

# MONMOUTH UNIVERSITY

## MARJORIE K. UNTERBERG SCHOOL OF NURSING AND HEALTH STUDIES

### **Notes on Nursing**

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*“Be careful about reading health books. You may die  
of a misprint.”*

**Mark Twain**

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**From The Dean’s Desk:**  
**Marilyn M. Lauria, R.N., Ed.D.**

The School of Nursing and Health Studies had a busy and productive Fall semester. We were notified that we had received a pledge of \$2,000,000 from a generous donor to endow a Chair in Nursing. One million dollars has already been received; the second million has been pledged for 2007. The faculty is very gratified by this pledge of financial support for the School. We plan to hire an occupant for this endowed chair to start in Fall 2008.

*On behalf of the  
staff and faculty of  
the School of  
Nursing and Health  
Studies, our best  
wishes for good  
health in the  
coming year!*

We are on schedule to start the Health Studies major in Fall 2007 and are already receiving numerous inquiries about this program. The faculty has also been working on revising and revitalizing an undergraduate certificate in gerontology. This certificate has been in existence for a number of years, but in the past there has not been much student interest. We believe that the changing demographics and the increased media attention to the growing needs of the aging population will spur an interest in this certificate. The Gerontology Certificate consists of 5 courses: Human Aging; Wisdom, Wellness and Aging; Death and Dying; Psychology of Aging and the Administration of Gerontological Services. This certificate is available both the MU undergraduate students as well as to people in the community seeking more information about aging.

Faculty in the School of Nursing and Health Studies continue to expand their use of technology as part of pedagogy. All faculty members have attended hybrid training courses including those offered by the Instructional Technology Department at MU. A hybrid course is partially on-line, for example, a course might meet alternate weeks on campus and on-line. The hybrid offers what many describe as the best of both worlds; students have the opportunity to meet with their peers and professors, but have more flexibility in their personal schedules. We continue to expand our hybrid course offerings and a few courses are now totally on-line; in fact the Forensic certificate program is primarily on-line.

Nursing faculty continue to be active professionally, publishing and presenting at a variety of professional meetings. In addition, the faculty continue to attend conferences regarding the move to establish the Doctorate of Nursing Practice (DNP) as the standard for advanced nursing practice. The Commission on Collegiate Nursing Education (CCNE) has already adopted the requirement that as of 2015 nurse practitioner graduate programs must be at the DNP level in order to be accredited. We will keep you updated as we continue to learn more about this standard.

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## *Milestones - Welcome to Professor Jim Konopack.*

Jim Konopack has joined the School of Nursing and Health Studies as an Assistant Professor in Health Studies. He is a Doctoral Candidate in Kinesiology from the University of Illinois where he is preparing to defend his dissertation.

Jim's interest in health stems from a life-long enjoyment of sports and physical activity. He is an outdoor enthusiast and a recreational long-distance runner. This past fall he completed two ultra marathons. An ultra marathon is anything longer than the marathon distance of 26.2 miles - Jim has run ultras of 50K distance, or 31 miles - but according to Jim these are not competitive events. He says, "You just go the distance. There is often interesting terrain and scenery, you are meeting people and having fun. It really is a great experience."

While completing his doctoral studies, Jim contributed to several research projects in the area of physical activity, aging and health. He also worked on the psychological factors related to physical activity participation. He said that he enjoyed this work because it provided an opportunity to see first hand the benefits of exercise on the aging population. This funded research has been published in several peer reviewed journals such as the Annals of Behavioral Medicine and the Journal of Gerontology.

One of Jim's proudest moments was the birth of his son Trenton in February 2006. He is pictured above with Trenton and his wife Sheryl. When he is not working on his dissertation, running marathons or running after Trenton (who is just beginning to walk) he enjoys a game of chess. He is currently reading *The Omnivore's Dilemma: A Natural History of Four Meals* by Michael Pollan.

**For your information - a website recommended by Jim Konopack-**

Take a look at Wikipedia (<http://en.wikipedia.org>). It is a handy site touting itself as “The Free Encyclopedia,” and continues to increase in popularity. This site has become popular with the traditional college student and while you can’t rely on it for academic writing, it is a great place to get up-to-date information. You can use the search engine to find extensive details on most topics, including, but not limited to health, often accompanied by additional references. The site is maintained by the public at large as opposed to an expert panel of contributors, which makes it subject to limitations (see [http://www.newyorker.com/fact/content/articles/060731fa\\_fact](http://www.newyorker.com/fact/content/articles/060731fa_fact) for a July 2006 New Yorker discussion of this issue). Wikipedia covers an immense volume of information and is adequately regulated for accuracy and impartiality.

## **Milestones – Student & Alumni News**



*Greetings from Monmouth University!*

*Dear Alumni, We wish you were here! Your news should be appearing on the Milestones page! Drop us a line with an update. 732-571-3443 or email [bpaskewi@monmouth.edu](mailto:bpaskewi@monmouth.edu)*

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**Rachel Behrendt, MSN ‘06** – presented a lecture at the Association of Radiology Nurses of America, Philadelphia, on Palliative treatment options for the management of malignant pleural effusions and malignant ascites.

**Maria Cunha- O'Hara, BSN ‘01, MSN ‘06, School Nurse Program** - had twins on August 11th- Evan and Abigail. They join a brother and sister. Congratulations!

**Christine DeWitt-Parker, current MSN student** - received a \$500 grant from the Brielle Education Foundation to continue “Fun and Fitness”, the afternoon program that she began over three years ago to prevent childhood obesity.

**Jenilyn Cannullas, MSN ‘03** – has received her certification as a Certified Diabetes Educator. She is currently employed as a full-time Advanced Practice Nurse at Ocean Primary Care Associates.

**Tom Cahill, MSN, BSN ‘91** - In a letter from Iraq “After graduating in 1991, I entered the Army and they sent me to do my Family Nurse Practitioner MSN at Florida State (1996- 98). I am presently in Iraq as the sole medical provider for an Iraqi training base (approximately 2000 Iraqis and 25 Americans). It is rather interesting – no lab, no X-ray, nearest hospital is an hour long convoy ride away. You have to work based on your clinical judgment and whatever information you and your interpreter can get from the



soldiers. I have been at this base for six weeks (got to Iraq in June) and will probably be here until June 2007. I have treated everything from colds and diarrhea to gunshot wounds of the foot, kidney stones, and burns of the leg and shrapnel wounds. Wouldn’t trade this experience for the world.”

“Attached is a picture of my son, Brian (also an Army Nurse), and me at my promotion to Lieutenant Colonel in September. This was taken

outside the Headquarters of an Iraqi Army Brigade at Kirkuk, where I was before coming up here.” Tom Cahill via email – November 2006

**Lynn Deitrick, RN, Ph.D., BSN '89** – had a paper published “Dance of the Call Bells: Using Ethnography to Evaluate Patient Satisfaction with Quality of Care” in the *Journal of Nursing Care Quality* Vol 21 (4): 316- 324.

**Barbara Krivda, MSN '05** – Passed the National School Nurse Certification exam.

**Lolita Jacob, MSN, APRNC-BC, FNP- C '02** - has been involved in developing and leading nursing education programs for care of Peripherally Inserted Central Catheters (PICC) including Ultrasound guided PICC insertion. She is the PICC coordinator at Monmouth Medical Center and is also working part time as a NP for the Department of Medicine.

## Milestones- Faculty News

**Laura Jannone, EdD, RN** - received the Distinguished School Nurse Alumni Award from the College of Professional Studies, the Health Science Department and the Alumni Relations Office the New Jersey City University. Podium Presentation on “Rashes Made Easy” sponsored by the New Jersey Education Association for the 2006 Annual Convention: NJEA Supports Strong Public Schools, Atlantic City, NJ, November 9, 2006.

**Jim Konopack, EdM** - presented a poster on spirituality and health at the annual meeting of the Gerontological Society of America in Dallas in November. He had an article published, Konopack, J. F. & McAuley, E. (2006). Private Religious Practice and Organizational Religiosity: Implications for Physical and Mental Health. *The Gerontologist*, 46 (Special Issue 1), 186-187.

**Janet Mahoney, Ph.D, RN** - had an article published, “Do you feel like you belong? An on-line versus face- to- face pilot study.” *Visions: The Journal of Rogerian Nursing Science*, 14 (1), 16 - 26. (2006).

**Patrica Reineke, MS, RN, CSN** - presented a poster presentation on “ Re- emergence of Rickets: The Role of the School Nurse,” at the National Association of School Nurses 38<sup>th</sup> Annual Conference: Capitol Investment for Children, New York, NY, July 1, 2006. Podium Presentation on “Childhood Obesity in the School Setting” sponsored by the New Jersey Education Association for the 2006 Annual Convention: NJEA Supports Strong Public Schools, Atlantic City, NJ, November 9, 2006. She was appointed to Wyckoff Board of Health 1/1/07.



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## Nurse Camp News -

**We are making plans for our third summer nurse camp!**



While originally funded by the State for two years, we are able to stretch the funds to offer another nurse camp this summer. This camp is scheduled for June 25<sup>th</sup> -July 3<sup>rd</sup> excluding the weekend. Once again – we will select 20-25 students from the pool of applicants to attend the summer camp. The camp information and application guidelines will be mailed to schools in Monmouth County and will be available on our website. The students must be either entering or completing eighth grade and have an interest in learning more about nursing and health professions. The deadline for the applications is April 15.

In addition, we will hold a two day alumni camp for the participants from the Summer 2005 and 2006 nurse camps, in July.

We anticipate that we be employing camp counselors again this year. If you know of nursing or health studies students who would be interested in working with the Nurse Camp, have them contact the School of Nursing this month for application information. The camp experience has been fun and is a good opportunity for professional growth.

<b>Make a Note of These Dates</b>	
February 5	<b>Lambda Delta Meeting</b> - Club Room 109, 6 pm.
February 8	<b>NJSNA Region 6 – General Membership Meeting</b> , Monmouth University. Topic: Emergency Preparedness: Viewpoints – Public and Professional. To register contact Janet Mahoney, 732-263-5271.
March 5-10	<b>Spring break!</b>
March 12	<b>Lambda Delta Meeting</b> - Club Room 109, 6 pm.
March 22-23	<b>NJ- End of Life Nursing Education Consortium (ELNEC)</b> – “Beyond Dying: Palliative Care Across the Life Span” to be held in Atlantic City.
March 18	<b>MCSNA Meeting</b> - Wilson Auditorium, 7:00 pm. Dermatological Conditions of Childhood and Adolescence. Presenter: Dr. Benjamin Cohen.
March 28-30	<b>New Jersey Nursing Convention</b> - to be held in Atlantic City.
April 2	<b>Lambda Delta Meeting</b> - Club Room 109, 6 pm.
April 13	<b>Health Fair</b> - The BSN students in NU 414 will be providing a Health Fair at Monmouth University for the campus community. The program will be held in Anacon Hall.
April 26-27	<b>Healthcare Career Expo</b> - Brookdale Community College (BCC), two day event for middle and high school students to learn about career opportunities in healthcare through interactive exhibits. Open to the public - for information contact Roseann Nahmod at BCC at 732-224-2901, X65
April 27	<b>Lambda Delta Research Day</b> - Monmouth University
May 7	<b>Lambda Delta Meeting</b> - Club Room 109, 6 pm.

May 9	<b>Lambda Delta's Annual Induction and Awards Dinner</b> Monmouth University, Magill Commons, The Club, 6:00-8:30 pm.
May 16	<b>Graduation!</b>
June	<b>NJSNA Region 6 Annual Dinner.</b>
June 25-July 3	<b>Nurse Camp</b> - For students in middle school interested in nursing to be held on campus at Monmouth University. Contact Barbara Paskewich at 732-571-3694.

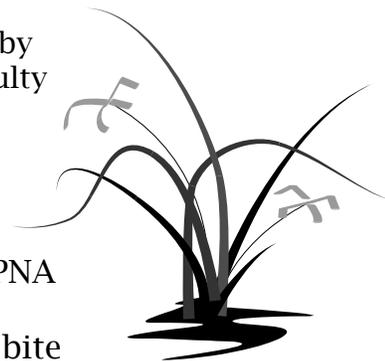
## Notes on Nursing

**Lambda Delta News** - The Sigma Theta Tau 18<sup>th</sup> annual research conference that highlights the accomplishments of nursing faculty, students and practicing nurses throughout the NJ area will be held on April 27<sup>th</sup> at Monmouth University. Abstracts for poster presentations are being sought by the committee. There is no fee required to participate as a poster presenter. For information on the research day or on how to submit an abstract for review, please contact Carolyn Zagury [czagury@verizon.net](mailto:czagury@verizon.net) or Marianne Duffy at [longduff@optonline.net](mailto:longduff@optonline.net).

Students who are eligible for membership will receive notification by e-mail. If you would like more information, please contact the faculty advisor Pat Reineke [preineke@monmouth.edu](mailto:preineke@monmouth.edu).

### **Monmouth University Professional Nurses Association**

**(MUPNA)** - Tired of the normal everyday routine? Come to the MUPNA Spring Social - the date will be posted on the MUPNA website and will be distributed in class. The Social is an opportunity to network, share learning resources and have a bite to eat. Please visit our website regularly for updated information about continuing education, special events and scholarship opportunities. Remember MUPNA exists to serve *you*...




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City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Amount enclosed \_\_\_\_\_

You may register on-line

<https://www.monmouth.edu/school-of-nursing-health/continuing-education-programs/>

or by phone with a credit card – please call (732)571-3443

Please return with payment to: Monmouth University, School of Nursing and Health Studies, Attention: Barbara Paskewich, West Long Branch, NJ 07764.

Checks should be made payable to Monmouth University.



where leaders look forward™

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*The Marjorie K. Unterberg*  
*School of Nursing and Health Studies*  
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**Look Inside:**

- Dates to remember
- Student and alumni news
- Contact information
- Continuing education

**Current Students – Please contact your advisors to plan for Summer, Fall & Spring semesters.**