

# MONMOUTH UNIVERSITY

## Marjorie K. Unterberg School of Nursing and Health Studies

### Notes on Nursing

February, 2011 Volume 13, Issue 2

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*" There are two ways of exerting one's strength: one is pushing down, the other is pulling up."* Booker T. Washington

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From the Dean's Desk -

*Dr. Janet Mahoney*

The School of Nursing and Health Studies has had a very busy and productive fall semester. The University's first winter graduation was held in the Multipurpose Activity Center (MAC) on January 14<sup>th</sup>. Faculty, friends and family gathered to honor the accomplishments of twenty-two School of Nursing and Health Studies graduates. All spoke very highly of the winter ceremony and many expressed gratitude for the clear, crisp winter day, which was sandwiched between two winter storms.

Also noteworthy, we are preparing to welcome our first class into the Doctor of Nursing Practice (DNP) program. The program, which is primarily online, will include executive-style weekend meetings twice a semester. Beginning in May 2011, the first course, *Translating Evidence into Clinical Practice*, will be taught by Dr. Barbara Johnston. Dr. Mary Ann Troiano and Dr. Rose Knapp will team teach *Health Promotion in Diverse Populations* this summer. The first doctoral program to be offered at Monmouth University, the DNP will prepare nurses for leadership at the highest level of practice.

The Independent College Fund of New Jersey - Becton Dickinson grant funded the Certified Home Health Aide (CHHA) course which is being taught by Dr. Laura Kelly for the first time this semester. Another will be offered as a professional development program in July. See inside this newsletter for dates and details.

We saw growth in all of our nursing and health studies programs in 2010. Many of our new programs have done very well. Ballroom Dance

continues to be one of our most popular physical education activity courses, with both sections filled for the Spring 2011 semester. We continue our exploration of the feasibility of several new courses and programs aimed at enhancing our current offerings and meeting the needs of the ever-changing health care arena.

I look forward to seeing students and alumni at the School's *Center for Professional Development in Nursing and Health Studies'* Second Annual Distinguished Speaker Program. Mathy Mezey will lecture on *Care of the Elderly Looking Back and Looking Forward* on June 7<sup>th</sup>.

I am always impressed with the number of programs and events happening on campus. On any given day students have a wealth of opportunities. They can take in an athletic event or hear a speaker on diverse topics from global policy to coastal ecology. There is always a lot to do.

For the friends and alumni of the School of Nursing and Health Studies who are reading this newsletter, keep in mind that many programs are open to the community. There has been some discussion about offering Ballroom Dance classes; the Provost offers a film series, with two free movies this spring. You can always find a schedule of events on the Monmouth University Website. Come visit the beautiful campus - we have much to offer.

## *Faculty Feature: Tresa Kaur Dusaj, Ph.D. (c.), RN-BC*

Assistant Professor Tresa Kaur Dusaj, Ph.D.(c.), RN-BC joined the School of Nursing in the Fall of 2009, and quickly became known for her expertise in technology. In fact, during her summer break last year she took the ANCC national certification exam in Informatics and became one of the 700 nurses in the country certified in this specialty. She explains, "Professionally, I have several strong interests: technology (social media, Web 2.0 and on-line teaching), Pediatric Nursing, Nursing Education and research." As the coordinator of the Nursing Education track, she shares these interests with students incorporating technology into the classroom. While technology is a passion, Professor Dusaj is quick to remind that she remains a pediatric clinician at heart. She sees her ongoing involvement in the clinical arts as essential in Nursing Education.



Professor Dusaj is near completion of her Doctorate in Nursing from Rutgers University. Her research is on the use of simulation in Nursing Education. This spring she received the competitive Monmouth University Grant in Aid for Creativity Award. Her funded project is titled, Pilot Study: A Descriptive Study of PDA Use on Graduate Student Self-Efficacy. This research involves current students and explores the utilization of PDAs (personal digital assistants) in the Nursing Education curriculum. Clearly Professor Dusaj is navigating the Nursing Education program into the digital future!

When she has free time (and we can see that she does not have much of this) she enjoys playing board games, hiking and outdoor activities. She has studied a traditional form of Punjabi-Indian dance and is a trained singer and musician on the harmonium.

## *Faculty Milestones - Activities, Scholarship and Recognition*

**Bojana Beric (Health Studies)** - is the Vice President for Communications for IUHPE/NARO (International Union for Health Promotion and Education/North American Regional Office) and the Editor for NARO NEWS, the newsletter. Dr. Beric invites contributions relevant to health promotion in the region. Please submit any contribution to Dr. Beric at [bberic@monmouth.edu](mailto:bberic@monmouth.edu) and visit the Website [www.iuhpe.org](http://www.iuhpe.org) for more information.

**Tresa Dusaj and Andrea Hope (Nursing and Health Studies)** - each received Grants in Aid for Creativity from Monmouth University.

**Cira Fraser (Nursing)** - developed a continuing education course for Western Schools. The title of the course is Multiple Sclerosis: Nursing Strategies to Improve Patient Outcomes. It provides nurses with an introduction to the comprehensive care needed by individuals and families living with Multiple Sclerosis (MS). Nurses who are knowledgeable and sensitive to the issues faced by patients with MS are more effective in educating, motivating and supporting those living with this unpredictable chronic neurological condition. Western Schools is accredited by the American Nurses Credentialing Center. The homepage for Western Schools is <http://www.westernschools.com>.

**Chris Hirschler (Health Studies)** - has recently been credentialed as a Master Certified Health Education Specialist (MCHES) by the National Commission for Health Education Credentialing, Inc.

**Andrea Hope (Health Studies)** - presented a concurrent session "Using Podcasting to Enhance Teaching and Learning in the Classroom" and a poster "Perceptions of Childhood Overweight in Parents of Preschool-Aged Children and the Implications for Preschool Teachers" at the American School Health Association 84th Annual School Health Conference, Kansas City, October 2010.

**Barbara Johnston (Nursing)** - presented a lecture on *Medication Administration through Enteral Feeding Tubes: A Nationwide Survey of Long-Term Care Institutions* at the Visiting Nurse Association of New Jersey Research Council Meeting, December 2010. She also presented with **Laura Kelly (Nursing)**, *Teacher as Learner: A Unique Successful Mentorship Model* poster presentation at the NLN Education Summit, Las Vegas, September 2010.



**Laura Jannone (Nursing)** - received the Nurse Recognition Award at the New Jersey League of Nursing's 95<sup>th</sup> Annual Gala on November 5<sup>th</sup>. As she accepted the award, Laura glanced around the room and personally thanked family, colleagues, mentors, instructors and professors many of whom were in attendance. She commented on their support and guidance as she embarked on her career in nursing.

She presented "The Future Begins Today" at the 34th Annual Conference for ASAH, a group that serves the private school special education committee. Also well received were presentations to school nurses and educators entitled "Rashes Made Easy" and "Managing Seizures in the School Age Child".

**Rose Knapp (Nursing)** - participated as a presenter November 5, 2010, with the NYC HHC Corporate Nursing Services and Hartford Institute for Geriatric Nursing, NYU College of Nursing, and The Consortium of Geriatric Education Centers, Mount Sinai School of Medicine. The training session was Polypharmacy and Older Adults - Medications Management in the Elderly.

**Mary Troiano (Nursing)** - presented a poster "Planning for Success: Doctoral Nursing Practice Students as Strategic Planning Consultants" at AACN's 2011 Doctoral Education Conference, San Diego, January 2011.

## *Student and Alumni Activities and Achievements*

**Genna Banafato (School Nurse Certificate)** - celebrated the arrival of a new daughter, Anna Renee, who weighed 5 lbs 8 oz and was 18 inches long at birth in December.

**Ronnie Cattelona** - a current student in Health Studies, was excited to announce an addition to his family with the birth of Ronald James Cattelona, who weighed 7 lbs 1 oz and was 18 inches long at birth on October 10, 2010.

**Ndanda Mabhena (MSN '10)** - welcomed Baby Justin Christian Amponsah Ofori, born on January 8, 2011.



*Justin Amponsah Ofori*

**Jacqueline McGovern** - a current MSN student in Nursing Education, was honored with a Saint Barnabas Health Care System Excellence in Caring Award! This honor is bestowed upon staff for consistently exhibiting the organization's core values of commitment, compassion, communication, and collaboration.

Ann M. Painter (MSN '08) - Nursing Administration, was recently named President and CEO of the Visiting Nurses Association of Somerset Hills, NJ. Congratulations Ann!

Terry Raskauskas - a current MSN student in the Nurse Practitioner Program, participated with Sigma Theta Tau Region 14 in partnership with the Foundation for Peace on a medical mission to the Dominican Republic. Nurse practitioners, nurse practitioner students, faculty and RN-to-BSN students from 5 schools of nursing in NJ and NY participated providing much needed health services to over 1000 families during the weeklong mission.

## *Monmouth University's First Winter Commencement January 14, 2011*

Monmouth University hosted Winter Commencement on January 14, 2011— a first in its 78 year history. The ceremony was held on campus for the first time since 2003 in the new Multipurpose Activity Center (MAC). Participating in the ceremony were some 650 undergraduate and graduate students who received degrees.

### **Congratulations to our Nursing and Health Studies Graduates!**

#### Bachelors of Science in Nursing

Geraline Ann Dean  
Deborah A. Serra

Michele Doebler-Morgan  
Lisa Koval



#### Master of Science in Nursing

Dora Denise Boynton  
Donna M. Colabroy  
Brenda Mergenthaler

Ashley Ann O'Connell  
Barbara Paskewich  
Michele Roth

Erin M. Salardino  
Amanda B. Sherak



#### Bachelor of Science in Health Studies

Victor Alfieri  
Thomas Batton, Jr.  
Jacklyne A. Eareckson  
Justina Moran  
Nicholas Palumbo

Jacqueline Pireaux  
Victor Rizzotto  
Michael Romagnolo  
Rachel Tranotti  
Samantha Yadlon





## Monmouth University Professional Nurses Association (MUPNA)

The Executive Board of the Monmouth University Professional Nurses Association (MUPNA) extends a warm welcome to all new and returning students. Our web page can be accessed through e-campus and our membership is free to all students in the nursing program. Whether this is your first year at Monmouth or you are a seasoned student, we encourage your involvement in MUPNA and value your input.

We are in the process of planning a spring social (date to be determined) with Grace Reilly, RN, MSN, FNP, as our guest speaker. Grace is very active with NJSNA and will speak about her experiences with the state nursing organization and as a nurse practitioner. Light refreshments and snacks will be served. Additional information will be available on the MUPNA website regarding the date, time and place as we progress through the planning stages. We hope you will attend. The Executive Board is looking forward to meeting all of you.



### International Honor Society of Nursing Sigma Theta Tau International ~ Lambda Delta Chapter

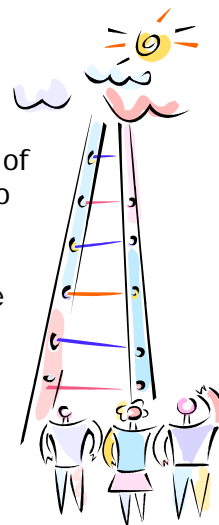
The Sigma Theta Tau Spring Induction Ceremony is being planned at this time. Eligible students will receive invitations in the mail. Please see *Dates to Remember* for upcoming meetings.

## Eta Sigma Gamma Honor Society News

Eta Sigma Gamma has been very active on campus holding numerous community awareness projects throughout the Fall semester. The goal of the organization is to bring attention and education about various health related issues to the campus community. Participation in the Great American Smoke-Out on November 18, 2010 allowed our members to support students in their efforts to stop smoking. The event focused on assisting individuals in their goal to quit and start living a smoke-free life. The event was held outside of the Magill Commons Dining Hall with informational packets and gum for those individuals interested in smoking cessation. Congratulations to Eta Sigma Gamma for their efforts in health promotion and special commendations to those successful non-smokers for kicking the habit! If anyone is interested in becoming a member or further involvement with the honor society, e-mail us at [esg@monmouth.edu](mailto:esg@monmouth.edu)!

## Please Support the University Scholarship Fund!

We hope that you enjoy reading about our latest accomplishments and will take a moment to reflect on how the School of Nursing and Health Studies has shaped the lives of numerous alumni. The experiences gained at Monmouth University have opened doors to personal and professional goals for many students. Countless graduates have achieved notable milestones and noteworthy accomplishments in the profession, but every graduate from the School of Nursing and Health Studies has made a difference in the life of a patient, family or the community. Nursing scholarships are needed more than ever. Please consider donating to the Nursing Scholarship Fund. Regardless of the amount of your gift, your generosity will help our current students to excel. Your support can help current and future Monmouth students impact the lives of countless others. Visit [www.monmouth.edu/sonscholarships](http://www.monmouth.edu/sonscholarships) today to make your gift.



## Distinguished Lecture Series: Nurses in Practice ~ Mathy Mezey

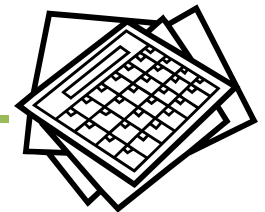
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Monmouth University's Marjorie K. Unterberg School of Nursing and Health Studies is pleased to announce our 2<sup>nd</sup> Annual Distinguished Lecture Series with guest speaker Mathy Mezey, EdD, RN, FAAN, on June 7, 2011 from 7:00-9:00pm. Professor Mezey is Professor Emerita, Senior Research Associate and Director of The Hartford Institute for Geriatric Nursing at New York University's College of Nursing. Dr. Mezey has authored 11 books and has over 80 publications that focus on the preparation of baccalaureate and advance practice nurses to care for older adults, nursing practice with older adults and bioethical issues that affect decisions at the end of life. Dr. Mezey is editor for the Springer Series on Geriatric Nursing and co-editor for the Springer Publications *Evidenced-Based Geriatric Nursing Protocols for Best Practice* and *The Encyclopedia of Elder Care*. Her current research and writing focus on geriatric nursing education and the quality of care for older people in hospitals and long-term care. Please save the date! You can register on-line at [www.monmouth.edu/academics/schools/nursing/continuing\\_programs.asp](http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp).

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### Dates to Remember



- March 8            Sigma Theta Tau Meeting  
Time: 6:00-9:30pm            Place: Room 202A, The Student Center
- March 25            The Advocacy Summit  
Time: 9:00am - 2:30 pm  
Place: The Student Center - All public health professionals and students are invited to attend.
- April 4 - 8            Global Understanding Convention
- April 5            Sigma Theta Tau Meeting  
Time: 6:00-9:30pm            Place: Room 202A, The Student Center
- April 11            Sigma Theta Tau and School of Nursing Research Day
- April 15            Relay For Life - Plan to participate or support team School of Nursing and Health Studies.
- April 28            Monmouth University Health Fair  
Time: 11:00am -2:00pm            Place: Anacon Hall, The Student Center  
Attend as a participant or as a vendor!
- Classes End
- May 2            Final Exam Period
- May 4-10            Graduation at PNC Arts Center
- May 18            Distinguished Lecture Series: Nursing in Practice - Mathy Mezey
- June 7            Time: 7:00-9:00pm            Place: Wilson Auditorium, Wilson Hall

# The Center for Professional Development in Nursing and Health

## Certified Home Health Aide Course

The Center for Professional Development in Nursing and Health Education is pleased to announce that we will offer a Certified Home Health Aide course this summer.

**Dates:** July 11 - 22 (Monday - Friday)  
**Time:** 8:30am - 4:00pm  
**Fee:** \$675 (plus text book which will be available in the bookstore)

The program has been approved by the New Jersey Board of Nursing and upon successful completion the participant may apply to the NJ Board of Nursing for certification. This course meets the prerequisites for entrance into many local nursing programs.

For more information or to register by phone with a credit card please call 732-571-3443 or visit our website: [www.monmouth.edu/academics/schools/nursing/continuing\\_programs.asp](http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp).

**Instructors needed** - we are currently seeking registered professional nurses with experience in Home Health Aide instruction. If you have questions or would like additional information please contact Barbara Paskewich by email: [bpaskewi@monmouth.edu](mailto:bpaskewi@monmouth.edu).

## Continuing Nursing Education and Professional Development Programs

.....*It's been a long winter ~ come on out and join us.*

### Writing Workshop/APA Style

Date: March 9 (3 professional development contact hours)  
Time: 3:00pm-6:00pm Fee: \$45/\$35 for MU Students

### Pediatric Physical Assessment

Date: March 26 (5 nursing education contact hours)  
Time: 9:00am-3:00pm Fee: \$90

### Preventing Elder Abuse

Date: March 31 (3 nursing education contact hours)  
Time: 5:30pm-9:00pm Fee: \$45/\$35 for MU Students

### Psychotropic Pharmacology for Healthcare Providers

Date: April 12 (6 nursing education contact hours)  
Time: 9:00am-4:00pm Fee: \$95

### Pediatric Respiratory Care

Date: April 19 (3 nursing education contact hours)  
Time: 5:30pm-9:00pm Fee: \$58/\$45 for MU Students

### Clinical Instructor Seminar

Date: May 23 (3 nursing education contact hours)  
Time: 5:30pm-9:00pm Fee: 55/\$45 for MU Students

### Pharmacology - Prescribing Controlled Substances

Date: June 9 (6 nursing education contact hours)  
Time: 9:00am-4:00pm Fee: \$95/\$75 for MU Students

### CPR/AED for Healthcare Professionals

Date: June 14  
Time: 6:00-9:00pm Fee: \$50

### Sexual Assault Nurse Examiner (SANE)

Dates: June 20-24 (64 nursing education contact hours)  
Time: 9:00am-5:30pm Fee: \$735

This program will provide In addition to the classroom hours, 27 hours of computer based course work are required. Independent study material will be provided at the start of the course.

### Substitute School Nurse Workshop

Date: June 23 (4.5 nursing education contact hours)  
Time: 12:30pm-5:00pm Fee: \$80

### Certified Homemaker /Home Health Aide

Date: July 11- 22 (Monday-Friday)  
Time: 8:30am-4:00pm Fee: \$675 (plus text book)

### Suturing/Wound Closure Workshop

Date: July 21 (4 nursing education contact hours)  
Time: 1:00-5:30pm Fee: \$75

For more information or to register online visit our website:

[www.monmouth.edu/academics/schools/nursing/continuing\\_programs.asp](http://www.monmouth.edu/academics/schools/nursing/continuing_programs.asp).

You may register by phone with a credit card 732-571-3443.

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The Center for Professional Development in Nursing and Health is an approved provider of continuing nursing education by the NJSNA, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation. Provider number: P242-4/09-12.

**MONMOUTH  
UNIVERSITY**

WHERE LEADERS LOOK *forward*

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