## MONMOUTH UNIVERSITY

## Marjorie k. Unterberg School of Nursing and Health Studies

## Notes on Nursing

June, 2009 Volume 11, Issue 2

"Four things come not back-the spoken word, the sped arrow, time past, and the neglected opportunity."

Arabian Proverb

From the Dean's Desk -Marilyn M. Lauria, R.N., Ed.D.

After 11 years as Dean (and 33 newsletters), I come to my final column. In the Fall issue you will be hearing from the new Dean of the Marjorie K. Unterberg School of Nursing and Health Studies. My 28 years at Monmouth University have been filled with many exciting and challenging events. I am very proud of all that we have

accomplished together. The Nursing and Health Studies programs are thriving: the RN to MSN Direct is off to a successful start. Plans are underway for a Doctorate of Nursing Practice (DNP) to be started in Fall 2011.

Discussions are also underway for a variety of new and collaborative ventures.

The faculty have grown from 3 in 1981 to 16 today (plus a Special Projects Coordinator, Administrative Assistant and School Secretary). Graduates of the school continue to distinguish themselves in

providing quality healthcare to our state and local community. I expect that the School will continue to grow and to expand its impact on the region's healthcare in the future.

I want to thank all of you for your support and friendship over these many years. This

> has truly been a group effort and is a testament to what nurses can accomplish when we work together. I wish all of you continued growth, learning and joy in your personal as well as professional lives. Please keep in touch and let me know of your milestones

and achievements. I can continue to be reached by email at <a href="mailto:lauria@monmouth.edu">lauria@monmouth.edu</a>. I will miss Monmouth University and all of you, but I am excited to begin a new (and hopefully more relaxed) phase of my life. I wish you well. Take care.

Photo: Dean Marilyn Lauria and Associate Dean Janet Mahoney May, 00

The School of Nursing and Health Studies has been selected to participate in the RWJF New Jersey Nursing Scholars program. Major scholarship awards are available for new Graduate Scholars in Nursing Education – see page 7.

## *Graduates! School of Nursing and Health Studies ~ 2009*









## **Bachelor of Science in Nursing**

Alissa Allen Doreen Clark Sharron Kelly Griffith Patricia Pavlak D Judith Melillo Jean Venittelli

## **Master of Science in Nursing**

Patricia Adams
Esther Adekunle
Weddy Balmaceda
Elizabeth Bauer
Phyllis Begyn
Katherine Hoos
Janet Kanaley
Nicole Keegan
Andrea Krasno
Laura Jannone
Joann Lane
Gail Lombardo
Erica Lopresti

Deborah Bisogna
Jessica Butrico
Claire Cerame
Caroline Cunniff
Mary DeSane
Annemarie Manfredi
Elizabeth McKevitt
Georgina Muth-Maurelli
Kathleen Napoliton
Betty Nixon
Irene Papania
Janette Parsons
Cathy Pelican

Jill Guy Alana Harris Jan Herbst Barbara Protasenia Emily Romkey Dawn Peterson Marguerite Phillips Barbara Schambach Angela Suvarna Deborah Trusheim Jauri Wheelock Erika Whetzel

## **School Nursing Certificate**

Maureen Dolan Donna Fitzpatrick Heather Harding Sally Isaacs Karen Kahn Laura Lux Fiona Morgan-Newbury Deborah Nazzarro Jill Tourtual



## Awards and Recognition ~ School of Nursing

**Weddy Balmaceda (MSN '09)** - Received the Academic Excellence Award from the Marjorie K. Unterberg School of Nursing and Health Studies.

*Mary Carlsson (MSN Student)* - Received the School Nursing Scholarship from the Monmouth County School Nurse Association.

**Doreen Clark (BSN '09)** - Received the Academic Excellence Award from the Marjorie K. Unterberg School of Nursing and Health Studies.

**Tara Heagele (MSN student) -** received the Lucille Joel Scholarship from the Institute for Nursing.

**Janet Kanaley (MSN '09)** - Received the Academic Excellence Award from the Marjorie K. Unterberg School of Nursing and Health Studies.



*Jill Guy (MSN '09) -* Received the Service/Leadership Award from the Marjorie K. Unterberg School of Nursing and Health Studies.

**Patti Lucarelli (RN, MSN, CPNP, APRN-BC)** - Received the Preceptor of the Year Award from the Marjorie K. Unterberg School of Nursing and Health Studies.

**Erin Rooney (MSN student)** - Received Meridian Health Jean Marshall Scholarship from the Institute for Nursing.

**Patricia Vaccarelli (MSN student)** – Received the MSN in School Nursing Scholarship from the Monmouth County School Nurse Association.

**Courtney Wood (RN-MSN Direct student)** - received the Somerset VNA Scholarship Award.

### **Alumni Accomplishments**

**Lolita Jacob (MSN '02)** - Has earned a Doctorate in Nursing Practice (DNP) January, 2009 from UMDNJ. Her study was on "The Experience of Transition in Patients with Peripherally Inserted Central Catheter "PICC" for Home Antibiotic Therapy".







## Health Studies ~ The Senior Seminar Experience

### Submitted by- Dr. Jim Konopack

Senior Seminar (HE-485) is the capstone course in the Health Studies Major and meets the Experiential Learning (aka Experiential Education) requirement for graduation. In their final semester before graduating from MU, students locate and secure their own placements in health-related organizations, keep a journal of their placement activities, and design their own learning objectives in partnership with their site supervisors and the course instructor.

This Spring was the third semester in which HE-485 has been offered since the HE major began in the 2007-2008 academic year. These students put their knowledge and skills into action at a number of interesting placement sites such as training clients and developing managerial skills in the corporate fitness industry; designing and promoting drug awareness activities for a health department; shadowing a healthcare provider; processing insurance and medical records for a visiting physician service; providing continuing care and life skills education to people with HIV/AIDS; conducting a balance-enhancement





class to reduce falls in older adults; planning activities and meals with older adults at a local senior center; assisting with office management and medical tests at a health center; volunteering in the Emergency Room at a regional hospital; coaching aspiring young athletes at a basketball academy; and rehabilitating elite athletes who have suffered injuries.

Chris Jackson from the 09 graduating class followed a Nurse Practitioner in a cardiology practice. He said that this experience allowed him to build on the knowledge that he had gained through his course work in health studies. Jackson commented, "I was exposed to a lot of special cases and what I saw in practice will help me as I continue my education." He is currently enrolled and attending the facilitated Academic Course Work Track (FACT) at Thomas Jefferson School of Nursing. This program will lead to an MSN in Nursing.

## Congratulations to the graduates!



### **Bachelor of Science in Health Studies ~ 2009**

Jessica Adamko
Paul Bottigliero
Rachel Bumbera
Tyler Burnett
Wania Concepcion
Francesca DiPaola
Joseph Donlon
Marion Easley

Ayodele Falae Rachel Ferdinand Kathleen Fitzpatrick Tara Hayes Kileen Jackson Kristopher Jackson Marissa Klein Jessica Magid Marbely Montas Shani Muhammad Lonzell Neal Hoaiuyen Nguyen Ashley Pappalardo Kayla Ryan

### Awards and Recognition ~ Health Studies

**Jessica Adamko (BS '09)** - Received the Leadership Award from the Marjorie K. Unterberg School of Nursing and Health Studies.

**Kathleen Fitzpatrick (BS '09)** – earned a certificate in Gerontology Studies from Monmouth University.

**Kileen Jackson (BS '09)** - Received the Academic Excellence Award and earned a certificate in Gerontology Studies from Monmouth University.



**Kristopher Jackson (BS'09)** - Received the Leadership Award from the Marjorie K. Unterberg School of Nursing and Health Studies. He also received an award from the Writing Center for commitment, dedication and excellence in tutoring.



## International Honor Society of Nursing Sigma Theta Tau International ~ Lambda Delta Chapter

## News from Lolita Jacob, Chapter President

Lambda Delta successfully held their 19th Annual Research and Poster Presentation. The lecture delivered by the keynote speaker, Dr. Dula Pacquiao, was greatly appreciated by the participants. Two nursing research grants of \$500.00 each were awarded to Glenda Fulo, BSN, RN, BC and Rosalie Grantosa, DNP, MBA, MSN, RN, CCRN

Twenty-eight posters were displayed, viewed and judged. Three posters were selected and awarded as first, second and third place. Recipients of the Poster Presentation Awards were as follows:

- 1st Place Perceived Exercise Benefits and Barriers in Middle-Aged Women by Diane Strickland and Katherine Molzon
- 2<sup>nd</sup> Place Coping with a Stroke: A Qualitative Study by Nimfa Baya Howard and Renie Ebreo
- 3<sup>rd</sup> Place The Experience of Coping in a Spouse of an Alcohol Abuser by Andrea Krasno and Irene Papania

# Congratulations to the following individuals who were inducted into the Lambda Delta Chapter of Sigma Theta Tau ~ May 16, 2009

Ellen Josephine Angelo	Tammy Gant	Margie May McDonald
Jessica Lyn Arnold	Tara Nicole Heagele	Grace Elizabeth Peters
Adebola Oyenike Atilola	Maria E. Ho-Raymundo	Dawn Peterson
Dara Birnkrant	Nimfa Baya Howard	Laura Redmond
Mae Francis Burrell	Sally Ann Isaacs	Erin Rooney
Caroline Anne Cunniff	Jeanne Muller Jensen	Michelle Roth
Cynthia Daullary	Kerry Lynn Kornett	Barbara Firelson Schambach
Keri Donofrio	Lisa Koval	Amanda Sherak
Judith Egan	Sandra Leddy	Dianne Strickland
Kimberly Anne Franzo	Ndanda Annette Mabhena	Julie Villa

**Nurse Leaders:** Jennifer Gironda and Glenda Fulo

### The Lambda Delta Chapter honors the following award recipients for the 2008-09 year.

**Chat Conde** - Received the Janice Marchetti Leadership Award.

Linda DeNicola - Received the Hannelore Sweetwood Mentorship Award.

*Ellen Angelo - Received the Dean Marilyn Lauria Scholarship.* 

Tara Heagele - Received the Dr. Carolyn Zagury Scholarship.

**Karen Lapenta,** Assistant to the Dean - was given a special award - Friend of Nursing.

## New Graduate Scholarship Opportunity!

The School of Nursing has been selected to participate in the New Jersey Initiative Faculty Preparation Program which is a scholarship program designed to help qualified applicants earn Master of Science degrees in clinical nursing specialties, with additional preparation in education. Its goal is to support students who study to become full-time nurse faculty members in New Jersey based pre-license nursing programs.

We are seeking strong candidates to participate as members of a full-time cohort of study leasing to an MSN in education. There are numerous benefits to becoming a Robert Wood Foundation Nursing Scholar.

### The Scholarship includes:

- Full tuition and fees for the full-time MSN in Nursing Education program
- A \$50,000. a year stipend for two years, to cover living expenses
- A laptop computer
- Socialization and peer mentorship opportunities

### To be eligible you must:

- Meet the admission requirements, be accepted and enrolled as a full-time MSN student in the Nursing Education program.
- Be a United States citizen or permanent resident.
- Commit to serve as faculty in a New Jersey based pre-licensure nursing program for the first three years after graduation.
- An application and essay are required.

For more information visit the website <a href="http://www.monmouth.edu/academics/schools/nursing/default.asp">http://www.monmouth.edu/academics/schools/nursing/default.asp</a> Contact: Janet Mahoney RN, PhD., APN-BC

Associate Dean and Director Graduate Nursing Programs/Professor jmahoney@monmouth.edu 732-571-3443

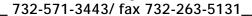
## Save the date - Monday, July 13, 2009

# Vaccine Preventable Diseases: Evidence and Strategies to Protect our Communities.

- This one day conference will be held at 3 locations in NJ Montclair State, Cumberland County and Monmouth University.
- Registration will be available at the New Jersey Learning Management Network
- For More information call Juana Canelaju at <u>canelaju@umdnj.edu</u> or call 732 235 4958

Faculty and alumni milestones will appear in the next newsletter. We would like to hear from you and include your "milestones". If you are a School of Nursing or Health Studies Alumni, please drop us a line. We are fishing for news. <a href="mailto:bpaskewi@monmouth.edu">bpaskewi@monmouth.edu</a>.

# The Marjorie K. Unterberg School of Nursing and Health Studies 400 Cedar Ave, West Long Branch, NJ, 07764





## The Center for Professional Development in Nursing and Health

Spring and summer continuing education and professional development!

### Substitute School Nurse Workshop

Date: Tuesday, June 23 Time: 10:00am - 2:30pm

Place: The Club, Magill Commons

Fee: \$65 (A light lunch is included in the program fee)

Four contact hours will be awarded by *The Center for Professional Development in Nursing and Health.* 

### Adolescent Substance Use and Abuse: Prevention, Education, Identification and Intervention

Date: Tuesday, July 7 Time: 9:00am - 4:00pm

Place: Club Room, 107 and 108

Fee: \$98

This program will provide 6 contact hours for nurses, 6 professional development hours for school professionals and 6 Clinical CEUs for social work.

#### Are You Searching for Answers? Simplifying Computer Databases and Search Engines

Date: Monday, July 13 Time: 2:00 - 5:00pm

Place: McAllan Hall, room 226 Fee: \$45 / \$35 (MU Students)

Three professional development hours (NJ Department of Education) will be awarded.

### Writing Research Papers/APA Style

Date: Wednesday, August 5

Time: 5:30 - 8:30pm

Place: McAllan Hall, room 226 Fee: \$45 / \$35 (MU Students)

Three professional development hours (NJ Department of Education) will be awarded.

### Pediatric Physical Assessment

Date: Friday, August 7 Time: 9:00am-3:30pm

Place: McAllan Hall, room 328

Fee: \$90.00

Six contact hours will be awarded by The Center for Professional Development in Nursing and Health.

The Center for Professional Development in Nursing and Health is an approved provider of continuing nursing education by the NJSNA, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation. Provider number: P242-4/09-12.

<u>Registration information</u> — call the School of Nursing for a flyer or if you wish to pay by credit card 732-571-3443 or register online at

www.monmouth.edu/academics/schools/nursing/continuing\_programs.asp

