



### *From the Desk of Dean Janet Mahoney*

This is my first Dean's Message for the School's Newsletter, *Notes on Nursing*. As most of you know, Dr. Lauria retired last August. We wish her well and hope she finds retirement a time of rejuvenation and relaxation. As your new Dean, I feel humbled, privileged and excited about leading the SONHS. The fall semester is off to a great start. Classes are full; registration is climbing in the Health Studies Major and the RN to MSN program. The nursing graduate programs continue to bring students to Monmouth University.

We welcome three new faculty members to our school. They are Dr. Marta Neumann, Dr. Christopher Hirschler and Professor Tresa Dusaj. Congratulations are in order for the newly tenured faculty, Dr. Laura Jannone and Dr. Laura Kelly and the appointment of Dr. Sharon Stark to Associate Dean of the SONHS. Dr. Jannone has been named Director of the MSN programs.

I am pleased to announce that we are in the planning stages for a Doctorate of Nursing Practice (DNP) program that will provide Masters prepared nurses with the opportunity to earn a DNP focused on leadership as a Nurse Executive or as a Nurse Practitioner using several distance learning modalities. The American Association of Colleges of Nursing (AACN) has recognized the DNP

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degree as the desired credential for nurses prepared for specialty practice. The DNP is an option for individuals who do not want to become researchers, but instead wish to attain the highest level of clinical practice. We believe that this program will help to capitalize on the experience and leadership capabilities of the advanced practice nurse. More information about the DNP can be found on the AACN website. *The Fact Sheet on the DNP*, provides a summary of the key issues.

[www.aacn.nche.edu/Media/FactSheets/dnp.htm](http://www.aacn.nche.edu/Media/FactSheets/dnp.htm)

At this time the program design includes distance learning modalities that will increase the options for eligible candidates.

In ending, I wish our students and faculty a successful semester.

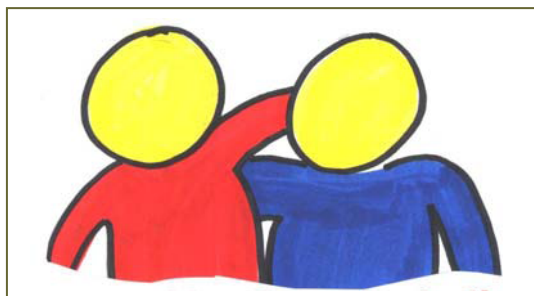


#### **Attention current students!**

**This year, to assist with registration, students will receive an email with information about contacting advisors, retrieving audits, and preparing for registration. It is important to check your student email frequently.**

## Quit 2 Win - Smoking Cessation Support Group

The School of Nursing and Health Studies has joined with University Health Services, Counseling and Psychological Services, and The Office of Substance Abuse Prevention to offer an on-campus smoking cessation support group for undergraduate students. Dr Laura Jannone is coordinating this program, which consists of 10 sessions held over 8 weeks, beginning October 7, 2009. The Quit 2 Win program is designed for smokers who want to quit smoking and desire



**Quitting is difficult enough... Don't do it alone!**

help with the process. Through group effort and support, participants will be empowered to make a healthy decision and continue their commitment to quitting.

## Milestones - Sue Kohl-Malone

Sue Kohl-Malone begins her second year at the School of Nursing and Health Studies as a Specialist Professor teaching courses in both School Nursing and Health Studies.

She received a BSN from Georgetown and MSN from U-Penn (Clinical Nurse Specialist in Adult Chronic Disease). She practiced as a Diabetes Educator for many years and is now a research intern for the *National Association of School Nurses*. Her area of research focuses on the concept of failure to rescue, and its potential implication for nurse to student ratios. Additionally, she is participating in the *Institute for Nurse Education Development* through Rutgers and UMDNJ, with Dr. Barbara Johnston, the Endowed Hess Chair at the School of Nursing, serving as her mentor.

In her role as an educator, she tries to challenge her students to look to the future of nursing and realize their potential in shaping healthcare issues in the years to come. This message may soon reach a broader audience as her profile is being developed for *Johnson and Johnson's (J & J's) Campaign for*

*Nursing's Future*. The focus of J & J's new campaign is on the full and varied life of a nurse and the diversity of nursing roles.

Professor Malone does have a full and varied life; she lives with her husband, Mark, and her youngest daughter, Kelsey, who is in high school. Their three older children, Conor, Sean and Brianna are attending college. Swimming is a life-time passion. She swam competitively for many years, and in fact Georgetown gives the "Sue Kohl Award" annually to a swimmer with outstanding team building characteristics. When asked how she finds the time to incorporate swimming into her schedule? "I really benefit from the meditative properties, it helps me to clear my mind and prepare for the day."



## Faculty Milestones - Scholarship and Recognition

**Bojana Beric (Health Studies)** – delivered a keynote presentation "Why Philosophy for Children (P4C) in Health Education?" at the 1st Regional South East European Conference on Safe Communities "Safe Children in Safe Communities" in Novi Sad, Serbia, June 09. In August, her book was published, *Empowerment in college health classes: Perceptions and determinants*, published by VDM Verlag Dr. Muller, Saarbrucken, Germany.

**Tresa Kaur Dusaj (Nursing)** – presented a poster at the 27th Annual International Nursing Computer and Technology Conference, 09; "Best Evidence for Patient Simulators as a Teaching Strategy in Nursing Education".

**Cira Fraser and Janet Mahoney (Nursing)** – co-authored a chapter in D. O'Mahoney & A. de Bursa (Eds.), *Women and Multiple Sclerosis*, Hauppauge, New York: Nova Science Publishers, Inc. "The relationship between self-efficacy, self-esteem, hope and disability in women with multiple sclerosis." Additionally Cira Fraser authored a chapter in the same text with **Diane Meehan and Joanne McGurl (Adjunct faculty)** "A comparative study of health outcomes in women with multiple sclerosis". The anticipated publication date is November, 09.

**Chris Hirschler (Health Studies)** – presented at the 34<sup>th</sup> National Wellness Conference, University of Wisconsin-Stevens Point in July, 09; "Eudemonic well-being in four domains: Food, finances, love, and loss." He also presented at the 35<sup>th</sup> Conference of the North American Vegetarian Society, University of Pittsburgh at Johnstown in July, 09, "The social implications of diet":

**Laura Jannone and Sue Kohl Malone (School Nursing and Health Studies)** – (with Sally Isaacs current MSN student) presented a poster at the School Nurse International Conference, "An evidence based approach to managing head lice" and gave a podium presentation on "How to change head lice policies: Writing and implementing policies based on evidence based practice" at the annual National Association of School Nurse Conference, Boston, MA.

**Laura Kelly (Nursing and Health Studies)** – has done some collaborative work with the faculty from the School of Social Work this year. She co-authored "Shared social space and the need to find work: An ethnographic study of day laborers in Freehold, NJ" (with Carol Cleaveland PhD, LCSW) published in *Social Justice* (October, 2009). She also co-authored a chapter, "Interdisciplinary Practice in Forensic Social Work" (with Nora Smith PhD and Sandy Gibson, MSW), in the book *Forensic Social Work* (edited by Maschi, Ward and Bradley) June, 09.

**Jim Konopack (Health Studies)** – presented a paper on the "Efficacy-Mediated Effects of Spirituality and Physical Activity on Quality of Life" at the Annual Meeting of the Society of Behavioral Medicine and presented a poster on "Psychological Characteristics of Ultramarathon Participants" at the Annual Meeting of the American College of Sports Medicine, Seattle, WA.

**Janet Mahoney (Nursing)** – co-authored with Morris Saldov “Collaborative Forensic Social Work Field of Practice: Older Adult Elder Abuse.” In T. Maschi, C. Bradley & K Ward (Eds.), *Forensic social work: Psychosocial and legal issues in diverse practice settings*.

**Sharon Stark (Nursing)** – was a finalist for the annual *NJBiz Health Care Heroes* award given to, “Men and women dedicated to improving quality of life in the state and beyond”. She also presented a poster entitled, “Mild Cognitive Impairment and Driving Among the Elderly” at the Gerontological Advanced Practice Nursing Associations Annual Conference in Savannah, GA.

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## Students and Alumni Milestones - Awards and Recognition

**Eileen Allen, MSN '04**– is the President elect of the International Association of Forensic Nurses.

**Marissa Guzman, MSN '07, APRN-BC** – has joined Jersey Shore Medical Center as the Assistant Nurse Manager in Mehandru 5. She is also a Geriatric Nurse Practitioner in a private practice.

**Linda Hassler, RN, MS, GSNS-BC** – was selected as a fellow in the Geriatric Nursing Leadership Academy offered by Sigma Theta Tau International.

**Lolita Jacob, MSN '02, DNP, FNP-C** – was the recipient of the 2009 Nurse Recognition Award given by National League for Nursing. The Gala Dinner will be held in November.

**Colleen Manzetti, MSN 07** – was named Assistant Dean of Social Science and Human Services at Ocean County College.

**Marie Scarlett Mupada, (current MSN student)** – is serving as 1<sup>st</sup> Vice President in the New Jersey Nursing Student (NJNS) organization for the 2009–2010 term.

**Rosa M. Ramos, MSN '06** – is the 2009 recipient of the Dolly Vinsant Flight Nurse of the Year Award. This prestigious and commemorative Air Force award is presented to a flight nurse who puts patient care above self and volunteers at great personal risk to fly missions to bring caring help to ill or injured military personnel.

**Susan Tellone-McCoy, MSN '08** – was named as “Person of the Year” by the Society for Prevention of Teen Suicide this past August. The Star News Group, an on-line publication carried a report (9/30/09) and noted that she received this award, “for her unique efforts in carrying out a suicide prevention plan in Manasquan, as well as caring for the high school and the community in preventing suicide,”

**Katherine Van Buskirk, (current RN-MSN student)** – will receive a Nursing Scholarship award at the NLN Autumn Gala Nurse Recognition and Awards in November.

### From the Monmouth University Professional Nurses Association (MUPNA)

Greetings from the new MUPNA executive board! My name is Marie Mupada, your President, and it is my pleasure to introduce the rest of the board members:

- Vice-President Karen Nugent
- Secretary Sandra Deluccio
- Treasurer Cindy Thomas

Did you know that all currently enrolled nursing students in the BSN, RN to MSN Direct, Bridge, or Master's level nursing programs are automatically members in MUPNA? MUPNA serves to act as a liaison between nursing faculty, administration, student government and nursing students, and to promote awareness and involvement in nursing education. You can easily access MUPNA's online environment through eCampus to find many links to valuable nursing resources. There are Continuing Education Programs, scholarship information, fundraisers, volunteer work, and more importantly the syllabus for all nursing levels. Please check us out often for more upcoming events and updates! In closing, if you have any questions, comments, and suggestions please do not hesitate to contact me! My email is [s0705094@monmouth.edu](mailto:s0705094@monmouth.edu).

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### News from the Lambda Delta Chapter of Sigma Theta Tau

Lambda Delta will receive the prestigious Chapter Key Award at the upcoming Biennial Sigma Theta Tau Convention, which will be held in Indianapolis, October 31–November 4, 2009. Consider attending the upcoming chapter meetings which are held at Monmouth University. The tentatively scheduled dates for this season, November 2, December 7 and February 1.

In September, Lambda Delta's *Team Sigma Theta Tau* participated in the *Alzheimer's Association Southern Regional Memory Walk*. It was a wonderful way to spend a day together on the Point Pleasant boardwalk for the common goal of making a difference in the lives of over 350,000 New Jersey individuals affected by Alzheimer's disease. Nationally, the Alzheimer's Association is the world leader in Alzheimer research and is the first and largest voluntary health organization dedicated to finding prevention methods, treatments and an eventual cure for the disease. It is not too late to donate to this important cause, please contact Joanne McGurl at [jmcgurl@monmouth.edu](mailto:jmcgurl@monmouth.edu) or (732)614-0787.



## International Conference at Monmouth University

Submitted by Laura Jannone, EdD, MSN, RN, CSN

The 15th Biennial School Nurses International (SNI) Conference was held at Monmouth University from July 27 through July 31. This conference is held every two years to provide school nurses from around the world with quality educational opportunities to advance the practice of school nursing and the care of school children globally. School nurses from public, private, parochial, charter and military schools came together for this event. The conference was supported by the National Association of School Nurses, New Jersey State School Nurses, and co-sponsored by the Marjorie K. Unterberg School of Nursing & Health Studies. Previous conferences were hosted in Singapore and Edinburg, Scotland.

This year's conference was co-hosted by school nurses from Delaware and New Jersey and chaired by Karen Farrell, MEd, RN, CSN from NJ and Madalyn Schultz Petit, BSN, RN, NCSN from Delaware. Featured speakers included Mary Vernon-Smiley, MD, MPH, of the CDC, who spoke about strategies for improving health and education through coordinated health programs. Featured speaker Judith Coates, sponsored by Sanofi-Pasteur, presented Adolescent Immunizations. Sandi Delack, RN, BSN, MEd, NCSN, NASN president was the closing keynote speaker. Marie Peppas, president of NJSSNA, welcomed the attendees along with Mary Henley (founder of SNI) and Sandi Delack.

Highlights of the conference included a welcome All-American Barbecue, vendors and exhibitors, poster presentations, a trip to New York City including a Circle Line Cruise and dinner at Tavern on the Green. A closing reception and banquet was hosted by Monmouth University. Participants from as far away as Hong Kong, Japan, Taiwan, Australia, Ghana and New Zealand, along with many European countries, and from several states in the USA, danced the night away on Friday. Over 100 school nurses attended. A good time was had by all.



The participants at SNI gather on the final evening. President Gaffney and his wife Linda are pictured on the left.



Representing "team NJ" Professor Jannone, Dean Mahoney, Chris Dewitt-Parker, Diane Anthony and Karen Farrell.

## Eta Sigma Gamma - National Health Education Honorary

Submitted by Dr. Andi Forsman

In late August, the Eta Sigma Gamma Board of Directors voted unanimously in favor of establishing a chapter of Eta Sigma Gamma, the National Health Education Honor Society at Monmouth University. The next step in the process is to set a date for the installation of our chapter at Monmouth and the initiation of health studies students and faculty into this prestigious honor society. Special thanks go out to recent graduates, Kris Jackson and Jessica Adamko, who spent a significant amount of time and



ETA SIGMA  
GAMMA

effort putting together the application. If you are interested in finding out more about Eta Sigma Gamma and how being a member can benefit you, information is available on the following link:

<http://www.etasigmagamma.org/>.

For all those who have inquired and waited patiently for this news, thank you and stay tuned for more information about plans to install our chapter of Eta Sigma Gamma here at Monmouth University.

## The Center for Professional Development in Nursing and Health

This spring marked a new beginning for the School of Nursing and Health Studies as our continuing education department has formally adopted the title of, *The Center for Professional Development in Nursing and Health*. The goal of the center is to support life long learning and continuing competence for nursing and health professionals. In addition to nursing, we have worked with the NJ chapter of the Society of Public Health Educators (SOPHE) for select programs to provide continuing education credits for those who are Certified Health Education Specialists (CHES).

I am pleased to announce that we have become an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver, by American Nurses Credentialing Center's Commission on Accreditation (number P242-4/09-12). The completion of this formal process demonstrates our success in providing quality continuing nursing education programs and our commitment to share our numerous resources with the community in the future.

If you have attended programs here over the years, you are aware that we work to provide an interesting program, a comfortable learning environment, an opportunity to network and meet with colleagues. On the next page is a list of upcoming programs; as always registration information is available on our website and by calling the School of Nursing. I would like to offer thanks to the community for your support as we have grown and encourage you to keep in touch with me and let me know what topics are of interest and how we can better serve your needs.

Best Regards, Barbara Paskewich RN, MA, CHES

## Continuing Education Fall/Winter

### Introduction to Spanish for Health Professionals

Dates: October 19 – November 23 (12 contact hours)  
Time: 5:30 to 7:30pm Fee: \$180

### Eating Disorders: Clinical Issues, Trends, and Treatments

Dates: October 23 (6 contact hours)  
Time: 9:00am to 4:00pm Fee: \$98/\$75 MU Students (with light lunch)

### Perspectives on Geriatric Medications: An Update

Dates: October 28 (3 contact hours)  
Time: 6:00 to 9:30pm Fee: \$55/\$45 MU Students (with light dinner)

### Advanced PowerPoint for Health Professionals

Date: November 2<sup>nd</sup> (3 professional development hours)  
Time: 6:00 to 9:00pm Fee: \$50/\$40 MU Students

### Hot Topics in Women's Health

Dates: November 5 (3 contact hours)  
Time: 6:00 to 9:30pm Fee: \$55/\$45 MU Students (with light dinner)

### Adolescent Substance Use and Abuse

Date: November 11 (6 contact hours)  
Time: 9:00am to 4:00pm Fee: \$98 (with light lunch)

### Clinical Update: Diabetes Management

Dates: November 19 (3 contact hours)  
Time: 6:00 to 9:30pm Fee: \$55/\$45 MU Students (with light dinner)

### Pediatric Physical Assessment

Date: December 11 (6 contact hours)  
Time: 9:00am to 3:30pm Fee: \$90 (with light lunch)

### Sexual Assault Nurse Examiner Course

Dates: Thursdays (January 7, 14, 21, & February 4) Time: 5:00 to 9:30pm  
Dates: Saturdays (January 9 & 30) Time: 9:00am to 5:30pm  
Fee: \$725 (64 contact hours) \* Participants must attend all dates

### Are You Searching for Answers? Simplifying the Search for Academic References

Date: January 12 (3 professional development hours)  
Time: 2:00 to 5:00pm Fee: \$45/\$35 MU Student

### Writing Research Papers/APA Style

Date: January 14 (3 professional development hours)  
Time: 3:00 to 6:00pm Fee: \$45/\$35 MU Students

To register: Call the School of Nursing at 732-571-3443 or visit the web

[http://www.monmouth.edu/academics/schools/nursing/continuing\\_programs.asp](http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp)



where leaders look forward<sup>SM</sup>