

MONMOUTH UNIVERSITY

MARJORIE K. UNTERBERG SCHOOL
OF NURSING AND HEALTH STUDIES

Notes on Nursing

“There are some people, who live in a dream world, and there are some who face reality; and then there are those who turn one into the other.” Douglass Everett

Dean Lauria to Retire

Dr. Marilyn Lauria, Dean of the Marjorie K. Unterberg School of Nursing and Health Studies has announced plans to retire in the Summer of 2009. Dr. Lauria's tenure at Monmouth University began in 1981. Her hiring signaled the beginning of the Bachelor of Science Degree in Nursing. As she recalls, “When I arrived, we had no faculty, no staff, no students and no offices dedicated to nursing.” She quickly set about the daunting task of program building, including hiring faculty and developing courses. September 1981 marked the first nursing cohort and consisted of 72 students. Since then, there have been over 700 graduates from the Nursing programs!

The School has grown tremendously since 1981, and now has 19 full time faculty and staff members, 15 part time faculty and over 450 students currently enrolled.

In her years at Monmouth, Dr. Lauria has filled numerous positions. She was the founding Chair of the Department of Nursing and then became the Assistant Dean of the School of Arts and Sciences. She returned to the Department of Nursing and in 1995 became the first director of the newly established graduate program in nursing. Following the establishment of the Marjorie K. Unterberg School of Nursing and Health Studies in 1998, Dr. Lauria was appointed



the school's first Dean, a position she has held since then.

In addition to the BSN, Dr. Lauria was instrumental in developing the following programs: the Woman's Studies (now Gender Studies) program (1984), the Masters of Science Degree in Nursing (1995) the Health Studies Minor (1996) and the Health Studies Major (2007). At the graduate level, the School of Nursing currently offers seven graduate tracks: Adult Nurse Practitioner, Family Nurse Practitioner, Nursing Administration, Nursing Education, School Nursing, Forensic Nursing, and Adult Psychiatric and Mental Health Advanced Practice Nursing. BSN program options now include: the RN to BSN program, the Bridge to the MSN (for nurses with a baccalaureate degree in a field other than nursing) and the newly established RN to MSN Direct program.

While at Monmouth, Dr. Lauria served on a variety of University-wide committees including the Council of Chairs and Faculty Council, both of which she chaired. Dr. Lauria has been active in numerous community agencies, serving on the Brookdale Community College Nursing Advisory Committee, as a member of the Board of Directors of the Visiting Nurses Association of Central Jersey and as a Member (and chair) of the Board of Directors of Planned Parenthood of Central New Jersey.

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Lambda Delta Chapter of Sigma Theta Tau

News from Lolita Jacob, Chapter President

We are pleased to announce that Lambda Delta has been honored as a spotlighted Chapter by Sigma Theta Tau (STT) International. The Chapter was recognized for sponsoring two international scholarships and for their fundraising strategies. For more details please check:

<http://www.nursingsociety.org/Chapter/Page/deltaLambdacommunityservicestar.aspx>.

You may be aware that STT is the Honor Society of Nursing. The induction of new members will take place on May 16th. Students who are eligible for induction will be notified mid-semester. The eligibility requirements at the baccalaureate level include: academic achievement above a 3.0 GPA, ranking in the upper 35th % of the graduating class, and completion of one half of the nursing curriculum. For graduate students a GPA above 3.5 with completion of one fourth of the nursing curriculum and demonstration of academic integrity is required. Community members can also be inducted for their role in nursing leadership in areas such as: creativity/innovation in clinical practice; teaching; administration; curriculum development; staff development; colleague mentoring; and leadership qualities contributing to improvement in health care. Lambda Delta annually awards up to two scholarships (one graduate and one undergraduate) to eligible Monmouth University students. Scholarship recipients are recognized for their demonstration of excellence in academic studies. Eligible students are matriculated baccalaureate with a minimum 3.2 GPA or graduate nursing students with a minimum GPA of 3.5. The awards are presented at the induction ceremony, held annually in May; award amounts are determined by the availability of funds.

The annual Lambda Delta Research Day will be held on May 1st, 2009. We are inviting interested nurses to participate in poster presentations or to apply for the research grant. We would like to see everyone to attend the event. For more information, please contact Marilyn Roy, the research coordinator, at mrroy24@hotmail.com.

Monmouth University Professional Nurses Association

From Rosario Sanchez, MUPNA President

The Monmouth University Professional Nursing Association (MUPNA) is an association dedicated to nursing students. We are here to serve and provide you with details about upcoming events and information that may be useful to you. Current students can reach us by logging onto e-campus - look in the "communities" section. Through this section you can contact a classmate, look up scholarship information or take a look at course syllabi from past semesters. If you would like to add something to the MUPNA's virtual meeting space, please feel free to contact us.

Your 2008-2009 officers are :

- Rosario Sanchez - President
- Karen Nugent - Vice President
- Kathi Kumta - Secretary
- Marianne Solari - Treasurer

We are looking forward to meeting you at the upcoming February Spring Social. This is a great opportunity to network and come together as a group. You can meet the MUPNA officers and a representative from the Nursing Honor Society - Sigma Theta Tau. A reference librarian will be present to assist with research questions.

The Spring Social will be held on Feb 19, from 6-7:30—McAllan Hall room 302.

Light refreshments will be served. Join us!

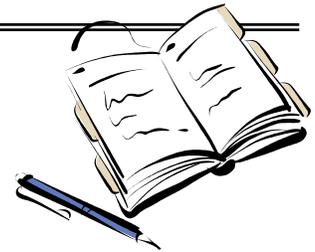
For Your Information

Gerontological Advanced Practice Nurses Association

We are in the process of creating a New Jersey chapter of the Gerontological Advanced Practice Nurses Association (GAPNA), which will be the first in the State. The goals of GAPNA are to advocate quality care for older adults by promoting professional development and continuing gerontological education. Sue Polito, who is a Specialist Professor for the School of Nursing and Health Studies and practicing GNP is one of the organizing members. She commented, "There is a growing need to educate consumers and professionals about the issues in aging." By joining together, the founding members of GAPNA hope to strengthen and enhance the communication and professional collaboration among healthcare providers.

If anyone is interested in learning more about the group or membership opportunities, contact Sharon Stark at 732-571-3691 or swstark@monmouth.edu or Sue Polito at 732-263-5673 or spolito@monmouth.edu.

Make a Note of These Dates



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| February 19 | MUPNA Social—Room 302, McAllan Hall, 6-7:30 |
| February 26 | NJSNA—Region 6—(dinner and lecture) at Brookdale Community College
Evidenced-Based Palliative Care - Guest Speaker: Patricia Murphy, Ph.D., APN,FAAN, Advanced Practice Nurse for Ethics and Bereavement UMDNJ
For more information contact Janet Mahoney at jmahoney@monmouth.edu . |
| March 2 | Lambda Delta Chapter Meeting, Club 109, Monmouth University. |
| March 9 | Monmouth County School Nurse Association Meeting - Wellness Center, CentraState Medical Center. |
| March 9 | "Rashes in the School and Community Environment" - Dr. Laura Jannone Ocean Medical Center (4:30-6pm). Contact Deborah Ewtushek, 732-701-1900 ex. 2303 or email dewtushek@pointpleasant.k12.us |
| March 9-13 | Spring Break |
| April 30 | Health Fair—Monmouth University/Anacon Hall |
| May 1 | Lambda Delta Annual Research Day |
| May 12 | Save the Date—Annual School Nurse Dinner |
| May 16 | Lambda Delta Induction ceremony |
| May 20 | Graduation! |
| July 27-31 | School Nurse International Conference at Monmouth University. |

Milestones - Laurie Jeffers, MSN, FNP

Laurie Jeffers was part of the first graduating class from the MSN program in 1998. She received the academic achievement award for her studies at Monmouth University and has gone on to distinguish herself in practice. Ms. Jeffers established *Well Woman Care*, in 2002, located in Little Silver, NJ. A solo practice, has permitted her to provide comprehensive care that includes consultation and education for women across the lifespan. Jeffers notes, "Through adolescence, peri-menopause and menopause, women have unique needs. My goal is to provide holistic, patient centered care and to address issues that impact their quality of life."



She has received advanced training and professional development in many areas and considers the experience gained in working for a busy OB/GYN office an essential component in the establishment of *Well Woman Care*. When asked about the lessons learned in establishing a solo practice, Jeffers commented that you should not underestimate the challenges. She began the process by taking a small business development course and writing a formal business plan. "I wanted to set up a smoothly running practice from the start" she said. One resource that was very helpful was a book written for Nurse Practitioners, by Carolyn Buppert, *Business Practice and Legal Guide*.

She lives locally with her husband and two school age sons. In her free time, Laurie enjoys traveling, kayaking and exercising. If you wish to contact Laurie Jeffers, email her at wellwomancare@verizon.net

Student and Alumni News

Michelle Goodwin, MSN, BSN 06 – received her MSN from the University of Pennsylvania in August as a Pediatric Critical Care Nurse Practitioner. She passed her certifying exam and is now employed as a nurse practitioner at the Children' Hospital of Philadelphia in critical care.

Karen Nugent, current MSN student— received the C.R. Bard Scholarship for the 2008-2009 semesters.



Attention alumni! Please send your milestones to the School of Nursing and Health Studies. What year did you graduate and where are you now? We would like to print alumni updates in the next issue. Email: bpaskewi@monmouth.edu

Health Studies Honor Society

A group of students in the Health Studies program is in the process of submitting the Eta Sigma Gamma Honor Society application on behalf of the Marjorie K. Unterberg School of Nursing and Health Studies. Eta Sigma Gamma is the National Honor Society for Health and Health Education. This notable accomplishment signifies both the growth of the new major and academic achievement of the students. The goal of this project is to unify the students within the program, recognize talented and dedicated students, and to make the Health Studies "presence" known on campus.

Congratulations to students, Jessica Adamko and Kristopher Jackson and to their faculty advisor Dr. Andrea Hope for initiating the process. The application process includes a formal review of the institution, curriculum, faculty and student applicants by the Eta Sigma Gamma National Office. If approved, Adamko and Jackson would like to hold an induction ceremony for all new members before the end of the semester. This will enable students graduating in May to add Eta Sigma Gamma membership to their resume.

Dean Lauria- continued from page 1

The Nursing program reflects Dr. Lauria's commitment to providing high quality healthcare to surrounding communities. Monmouth University Nursing alumni fulfill a variety of roles in nursing practice and education. Current and former chief nurse executives at many local hospitals and healthcare agencies are Monmouth University Nursing graduates. Dr. Lauria's service to the nursing community has been recognized on a variety of occasions, including receiving the Janice Marchetti Leadership Award from Sigma Theta Tau in 2000 and having been named a "Nursing Diva" by the New Jersey Institute for Nursing in 2004.

Dean Lauria has always maintained that the School of Nursing faculty should be recognized for their significant contributions to the program. "The success of our programs and our graduates is a direct testament to the quality, professionalism and dedication of the faculty in the School of Nursing and Health Studies. The faculty, along with the administrators and staff, have made the School of Nursing and Health Studies one that can evoke pride in all of us."

While Dean Lauria plans to retire this summer, she is still actively engaged in the School of Nursing and Health Studies preparation for a Doctorate of Nursing Practice Degree and in hosting the School Nurse International Conference in July 2009. Although excited about the prospect of retiring, Dr. Lauria admits to a good deal of ambivalence about leaving the Dean's position. "Monmouth University has been my home for 28 years and I have been a college faculty member for 38 years. I am sure it will be a difficult adjustment to stop thinking of life from the point of view of an academic calendar. I will miss my friends, faculty, professional colleagues and the students that I have known over my many years in academe, but I look forward to starting a new phase of my life. I wish everyone well."

Dr. Lauria is married to Dr. John Pfuhl. They met while she chaired the Department of Nursing and he was chair of the Department of Sociology, Anthropology, Social Work, and Criminal Justice at Monmouth. They currently reside in Oceanport, but are considering relocating to a warmer climate.

Come to Monmouth University for Professional Development & Continuing Education!

Spanish for Health Professionals

Date: Wednesdays, February 11, 18, 25, March 4, 11, 18

Time: 6:00-8:30pm / **Fee:** \$245

This program has been approved for 14.7 contact hours through the New Jersey State Nurses Association (NJSNA). NJSNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).



Pharmacology – Prescribing Controlled Substances

Date: Monday, March 2 from 9:00am-12:30pm
& March 16 from 5:30-9pm (must attend both dates)

Place: The Club, Magill Commons / **Fee:** \$85/75 for MU students

(A light dinner will be provided on March 16)

Contact hours have been applied for through the NJSNA, an accredited approver of continuing nursing education by the ANCC's Commission on Accreditation.

The School Nurse as First Responder – The Chain of Command

Date: Tuesday, March 10

Time: 5:30pm-8:30pm

Place: Young Auditorium, Bey Hall / **Fee:** \$50/\$40 for MU Students

(A light dinner is provided with the program fee)

Three professional development hours will be awarded.

Advanced PowerPoint

Date: Monday, March 23

Time: 6:00-9:00pm

Place: Library Instructional Laboratory, Lower Level of the Guggenheim Library

Fee: \$50/\$40 for MU Students

Three professional development hours will be awarded.

Spanish for Health Professionals - Intermediate

Date: Wednesdays, April 1, 8, 22, 29, May 6, 13

Time: 6:00-8:30pm

Place: Student Center 202A / **Fee:** \$245

Contact hours have been applied for through the NJSNA, an approver of continuing nursing education by the ANCC's Commission on Accreditation.

Psychotropic Pharmacology for Healthcare Providers

Date: Friday, April 17

Time: 9am-4pm

Place: Afflitto Room, Student Center / **Fee:** \$95

(A light lunch is included in the program fee)

This program has been approved for 6 contact hours through the NJSNA. NJSNA is an accredited approver of continuing nursing education by the ANCC's Commission on Accreditation. For Social Work – 6 clinical CEU's will be awarded.

Clinical Update Series: Abdominal Assessment

Date: Monday, April 20

Time: 5:30-9:00pm

Place: Turrell Board Room, Bey Hall/ **Fee:** \$60/\$45 for MU Students

(A light dinner is included in the program fee)

Contact hours have been applied for to the NJSNA, an accredited approver of continuing nursing education by the ANCC's Commission on Accreditation.

Forensic Photography

Date: Tuesday, April 28

Time: 5:30-9:00pm

Place: The Club, Magill Commons

Fee: \$75/\$55 for MU Students (A light dinner is included in the program fee)

Contact hours have been applied for to the NJSNA an accredited approver of continuing nursing education by the ANCC’s Commission on Accreditation.

Sexual Assault Nurse Examiner (SANE)

Dates: Monday - Friday, June 8-12

Time: 9:00am-5:30pm

Place: Room 328, 329, McAllan Hall

Fee: \$725

This continuing nursing education activity has been approved for 64 contact hours by the NJSNA, an approver of continuing nursing education by the ANCC's Commission on Accreditation.

Suicide Prevention in the School Age Child

Date: Thursday, June 11

Time: 5:30-7:30pm

Place: Young Auditorium, Bey Hall

Fee: \$40/\$35 for MU Students (A light dinner is included in the program fee)

Two professional development hours will be awarded.

Reducing the Risk of Heart Disease – 3rd Annual Healthy Heart Dinner

Date: Tuesday, June 16th

Time: 5:30-8:30pm

Place: The Club, Magill Commons

Fee: \$55/\$50 for MU Students and Employees

Contact hours have been applied for through the NJSNA, an approver of continuing nursing education by the ANCC's Commission on Accreditation.

Substitute School Nurse Workshop

Date: Tuesday, June 23

Time: 10:00am-2:30pm

Place: The Club, Magill Commons

Fee: \$65 (A light lunch is included in the program fee)

This program has been approved for 4.0 contact hours from the New Jersey State Nurses Association, an accredited approver of continuing nursing education, by the ANCC’s Commission on Accreditation



For additional program and contact hour information visit our website

www.monmouth.edu/academics/schools/nursing/continuing_programs.asp

or call the School of Nursing at the number below.

Registration Information—Registration must include full payment. Make checks payable to Monmouth University. If you wish to pay by credit card please call 732-571-3443 or register online at www.monmouth.edu/academics/schools/nursing/continuing_programs.asp

Please provide the following information: Program (s) _____

Name _____

Address _____

City, State, ZIP _____

Telephone _____(home) _____(cell)

Email: _____

**The Marjorie K. Unterberg
School of Nursing and Health Studies
400 Cedar Ave - West Long Branch - NJ – 07764**

Mailing Address Line 1

Mailing Address Line 2

Mailing Address Line 3

Mailing Address Line 4

We are on the web!
<http://www.monmouth.edu/nursing>

Winter weather alert! Are you wondering if the campus will be open? Log-on to the University Home page www.monmouth.edu

Current students can also register for Regroup which is Monmouth University's primary emergency notification system. It enables students, faculty and staff to have emergency alerts sent to any registered phones and/or e-mails. Registration is free. Simply log in by using your Monmouth University login and password. You may also update your information at any time by logging back into Regroup.

<http://notify.monmouth.edu/>

