

# MONMOUTH UNIVERSITY

## MARJORIE K. UNTERBERG SCHOOL OF NURSING AND HEALTH STUDIES

### **Notes on Nursing**

*"The key to successful leadership today is influence, not authority.*

*Ken Blanchard*

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#### **From The Dean's Desk:**

**Marilyn M. Lauria, R.N., Ed.D.**

***On behalf of the faculty and the staff of the School of Nursing – best wishes for the New Year!***

During the past year, we have seen several long term departmental goals come to fruition; the Nurse Camp program, a graduate level track in Adult Psychiatric and Mental Health Nursing and we are moving forward with plans to establish a Bachelor's degree in Health Studies. It is always nice to see positive results come from research, planning and commitment.

These initiatives were many years in the planning stages. Creating the Health Studies Major has been a lengthy process that began with a needs survey to determine interest in this area of study. We have evaluated and examined similar programs of study and the curriculum has been developed by the faculty of the School of Nursing and Health Studies. We believe that there is an interest in and a need for this type of program.

Another important milestone for the School is the establishment of an Advanced Practice track in Adult Psychiatric and Mental Health Nursing. This program reflects the community's need for nurses prepared in this area. Under this course of study, nurses will have an opportunity to focus on the principles of mental health, advanced assessment, treatment, diagnosis and psychopharmacology. When certified, the nurse can practice as an independent Nurse Psychotherapist, initiating treatment including psycho-pharmacology interventions. Professor

Laura Kelly, RN, PhD., who is a Psychiatric Clinical Nurse Specialist, was instrumental in the program design and will serve as the coordinator for this program.

We are making preparations for the 2<sup>nd</sup> Nurse Camp that will take place from July 10 - 21 (excluding the weekend). This camp has been designed to provide young people who are either entering or completing 8<sup>th</sup> grade, an opportunity to learn about nursing and health professions. This program was funded by a two year grant from the New Jersey legislature. (We are looking for additional funding for the coming years!)

The 2006 camp will follow a format similar to last year with modules on nursing, health and wellness. The School of Nursing will collaborate with several local health care professionals and organizations, who once again will assist in providing the students with outstanding learning experiences. If you would like to learn more about the upcoming nurse camp or read some of the articles that were written about the camp experience last year – please visit the website:

<http://www.monmouth.edu/nursing>

There have also been some revisions to the BSN program. We have eliminated 1 lab and used the 4 credits to add a course on aging and expanded the transcultural health course. These revisions were based on the current literature about the need for nurses to be well-equipped to deal with clients from a variety of cultures as well as the need to deliver high quality care to the growing number of older adults in our society.

## Milestones - Laura Jannone

After working as a School Nurse for ten years, Professor Laura Jannone joined the faculty of the School of Nursing and Health Studies as the coordinator of the School Nurse program in 2000. She taught the first class in this program which has since become the largest in the School. The numbers reflect the growing interest in this field, the acute need for certified School Nurses and Laura Jannone's dedication to the specialty of School Nursing.



In addition to teaching, she has coordinated and taught numerous programs on various health issues such as air quality, child abuse and legal issues. She has also spoken out on legislation that has impacted the School Nurse Certification process. Laura observes, "There is a shortage of School Nurses because this is not an easy job. Many students require complex care and have major health challenges, some very difficult to identify." Laura says that School Nurses must be skilled, compassionate, dynamic, and quick responders who can think on their feet. Though a background in ICU or the ER is very helpful, Laura states that School Nurses must also be able to teach, counsel, console and have an awareness of the issues that face young people today.

An interest in the health of young people has shaped Professor Jannone's Doctoral Studies at Columbia University. She is currently in the last phase of dissertation work in which she is teaching and evaluating a Smoking Cessation Program for teens. Her interest in this area began many years ago when she observed first-hand the limited resources for teenagers who are addicted to cigarettes. She is very positive about the program (developed at UMDNJ) and believes that it gives young people the knowledge and skills to quit smoking. This Smoking Cessation Program offers Laura an opportunity to work with teenagers again which she truly enjoys.

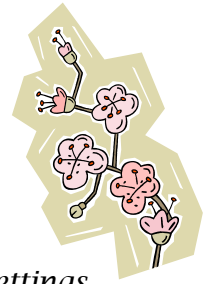
In addition to her Doctoral work, Laura co-authored a chapter on head lice in the book *School Nursing: A Comprehensive Text, (2006)*. She holds a Substance Abuse Counseling certificate and teaches a class on Substance Use and Abuse for the general college population. When her Doctoral Studies are complete, Professor Jannone says, "I am looking forward to sitting on the beach reading a book that is not related to addiction or nursing! I'm looking forward to numerous things that have been on the back burner." Throughout her busy career, she has always made time for her family; she has two daughters, Gina, 21, a junior at Lehigh and Gelly, 19, a freshman at NYU. She enjoys living in Red Bank with her husband Joel, a Physician with a private practice in Lacey Township.

### For Your Information: Computers and Health

*Laura Jannone recommends the following Websites:* This is a good site for information about rare diseases in children. The National Organization for Rare Disorders (Nord) <http://www.rarediseases.org/>.

## Milestones - Faculty News

**Laura Kelly, RN, Ph.D. and Marianne Troiano, RN, MSN, FNP** - gave a presentation at the Monmouth County School Nurses Association meeting in January, 2006 on Teen Sexuality.



**Sharon Stark, DNSc, RN, APRN, BC** - published an article entitled "The Effects of Master's Education on Role Choices, Role Activities and Practice Settings among Clinical Nurse Specialists and Nurse Practitioners" in the January 2006 issue of Nursing Education.

## Students & Alumni

**Eileen Allen, MSN '04** - gave a presentation on Domestic Violence for The Technical Sessions at the 2005 Eastern Analytical Symposium, November 15, 2005.

**Janet Appel, current BSN student** - was promoted to team leader at Horizon Blue Cross and Blue Shield in the benefit program for complex case management.

**Cheryl Bontales, current MSN student** - accepted a School Nurse position at Manasquan High School and was featured in the Blue and Gray School Newspaper.

**Lisa Falcon, current MSN Nursing Education student** - became Director of Trauma and ICU at Robert Wood Johnson University Medical Center.

**Jill Generelli, current School Nurse student** - had twin girls on September 20, 2005. Welcome Ana and Ava!

**Sue Karl, current BSN student** - received Riverview Medical Center's Nursing Excellence Award. Congratulations!

**Barbara Krivda, MSN '05** - published "Caring for Children with Autism in the School Setting" in the Journal of School Nursing summer edition and co-authored (with Laura Jannone) a chapter on Head Lice in School Nursing: A Comprehensive Text.

**Bertha Lawani, current BSN student** - had a baby girl on November 3, 2005. Welcome Toye Renee Lawani!

**Diane Lynch, current School Nurse MSN student** - had an article published in Nursing Spectrum "A Battle in the War on Cancer," September 2005.

**Sue Torres, MSN '05** - gave three presentations entitled "Evaluation of Model Units for Work Environment Enhancement" at the STTI Honor Society of Nursing-Hawaii Research Congress, July 10, 2005; "Old Dogs Can Teach New Tricks: Iron Requirements in the Perioperative Setting," a podium presentation at Providence Everett Medical Center, Blood Conservation Conference, Everett, Washington, February 10, 2005; "Comparison of Infection Rates and Intravenous Iron Repletion in a Cardiac Surgery Population," poster presentation at the Surgical Infection Society 25<sup>th</sup> Annual Meeting and Second Joint Meeting with SIS-e, Miami, FL May 5-7, 2005.

**Judith, Slover-Zipf, MSN '98, Adult NP** - is currently employed as a NP at Jersey Shore University Medical Center in the department of Medical Endocrinology. She is a diabetes educator and an advanced diabetic management educator. She has worked on six clinical trials in diverse roles, from primary investigator to research coordinator. She is on the National Board for Symlin Pharmaceuticals, on the National Diabetes Advisory Board and volunteers at the Parker Clinic in Red Bank, NJ!

**Heidi Toth, current MSN School Nurse student** - published a chapter on "Lyme Disease" in *The School Nurse's Source Book of Individualized Healthcare Plans*.

**What is new with you? Please let us know for our next newsletter.  
E-mail Barbara Paskewich at [bpaskewi@monmouth.edu](mailto:bpaskewi@monmouth.edu)**



## In the Community

**Nursing of the Young Family class, NU413, adopted a family for the holidays this year. The family is anonymous but word was received that the family was overwhelmed with the generosity and good will of the students.**

## Notes on Nursing

**Lambda Delta News** - Applications for membership into the Lambda Delta Chapter of Sigma Theta Tau, Int. are available in the School of Nursing and Health Studies located in Room 332, McAllan Hall. If you would like more information, please contact faculty co-advisors Pat Reineke [preineke@monmouth.edu](mailto:preineke@monmouth.edu) or Marianne Darden [mdarden@monmouth.edu](mailto:mdarden@monmouth.edu).

**Monmouth University Professional Nurses Association (MUPNA)** - Beth Rotchford, president of MUPNA, would like to encourage students to visit the MUPNA website. Scholarship information has been posted on the site. The scholarship info will not be mailed this year. Any questions, please email her at [s0238027@monmouth.edu](mailto:s0238027@monmouth.edu).

## New Program: Adult Psychiatric and Mental Health Advanced Practice Nursing

**Interested in Mental Health? Consider becoming an Advanced Practice Nurse in Adult Psychiatric and Mental Health.**

- INITIATE Comprehensive Psychiatric Assessments
- LEARN principles of mental health with an emphasis on the therapeutic use of self
- INTEGRATE psychopharmacology as part of treatment interventions
- PRACTICE independently as a Nurse Psychotherapist

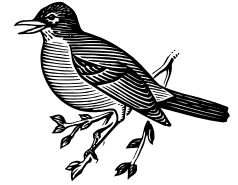
If you would like to learn more, Professor Laura Kelly is the program coordinator. She can be reached at 732-263-5852 or email [lkelly@monmouth.edu](mailto:lkelly@monmouth.edu).



## Make a Note of These Dates

- February 16, 2006**      **NJSNA Region 6 Dinner Meeting** – Maris Lown, Director, Health Sciences at Brookdale Community College and President of the NJ State Board of Nursing will speak on “Delegation” at The View Restaurant in Lakewood. For more information contact Sharon Stark: 732-571-3691.
- March 3-4, 2006**      **NJ School Nurse Association: 2<sup>nd</sup> Annual Conference** - Westin Hotel, Princeton
- March 13, 2006**      **Nurse Camp Information Session.** Open to interested students and their families
- March 14, 2006**      **Lambda Delta Meeting, Club Room 109, 6 pm** – Carolyn Zagury, RN, PhD, Director of Clinical Project Development and Nursing Research will speak on “Evidenced Based Practice”.
- March 23-24, 2006**      **NJ-End of Life Nursing Education Consortium (ELNEC)** – Monmouth joins several local Universities and Health Care Organizations to provide the first annual conference, “*Beyond Dying: Palliative Care Across the Life Span*” to be held at the Sheraton Atlantic City Hotel, in Atlantic City. Contact Dr. Gayle Pearson, 973-353-7895.
- March 27, 2006**      **MCSNA Meeting** - Wilson Auditorium, 7:00 pm. The Monmouth Regional Perinatal Consortium will present “Fetal Infant Mortality Rate Specific to Monmouth County”.
- April 13, 2006**      **Health Fair** - The BSN students in NU 414 will be providing a Health Fair at Monmouth University for the campus community. The program will be held in Anacon Hall. For more information contact Dr. Diane Meehan at 732-263-5216.
- To be announced**      **Lambda Delta’s Annual Induction and Awards Dinner** Monmouth University, Magill Commons, The Club, 6:00-8:30 pm.
- April 28, 2006**      **Lambda Delta Research Day, Monmouth University**
- April 28, 2006**      **Graduation!**
- May 17, 2006**      **NJSNA Region 6 Annual Dinner.**
- June, 2006**      **Nurse Camp** - For students in middle school interested in nursing to be held on campus at Monmouth University. For more information, contact Barbara Paskewich at 732-571-3694.
- July 10-21, 2006**

## ***Continuing Education - Spring 2006***



### ***Advanced Topics in Pediatrics*      Friday, March 24, 2006    9:00 am - 3:00 pm**

Nursing Lab 3rd floor McAllan Hall

NJSNA Contact Hours: 6.0 (an approved ANCC provider)

Co-sponsored by Monmouth Medical Center

The fee is \$75.00 (\$65.00 MU students) A light lunch is included.

#### **Presenters:**

**Steve Miller, DO** - Pediatrician with Navesink Pediatrics

**Diane Meehan, Ph.D., APRN, BC** - Assistant Professor, Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University

### ***Forensic Nursing from Trauma to Trial*      Tuesday, April 4, 2006    7:00 - 10:00 pm**

Young Auditorium, Bey Hall

Contact hours will be applied for through NJSNA (an approved ANCC provider)

The fee is \$40.00. Coffee and desert are included.

#### **Presenters:**

**Eileen Allen, MSN, RN, FN-CSA, SANE-A** - Nationally Certified Practicing Sexual Assault Nurse Examiner, coordinator of the first county wide program in NJ.

**Rita O'Connor, BSN, RN, FN-CSA** - SANE/SART Coordinator, Ocean County, NJ.

**Lynn Rybicki, RN, FN-CSA** - Prosecutor's Office, Cape May County, NJ.

**Sharon Stark, DNSc, RN, APN, BC, CFN** - Associate Professor, Coordinator of the Forensic MSN and Certificate Program, Marjorie K. Unterberg School of Nursing and Health Studies.

### ***Medicolegal Death Investigation*      Five consecutive Tuesdays, May 23, 30,**

**June 6, 13, 20, 2006,    8:30 AM - 4:30 PM**

Wilson Auditorium, Wilson Hall

NJSNA Contact Hours: 40 (an approved ANCC provider)

The fee is \$650.00. A light lunch is included.

#### **Presenters:**

**Penny Moore** - Program Director, Specialist Professor and Criminal Justice Department, Forensic Science Coordinator

**Eileen Allen, MSN, RN, FN-CSA, SANE-A** - A Nationally Certified Practicing Sexual Assault Nurse Examiner.

**Marsetta Lee**, Deputy Chief - Law Enforcement Services for the NJ Division of Criminal Justice.

**John Krolkowski, MD** - Acting NJ State Medical Examiner

**Michael Baden, MD** - Director, Forensic Science Unit, NY State Police

This program has been developed by the Criminal Justice Department at Monmouth.

Questions regarding program content should be referred to Penny Moore at 732-571-7567.

### ***Sexual Assault Nurse Examiner (SANE) Program*      June 5 - 9, 2006**

This class will meet over five consecutive days beginning Monday, June 5, 11:00 am - 6:00 pm and then Tuesday through Friday, June 6-9, 9:00 am - 5:30 pm.

Nursing Lab 3rd floor McAllan Hall

NJSNA (an approved ANCC provider) contact hours 40

The fee is \$650.00 (For Monmouth University Forensic Nursing students, this course will satisfy the requirement for the SANE course in the certificate and MSN.)

This 40-hour program is open to any RN who has at least 2 years recent clinical experience and is interested in obtaining the in-depth knowledge and skills needed to provide effective health care and services to the victims of sexual assault.

Presented by:

**Eileen Allen, MSN, RN, FN-CSA, SANE-A** - Nationally Certified Practicing Sexual Assault Nurse Examiner, coordinator of the first county wide program in NJ.

**Substitute School Nurse Workshop June 26, 2006**

**11:30 am - 4:00 pm**

Nursing Lab 3rd floor McAllan Hall

The fee is: \$65.00

Substitute Nurses are needed in many school districts! If you are a RN and would like to learn more about this job opportunity, you should attend this program. The class is taught by members of the executive board of the Monmouth County School Nurse Association (MCSNA) and faculty from the School of Nursing and Health Studies. It is designed to present an overview of the responsibilities of the Substitute School Nurse. The instructors will present modules on current health issues, health office equipment and documentation.

**Presenters:**

**Laura Jannone, EdD(c), RN, CSN** - Assistant Professor, and Coordinator of the School Nurse Program at the Marjorie K. Unterberg School of Nursing and Health Studies

**Pat Reineke, RN, MA, CSN** - Specialist Professor, Marjorie K. Unterberg School of Nursing and Health Studies

**Continuing Education Registration Form**

Please return with payment to: Monmouth University, School of Nursing and Health Studies  
Attention: Barbara Paskewich, Special Projects Coordinator  
West Long Branch, NJ 07764  
Phone: (732)571-3443

<b>Date of Workshop</b>	<b>Workshop</b>	<b>Cost</b>	<b>Monmouth Students</b>	<b>Indicate course here</b>
March 24, 2006	Advanced Pediatric Physical Assessment	\$75.00	\$65.00	
April 4, 2006	Forensic Nursing From Trauma to Trial	\$40.00	\$35.00	
May 23 - June 20, 2006	Medicolegal Death Investigation	\$650.00	\$650.00	
June 2006	SANE	\$650.00	\$650.00	
June 26, 2006	Substitute School Nurse	\$65.00	\$65.00	

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_ Amount enclosed \_\_\_\_\_

**Make checks payable to Monmouth University**

Monmouth University  
Marjorie K. Unterberg  
School of Nursing and Health Studies  
400 Cedar Ave  
West Long Branch, NJ 07764



*The Marjorie K. Unterberg  
School of Nursing and Health Studies  
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