 111 during the 2015-2016 academic year and nearly 450 current majors. The faculty are excited to welcome nearly 100 incoming freshman to the department. This fall, the Health and PE department will offer more than 60 courses taught by 9 full-time Health and PE faculty members, 3 full-time Nursing faculty, and 17 adjuncts. Health and PE graduates have gone on to become physical therapists, nurses, physician assistants, exercise physiologists, public health professionals, and more. The Health and PE department website will soon highlight many of these student accomplishments under "Alumni Stories". The department is looking forward to another great year!

The Department of Nursing - submitted by Dr. Barbara Johnston - As of July 1st, I officially became Chair of the Nursing Department. I look forward to working with faculty and staff, strengthening the programs and maintaining the positive outcomes of our students as they pursue their career goals. September 2016 we will admit 30 Pre-Licensure students, our third cohort. Our first cohort will be Juniors and will be guided in clinical courses by a new F/T Specialist Professor, Ms Polina Amburg. She has several years of experience teaching in a baccalaureate program and we look forward to her contribution to our program. The graduate programs continue to grow, in particular the NP tracks. There has been a significant increase in students seeking NP certification in the Psychiatric-Mental Health Nurse Practitioner Program. Family and Adult-Gero Primary Care continue to maintain a large enrollment. We have close to 300 NP students. The revised Doctor of Nursing Practice Program in Leadership admitted students in Spring 2016 with current enrollment of 17 students. The Nurse Faculty Loan Program grant obtained July 1, 2015 will support 4 MSN students in Nursing Education and 4 DNP with Educational Endorsement students, paying tuition, fees and books for academic year 2016-2017.

The Doctor of Nursing Practice at Monmouth University

36 credit program that prepares nursing leaders who will improve health care outcomes

Focus is on healthcare leadership; Practicum experience and capstone project synthesize and integrate learning; Program offered online; Choice of taking one or two courses a semester (fall, spring, and summer); Distinguished faculty and individualized mentoring for capstone project.

Learn more! Visit: WWW.Monmouth.EDU/DNP

Contact Cira Fraser PhD, RN, ACNS-BC, Director of the DNP Program
Cfraser@monmouth.edu 917 - 482 -1724

MILESTONES

FACULTY

Dr. Staci R. Andrews, Dr. Chris Hirschler, and Professor Sue Polito (School Faculty Members) received the faculty service learning fellowship and will be part of the first cohort of faculty members to participate in The Service Learning Faculty Fellows Program, launched by The Center for Excellence in Teaching and Learning (CETL) for 2016-2017. The purpose of the Service Learning Faculty Fellows Program is to develop a cadre of teacher-scholars from a wide range of disciplines who will integrate the philosophy, pedagogy and practices of service learning into their professional lives (i.e., teaching, scholarship and service).

Dr. Staci R. Andrews

Dr. Chris Hirschler

Professor Sue Polito

Dr. Staci R. Andrews (Health and Physical Education) gave several presentations this spring. In February 2016, she presented, "Early fieldwork experiences for PETE students: Everybody wins!" at the NJAHPERD Convention, Long Branch, NJ. In May 2016, gave a podium presentation with colleagues titled "Workshop workout of the day (WOW): Developing in-school activity programs", she also presented a poster on, "Peer leaders as facilitators of physical activity in afterschool programs". Both presentations at the SHAPE America Eastern District Convention, Atlantic City, NJ.

Romagnoli, A., Arnold, L., Henning, J., & **Andrews** (June 2016). Practice-based education: Linking methods courses with clinical experiences. New Jersey Professional Development Schools Conference, Wayne, NJ.

Instructor Beth Gough (Nursing Skills Lab Coordinator) received her Assessment Technologies Institute (ATI) Champion Training in March 2016, from the ATI Nursing Education Academy.

Dr. Laura T. Jannone (Associate Professor, Coordinator of the School Nurse Program) received the National Association of School Nurses (NASN) President's Recognition Award for her work with Dr. Lorraine Chewey on an initiative, "Step Up & Be Counted" as the State data champions. They serve as the Nursing Research Consultants for the NJ State School Nurses. Dr. Jannone presented with colleagues, at the NASN 2016 Annual Conference on "Linking Community-based Professional School Nurses with Academia: Leadership in Practice, Research & Policy Development" and "Building a future for a Healthy Haiti, Partnering in Health: The development of a School-Based Wellness Center in Haiti."

Dr. Cheryl Leiningen (Assistant Professor, Nursing) is a scholar from the Edmond J. Safra Visiting Nurse Faculty Program at the Parkinson's Disease Foundation. This program offers faculty members training and an opportunity to work with people who have Parkinson's disease at nationally recognized movement disorder centers. In the spring semester she conducted exercise programs, along with her students, for the older adults of WeCare Adult Care, Inc. The students received aca-demic instruction and mentoring on caregiving and Parkinson's disease throughout the semester.

FACULTY

Chris Hirschler (Chair, Assistant Professor, Health and Physical Education) traveled with 5 students to Guatemala as part of a public health course. Students worked side-by-side with graduates of the "Las Amigas" community health care workers program which is organized by the non-profit organization Salud y Paz (Health and Peace). Working with Las Amigas in community settings and at an elementary school, students took vitals, provided health education, and led group exercises.

Dr. Jaime Myers (Assistant Professor, Health Studies) led in the organization of the first inter-professional student scholarship exhibition with over 130 student posters. She received the MU Summer Faculty Fellowship for 2016 and the SONHS Dean's Research Development Grant.

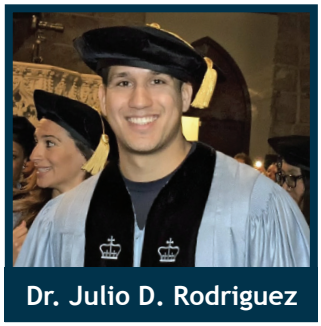
Media: Interviewed for (and quoted in) Print Version: Bartz, A. (2015, December). Are we too afraid of herpes? Cosmopolitan, 259(6), 122-123. Online Version: Bartz, A. (2015, October 29). Herpes is not a sexual death sentence. Retrieved from http://bit.ly/2bPXOGU

VandeWeerd, C., **Myers, J.,** Yalcin, A., Coulter, M., & Corvin, J. (2015). Positives and negatives of online dating according to women 50+. Journal of Women and Aging.

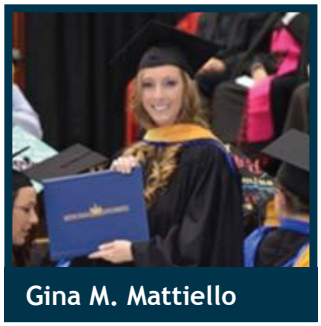
Patricia Sciscione (Specialist Professor, Nursing) presented findings based on a segment of her dissertation research at the American Association on Intellectual & Developmental Disabilities (AAIDD) 140th Annual Meeting and Conference in Atlanta, GA, June, 2016. The Experience of having Primary Caregiving Responsibilities for an Adult Sibling who has Down Syndrome: Making the Transition.

STUDENT AND ALUMNI

Dr. Rex David S. Gido



Dr. Julio D. Rodriguez



Gina M. Mattiello

Dr. Lynne Koller

Dr. Rex David S. Gido (BSN '08) graduated from Lake Erie College of Osteopathic Medicine with a Doctor of Osteopathic Medicine (D.O.) degree. He will be starting a family medicine residency at Niagara Falls Memorial Medical Center in Niagara Falls, NY this summer.

Dr. Lynne Koller (DNP '14) Published a CNE article (eligible for contact hours) Koller, L., (2016) It could never happen here: Promoting violence prevention education for emergency department nurses. The Journal Of Continuing Education in Nursing.

Gina M. Mattiello (BS in Health Studies '13) completed a gerontology certificate and graduated from Seton Hall University's PA program, 2016 and has earned the credentials PA-PC. Gina is highly interested in emergency medicine and surgery. She became engaged this past December and is planning a December 2017 wedding.

Michelle Mullins (BS Health Studies '13) completed an accelerated BSN program at New Jersey City University in May of 2015 and has been working at Monmouth Medical as an RN since August 2015, on the Mother-Baby unit.

Julio D. Rodriguez (BS Health Studies '11) graduated from Teachers College, Columbia University (2016) with an Ed.D in Health Education. His plans to continue honing his scholarly interest of stress management for college students.

Jacqueline Szenzenstein (current MSN student) received the Monmouth County School Nurse scholarship this past May to continue her MSN in school nursing.

Health Studies and Health & Physical Education

Bachelor of Science

Anthony Accurso
Shannon Adams
Aziza Ahmed
Joelle Altomare
Jeanine Balestrieri
Nikita Bassi
Jamiyah Bethune
Emily Caputo
Trever Carpenter
Alyssa Casalino
Lauren Chahalis
Julie Chenoweth
Katarzyna Chmiel
Brianna Cifaretto
Mollu Cohan
Christina Cope
Jessica Deak
Michele DeGraw
Bryana DeMers
Jay M. Donofrio
Nicole F. Duca
Aaron Egerter
Megan Eustice
Geordan L. Ferguson
Jillian Freese
William Garry
Taylor Germaine
Deanna T. Getty
Kira Goldin
Arianna C. Gordon
Dakota Gross
Joshua Gruber
Jenies Grullon
Alyssa Healey
Brandi Heasty
Marcus Hill
Colleen Howard
Caroline Huelster
Joseph Johnson Jr.
Charles W. Jones
Rachel S. Khanuk
Stella Kim
Kyle Knibbs
Noelle Kochakian
Ashely Krupinski
Kayla R. Lamb
Sarah Lamendola
Dana LaSala
Jennifer H. Lee
Haley Lindquist
Taylor C. Logan
Nicole J. Markowitz
Ashley E. McMahon
Kelsey Mieczkowski
Katherine Muentener
Brooker Obenauer
Amanda Offenback
Amanda O'Hare
Chelsea Penn
Michael Pignataro
Cara Poole
Bryanna Recanzone
Nathalie T. Rencher
Daniel M. Rosenthal
Max Ruiz
Laura Ruth
Timothy J. Ryan
Angelica Santos
Brogan Savage
Jamie M. Sayegh
Virginia Schneider
Taryn Schweizer
Christopher Skolka
Juilanne Snider
Gabriella Sorrentino
Zachariah Stellita
Kristen Stigliano
Brandon Suk
Amanda Szem
Julianne Taylor
Francis Trimarco Jr.
Gianna Tringali
Ashalynn Umiamaka
Jhosset Vinueza
Victoria Viso
Colleen Walsh
Andrew Wilk
Mark Yutko
Yunlin Zhou
Holly Zimmermann

Congratulation to Recipients of the 2016 Student Awards

Joelle Altomare— Academic Excellence Award in Health Studies
Cara Poole— Academic Excellence Award in Education (H&PE)
Nicole Markowitz— Academic Excellence Award in (H&PE) K-12 Endorsement
Jessica Deak—Department of H&PE Leadership Award

NURSING DEGREE & CERTIFICATE RECIPIENTS

Doctor of Nursing Practice

Mary Lou Dalessandro
Ndanda Mabhena-Ofori
Anna Posherstnik
Sonia Sebastian

Master of Science in Nursing

Delasi Agbozo
Meghan Canning
Nicole Caruso
Monique Charles
Priya Chauhan
Patricia M. Clarkson
Jane Clawson
Michelle J. Cowan
Marilou Cruz
Corinne M. DeSevo
Pesse Doman
Larnie Dosono
Annette Dsouza
Courtney Eledge
Courtney Ellenberger
Junique Elysee
George A. Fay
Andrew Fouchey
Ann Friedman
Marie Garon
Roseanne Gazia
Denise C. Hernandez
Shannon Hopkins
Eucharia Ihem
Maryellen Katz
Jatinder Kaur
Carolyn Kenney
Valerie Klebansky
Pesha M. Konovitch
Karen Korley
Robyn Kroon
Erin Lacey
Zabrina Laqui
Patricia H. Lee
Ann Linden
Deborah L. Loring
Kristen Loveland
Valere Magrino
Latisha L. Marshall
Elaine McKane
Michelle McNicholas
Marie Moran
Elizabeth Noller
Brittany Ogilvie
Linda Okose
Toyin Oladele
Aidel Ozur
Suresh Pandanthara
Shaindy Parnes
Emily Ramiro
Arbie Ramos
Kaitlyn Reiff
Brian Revfi
Amanda Rogers
Fruma Rubin
Manjinder Sahi
Karen L. Scherer
Lisa Shaheen
Megan Skinner
Kristin Timpy
Nimmy Treeza
Mercy Ugboaja
Svetlana Veltman
Shannon Wanless

Post Masters Certificate in Advanced Practice Nursing

Elizabeth Chambers
Jennifer Manzo
Ginalyn Poblete
Carolyn Sickler
Julie Tropeano
Margaret Vang

School Nurse Certificates – Issued by the NJ Department of Education

Jeanette Croken
Amy Mannino
Kathleen Nevins
Barbara Petercsak
Irma Sepa-Cannavo
Laura Solomon
Kathryn Stevenson
Jacqueline Szenzenstein
Kelly Vilardi

Congratulations to the following notable Nursing Graduates!

Lisa Dawson	2016 BSN Academic Excellence Award
Christine Cappadoccia	2016 MSN Academic Excellence Award
Darlene Tomasulo	2016 MSN Academic Excellence Award
Anna Posherstnik	2016 DNP Academic Excellence Award

HONOR SOCIETIES

Lambda Delta Chapter of Sigma Theta Tau

Submitted by Jovita Francis, Chapter President — The chapter has had an eventful year. In the Spring, 2016 we collaborated with Monmouth University's Department of Professional Development and offered a continuing education program on "Promoting Self-Care for Nurses". Our members participated in the March of Dimes walk, Asbury Park, Ocean fest in Long Branch, and donated volunteer hours for the Novo Nordisk Marathons in Monmouth Park. On an ongoing basis we contribute toiletries to the women's shelter, Asbury Park.

The chapter has sponsored Cebu University, Philippines in starting their STTI chapter and they had their 1st induction this year. They will be able to become a full chapter in 2017.

We look forward to having new members as nurse leaders join our chapter. Online applications may be found on the Monmouth University's School of Nursing site.

http://www.monmouth.edu/academics/schools/nursing/mu.lambda.delta.asp. Our Fall Lambda Delta meetings will take place on the 2nd Wednesday of the month, Birch Hall at 6:00 pm: September 14, October 12, November 9, and December 14. For more chapter information please contact Jovita Francis at 732-600-2993 or jfrancis152@aol.com.

Eta Sigma Gamma

Submitted by Jessica Deak - The members of Eta Sigma Gamma (ESG) could not be more proud of all the volunteering and events that they participated in this past year. Our members got certified in CPR/AED and First Aid, volunteered for the blood drive, as well as donating blood and helped to do yard work at Oasis, a center for Autism. ESG raised $900 for Relay for Life, the theme for Relay for Life this year was "Around the World," and EGG represented Australia.

ESG, President, Jessica Deak, will pass down her position to Kristen Harger, Vice President will be upcoming senior, Kendra Harrington and Secretary will be upcoming sophomore, Ny'elle McMillon. We thank Dr. Jaime Myers for being our chapter advisor this year.

Congratulations to the 2016 Eta Sigma Gamma inductees!

Shannon Adams	Kendra Harrington	Bryanna Recanzone
Katelynn Bencivenga	Alexandra Hartman	William Rohr
Karissa Benson	Kristen Kennett	hannon Sheedy
Jacqueline Burzo	Rachel Khanuk	Christopher Skolka
Amanda Cummings	Ashley Krupinski	Kristen Stigliano
Mikayla Fitzpatrick	Nicole Markowitz	Gianna Tringali
Deanna Getty	Brittany Nace	Victoria Viso
Arianna Gordon	Victoria Petruzzella	Colleen Walsh
Paul Haines	Cara Poole	

PROFESSIONAL ASSOCIATIONS

Monmouth University Professional Nurses Association (MUPNA)

Submitted by Miranda E. Konstantinides, President

During the spring semester, MUPNA was fortunate to have the opportunity to take a field trip outside the classroom to the Mutter Museum of medical oddities in Philadelphia. The trip was a success, enjoyed by all that attended, and it had such value for future nurses to see so many different things that can go wrong with the human body, outside of what we'd normally get the chance to learn about. In addition to this trip, we also elected a new executive board for the upcoming year. Our new position holders are: President-Miranda Konstantinides, Vice President- Kim Thompson, Secretary- Arianna Duncan, Treasurer- Adrianna Giangregorio, SGA Representative/Liaison- Shaheen Grajeda, Fundraising Chair- Sarah Brennan, and two Representatives from the upcoming Sophomore class- Kelly Fitzpatrick and Marc Anastacio. We are very excited to have expanded our executive board and hope that this continues to provide growth of our organization. Our last event of the semester was a fundraiser held at Panera in order to raise money for our program which was also a success, and we will definitely continue to have restaurant fundraisers in the future! Thank you for your continued support!

Monmouth University Physician Assistant Student Society (MUPASS)

Submitted By Sara Kwalwasser

Taking over San Antonio for the National AAPA Conference

Each year, the American Academy of Physician Assistants (AAPA) holds a national conference. It is an opportunity for practitioners and students from all over the country to come together and interact through many venues (CME lectures, networking events, and professional meetings). This year 5 PA students traveled to San Antonio, Texas to attend the conference. Pictured from left to right: Sara Kwalwasser, Brielle Trujillo, Breynn Collazo, Alexa Hetzel-Wells and Kathryn Guadino. Brielle Trujillo served on the Assembly of Representatives (AOR), as the student representative for MU. Their meetings included discussion and vote on various referendums which involve PA students. Brielle stated that she learned many things that she would like to bring back to Monmouth's program. By far one of the most popular events at the conference was the Medical Challenge Bowl. Next year, MU hopes to send a team so that the trophy can find a home at Jersey Shore. Looking back on the trip the students they learned a great deal from their experience and grew as indi-viduals, which could only benefit them as future health care providers. The attendees will report to the rest of MUPASS about what they learned on PA student issues so all students can benefit from the experience.

FACULTY FOCUS

Professor Joan Raso (Specialist Professor)

Joined the School of Nursing as the Simulation Laboratory Coordinator, Fall of 2015, with extensive experience in both patient education and nursing education.

Professor Raso worked as a staff nurse for the Saint Barnabus Health System for many years before becoming the Director of Diabetes Education, where she managed both inpatient and outpatient services. She received national recognition for her part in creating a Diabetes Center for Excellence.

Teaching has been a passion through out her career. She worked as a Clinical Adjunct for many years before assuming a faculty position. Noting that her reason for teaching was the opportunity to give back, “we need great nurses in this profession.” She is very enthusiastic about the Simulation Lab at MU, and the department’s efforts to incorporate and align the simulation experience with the curriculum. She observes, “Simulation is a tool that can enhance learning, it teaches nurses to critically think and act on their feet in a safe environment.”

Professor Raso spends a lot of time at Long Beach Island in the summer and enjoys the beach and watersports. She lives with her husband and two daughters, Carly and Christine. Her younger daughter, Christine, will be attending Lafayette Col-lege this fall. Her experience as a diabetes educator lead to a strong interest in nutrition and exercise. Consequently she is known for her healthy snacks and meals. The next book on her reading list is, "I Heard the Owl Call My Name" by Margaret Craven.

Carol Biscardi, PA-C, PhD (Director of the Physician Assistant Program)

Before coming to Monmouth University in 2012, Dr. Biscardi held the positions of Program Director and faculty of the PA Program, and Acting Associate Dean of the School of Health and Medical Science at Seton Hall University. During a brief interview, she reflected on her time at MU, observing that it was both exciting and challenging to open a program and to assemble a team of experienced educators. As the program’s first cohort of students enters their third and final year she notes that they have set the bar high, “It is very nice to see the first class assuming the role. The program is intense, the students are immersed in studies and we are doing our best to prepare them for clinical practice.” In addition to clinical focus, Biscardi mentioned that she hopes to instill in their students the importance of empathy and taking the time to provide for continuity of care.

During free time she likes to travel, last summer visiting family in Italy and noted that one of her favorite places to visit is Quebec City. She enjoys the beach and spending time at the Jersey Shore. Dr. Biscardi is a NY Yankees fan, but it is not unusual to see her cheering on the Hawks basketball and football teams, or taking in a concert on campus.

CAMPUS VIEWS/ CAMPUS NEWS

Reflections on the Self-Care Workshop
submitted by James Konopack, Ph.D. Associate Dean

This April, our School's Center for Professional Development in Nursing and Health provided a unique program entitled "Promoting Self -Care for Nurses." This day-long event was co-sponsored by the Monmouth chapter of the Sigma Theta Tau International (STTI) Honor Society of Nursing and was by all measures a success.

Several workshops comprised the program, which was designed for nurses but applicable to so many others. To begin, Angela Brathovde's workshop helped attendees explore the need for self-care. Jennean Schram, a registered dietician, then conducted an excellent workshop on eating for optimal wellness. Jennean's session helped attendees think more about sound nutritional strategies as an essential component of self-care.

After the lunchtime breakout sessions, Barbara Paskewich highlighted some of the scientific studies that underscored the salutary benefits of yoga and meditation terms of both physical and psychological health. This led straight to the final workshop of the day, as Jim Konopack provided information about the evidence supporting the health-related benefits of physical activity and, importantly, new physical activity recommendations and what factors we can manipulate in order to maximize adherence to a health-promoting and sustaining, physically active lifestyle.

For so many in the world of health who are clinically trained to help others – nurses, yes, but many others as well – it is all too common to put others' well-being ahead of our own. This need not – and *should* not – be the case. We *can* do both. We can care for ourselves through our nutrition, yoga or meditative practices, and through regular moderate-to-vigorous physical activity. As experts in health, we can apply and teach healthful practices, but we can also model those practices for our patients, clients, and students. And maybe it's not just "can" but "*should*." Modeling a healthy lifestyle is not just good for our profession and those we serve; sometimes we need to remember that it's good for us, too.

Campus Wide Scholarship Week: Scholarship Exhibition & Poster Presentations -
submitted by Dr. Jaime Myers

This year the School participated in the campus-wide Scholarship Week with an interdisciplinary poster session co-hosted with the Schools of Social Work and Education on April 19th. Over 130 undergraduate and graduate posters were presented and an introductory interdisciplinary panel was held. Student presentations covered topics such as proposed research, research in progress/completed research, and reflections on clinical and experiential education internships.

Dr. Staci Andrew's H&PE Research Methods students and Dr. Carol Biscardi's PA Research Methods students represented the school beautifully with professionally designed posters discussing proposed research. Many students, faculty, and staff members came out to see the students' work on display. As part of the organizing committee for the event Dr. Jaime Myers, played a leadership role in designing and organizing the event. As this will be an annual event moving forward, we hope to see heightened interest and participation in the next academic year.

MARK YOUR CALENDER

Classes begin	September 6
MU Graduate Open House (perspective students)	September 27
MU Undergraduate Open House (perspective students)	October 9
Fall Holiday	October 15-18
Home Coming Weekend	October 28 - 30
MU Graduate Open House (perspective students)	November 12
Classes end	December 12
Reading day	December 13
Final exam week	December 14-20

CONTINUING EDUCATION FOR HEALTH PROFESSIONALS

Common Orthopedic Injuries and Splinting	October 19
Basics Suturing and Wound Closure Workshop	November 2
Pediatric Physical Assessment	November 12
Prescribing Controlled Substances	(Oct, November and January)
SANE	January 2017

Center for Professional Development Programs - for additional programs and more information visit our website:

http://www.monmouth.edu/school-nursing-health/Continuing-Education-Programs.aspx

The Marjorie K. Unterberg School of Nursing and Health Studies

MONMOUTH UNIVERSITY

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Please feel free to connect with the School of Nursing and Health Studies.
https://www.facebook.com/NursingandHealth.at.MU

Alumni - we would like to hear your news and accomplishments!
Reach out to: Barbara Paskewich bpaskewi@monmouth.edu

Or find us on the web. Http://www.monmouth.edu/school-of-nursing-health/about.aspx