

MONMOUTH UNIVERSITY

MARJORIE K. UNTERBERG SCHOOL OF NURSING AND HEALTH STUDIES

Notes on Nursing

*“Coming together is a beginning; keeping together is progress;
working together is success.”*
Henry Ford

From the Dean's Desk

Marilyn Lauria, RN, Ed.D

Most academics view September as a new beginning. In this setting there is always some anticipation about what the new semester will bring, new classes, new challenges and for some, a new start. This year we welcome over 70 students into the Nursing programs! Our students are traditionally adults continuing their education. All are juggling complex schedules and responsibilities. Their back to school shopping for book bags and new shoes is often for their children!

In the coming year we will see some major changes in the demographics of our student population as we introduce the Health Studies Major. In preparation, we welcome two faculty members, James Konopack and Bojana Beric. We feature Bojana on page two and you'll learn more about Jim in the next newsletter. They certainly bring a new perspective to the department and we have enjoyed learning about their interests. Both enjoy an assortment of outdoor activities: cycling, swimming,

tennis and cross country skiing to name a few. Jim is preparing to run an Ultra Marathon – 31 miles (while he prepares to defend his dissertation).

We held our second successful Nurse Camp this past July. Once again, 25 students attended this two week program designed to introduce them to careers in nursing. In June, we invited the Nurse Camp participants from last summer to return to the campus for a two day “mini-camp.” We appreciate the support of the nursing community for making this possible. So many groups and individuals helped us to plan and provide learning opportunities for the students. One student said, “Camp is a great way to spend two weeks of summer vacation because you learn so much in such a short time and still have fun.” Another summed up the experience with the following comment, “I never knew nurses could go into so many fields and that they cared so much for their patients.”

Please look inside this newsletter for an important update on the continuing education requirements for nurses.

Milestones - Welcome to Professor Bojana Beric

The School of Nursing and Health Studies is pleased to welcome our first lecturer in Health Studies. Dr. Bojana Beric is originally from Yugoslavia, where she earned a Medical Degree before moving to the United States in January, 1984. In 1997, she earned a MA in Health Education from Montclair State University and in 2005 a Doctor of Philosophy from the Steinhardt School of Education at NYU.



In health studies, her academic interest is in the area of health promotion and health education. She presented her dissertation on action learning and empowerment at the World Congress on Action Research held this past August in a small university town, Groningen, Netherlands. She says that action learning, "Is not a mainstream and certainly not a well-defined and established research area. Through action learning students can learn while participating in activities, or, on the other hand, students can manifest their learning and understanding through action, through participation in class discussion."

Bojana stated that she enjoyed the opportunity to participate in this international conference. She also noted, "the trip to Europe always excites me, because wherever I land, it's always closer to my home, formerly known as Yugoslavia, than my everyday life." Bojana enjoys traveling and numerous outdoor activities such as tennis, soccer, biking, winter sports, ice skating, cross-country skiing and gardening.

She lives in Short Hills with her husband, Aleksandar Beric, MD, Dr Sci, Professor of Neurology at NYU School of Medicine. They have one child, Teodor, who is studying Information Technology and Web Design as a senior at LaSalle University. She also shares her home with two dogs, Nibbles (4 yrs) and Sunny (9 years), both American Eskimo breed.



Milestones - Faculty News

Laura Jannone, EdD, MS, RN - completed her doctoral studies at Teachers College, Columbia University. She wrote an editorial that appeared in the Asbury Park Press, July 14, "School Nurses Well Qualified" in response to a proposal by the State Board of Education which would allow districts to have School Nurses in the schools on a part-time basis.

Sue Polito, RN, MSN - was accepted into the University of Virginia's Post-Master's Gerontology Nurse Practitioner's program and was the recipient of the Harriet L. Foster and Seymore Fagg Mitchell Scholarship. She presented three posters this past year: "Nursing and Spirituality: A Spoke in the Umbrella of End-of-Life Care" at the New Jersey State ELNEC Convention, Atlantic City, March, 2006 and "Behind Closed Doors: Sexuality and the Elderly" at the National Organization of Nurse Practitioner Faculties (NONPF) in Lake Buena Vista, FL in April, 2006. She received an "Outstanding Poster Presentation Award" for this presentation. She also presented "Peeking through the Keyhole: Sexuality and the Elderly" at the American Academy of Nurse Practitioners, Dallas, TX, in June, 2006.

Patricia Reineke, MS, RN, CSN - co-authored an article, "Promoting Cardiovascular Health in Children and Adolescents", published in the Journal of Cardiovascular Nursing and presented a poster at the NASN Annual Conference in July, 2006.

Sharon Stark, RN, DNS-c - authored an article on "HIV After Age 55", published in The Nursing Clinics of North America, 2006.

Milestones – Student & Alumni News



Greetings from Monmouth University!

Dear Alumni, We wish you were here! Your news should be appearing on the Milestones page! Drop us a line with an update. 732-571-3443 or email bpaskewi@monmouth.edu

Eileen Allen, RN, MSN 05 – was elected to the board of directors of the International Association of Forensic Nurses (IAFN) and will serve as treasurer for this organization. She was also elected to the board of the Regional Peri-natal Consortium of Monmouth and Ocean Counties (RPCMOC).

Jennifer Aviado-Gurico, RN, MSN 05 - now Jennifer Aviado-Langer, currently resides in Hyde Park NY, and is working with Dr. Chitranjan Ranawat, Chief of Orthopedics, Lenox Hill Hospital, NYC. She was instrumental in developing a patient satisfaction initiative designed to improve the practitioner’s response to patient’s complaints and concerns. She devised an acronym H-E-A-R-T which stands for “Hear the patient, Empathize, Apologize, Rectify the problem and Thank the patient for bringing up the issue.”

Jackeline Biddle, RN, BSN 95’ Esq – was appointed to fill a vacancy on the Long Branch City Council. With this appointment she holds the distinction of being the first Hispanic to serve on the Council.

Christine Dewitt-Parker, RN, BSN, current MSN student - has offered a “Fun and Fitness” program at the Brielle Elementary School for the last four years. This exercise and nutrition program for 3rd, 4th and 5th graders was highlighted in an Asbury Park Press series on issues and problems facing students and parents in schools.

Sue Karl, RN, current BSN student - received the Governors Nursing Merit Award for Acute Care. This award recognizes individuals who demonstrate excellence in nursing. Congratulations Sue!

Diane Lynch, RN, current MSN student - had an editorial published in the Asbury Park Press on the importance of full-time nurses in school districts titled, “Access to Care a Necessity.”

Catherine McDonald, RN, MSN 06’ – is currently enrolled in UPENN’s PhD program and had an article published in the Journal of School Nursing, August 06’, on “Self-Mutilation in Adolescents.”

Joanne McGurl, RN, MSN 06’ – presented a poster on the results of research conducted with Dr. Ciria Fraser on “Psychometric Testing of the Americanized Guys’ Neurological Disability Scale” at the 20th Consortium of Multiple Sclerosis Centers Annual Meeting in Scottsdale, AZ, June 2006.

Janette Parsons, RN, current MSN student - was inducted into the Lambda Delta International Honor Society of Sigma Theta Tau last spring as a Graduate student.

The Summer Photo Gallery - Nurse Camp 2006!



Barbara Paskewich
& Laura Jannone



The Counselors 2006



Nurse Camp 2006



Mini Camp 2006

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Monmouth University Professional Nurses Association

Notes from Kathy Brady, President 2006-2007

The new officers for MUPNA are Kathy Brady-President, Jill Guy-Vice-President, Pat Adams-Secretary, and Rex David Gido-Treasurer. The fall social will be held on October 11th, 3:30-7:00, room 302 McAllan Hall. Stop by the social for food and drinks before or after your classes or during your break. MUPNA officers will be available to answer questions about the organization and the website. If anyone has suggestions for speakers, ideas for the website or discussion topics, feel free to let one of the officers know. Your input is important; this is our organization at the University!

The MUPNA web community is up and running. All current nursing students have access to the site through eCampus; log in with your webmail ID and password, then click on the link for communities. In the content section there is Information on scholarships, CEUs, Monmouth University events, and more. Topics for discussion are co-incidentally listed under discussion. You can e-mail other students from the class list or see who is online. When a student is currently online their name is highlighted in yellow across the class list table. Of note, if the little question mark in front any student's name is black, you can click on the question mark and read a student profile that they have written. MUPNA encourages you to make a profile; this is a way that we can all be a part of the nursing community.

There has been a request to change the previous Masters Degree Pin to a new design. This requires a new casting, so I am requesting that all Masters Students please vote on the design that they would like. An example of the current pin and the new design will be on the website and also on a flyer that will be passed out in class. This will be done as soon as possible so as to give the company sufficient time to produce a new pin if needed. All votes can be submitted to the nursing office and placed in the MUPNA mailbox. Thank you!



Make a Note of These Dates

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|---------------------|--|
| September 30 | The Memory Walk 06' - Lambda Delta Chapter of Sigma Theta Tau participates in this event every year. If you are interested in supporting TEAM SIGMA, please contact Joanne McGurl at (732)571-8603. |
| October 2 | Sigma Theta Tau Meeting - 6-9pm, Magill Commons, Club 109. |
| October 7 | The Epilepsy Foundation of New Jersey and The Monmouth County School Nurse Association (MCSNA) will present "A School Nurse Training Program - Managing Student's Seizures." For more info contact Laura Jannone, 732-263-5457. |
| October 11 | Founders' Day Convocation at Monmouth University
2:15 pm, Pollack Auditorium. |
| October 11 | MUPNA Fall Social - 3:30-7:30 pm, McAllan Hall, room 302. |

- October 17 **Annual Founders Dinner Program – The New Jersey Consortium of Chapters of the Honor Society of Nursing – Sigma Theta Tau International.** Carolyn Zagury, RN, PhD. will speak on “Evidence-Based Practice in Nursing: Building the Bridge from Classroom to Clinical Practice” at the Rutgers Club.
- November 6 **SIGMA Theta Tau Meeting** - 6-9 pm, Magill Commons, Club 109.
- November 13 **MCSNA Meeting** - 7-9 pm, Wilson Auditorium, Topic: Pandemic Flu. Presenter: Karen DeMarco, MPH, Monmouth Country Epidemiologist, Monmouth County Health Department.
- November 23 & 24 **Thanksgiving recess.**
- December 4 **Sigma Theta Tau Meeting** - 6-9 pm, Magill Commons, Club 109.
- December 15-21 **Final exam period** - Fall semester ends.
- January 22 **(tentative) MCSNA Meeting** - 7 pm, Wilson Auditorium, Topic: Bullying and Violence Prevention in NJ Schools. Presenter: The Violence Institute of NJ at UMDMJ.
- February 5 **Sigma Theta Tau Meeting** - 6-9 pm, Magill Commons, Club 109.

Continuing education hours ~
are now required for license renewal.



This year the NJ State Board of Nursing adopted a ruling that requires nurses to complete 30 hours of continuing education every two years. The programs must be related to nursing and approved by an agency accredited by the National Commission for Certifying Agencies, such as the ANCC. Successful completion of a course related to nursing offered by a college or university counts toward this requirement, as does the development of a curriculum. If you would like to read the details of this ruling, please visit the NJ Board of Nursing Website: <http://www.state.nj.us/lps/ca/adoption/nurado511I.htm>

The School of Nursing will continue to offer programs to meet these requirements and we intend to increase our offerings in the coming years. If there are topics that you would like to see offered or if you are interested in offering a program, please contact Barbara Paskewich at 732-571-3443 or email bpaskewi@monmouth.edu.

Continuing your Education *at Monmouth University*

Pediatric Physical Assessment

Saturday, October 21, 2006, 9:00 am—3:00 pm

Nursing Lab 3rd floor McAllan Hall

NJSNA Contact Hours: 6.0 (an approved ANCC provider)

Fee: \$70.00 / \$60.00 MU students A light lunch is included.

Pediatric Sexual Assault Nurse Examiner (SANE)

Wednesday-Friday, November 1, 2 & 3, 2006, 9:00 am-5:00 pm

Monmouth County Agriculture Building, Kozlowski Road, Freehold, NJ

NJSNA Contact Hours: 6.0 (an approved ANCC provider)

Fee: \$275.00 A light lunch is included.

Eldercare: Removing the Barriers to Healthy Aging

Friday, December 1, 2006, 9:00 am-3:00 pm

Co-sponsored with Jersey Shore University Medical Center

Fee: \$70.00 / \$60.00 MU students and Meridian employees

A light lunch is included.

Public Speaking for Health Professionals

Monday, December 4, 2006, 6:00-9:00 pm

Co-sponsored with Monmouth Medical Center

Club 107, 108, 109, Magill Commons

Fee: \$50.00 / \$40.00 MU students

Sexual Assault Nurse Examiner (SANE) Program, January 3, 6, 10, 13, 17 & 20

Wednesdays 1:00-9:00 pm, Saturdays 9:00 am-5:00 pm

Nursing Lab 3rd floor McAllan Hall, Room 329

Fee: \$650.00 NJSNA Contact Hours: 42.7

Writing Workshop, Thursday, January 11, 3:00-6:00 pm

McAllan Hall Room 226

Fee: \$40.00 / \$35.00 MU students

Continuing Education Registration Form

Please return with payment to: Monmouth University, School of Nursing and Health Studies

Attention: Barbara Paskewich, West Long Branch, NJ 07764 Phone: (732)571-3443

If you would like to register by credit card, please contact Diane Hansen @ (732)571-3443.

Name _____

Address _____

Phone _____

Email _____

<u>Sign up for:</u>	<u>Date</u>	<u>Fee</u>
Pedi Assessment	10/21	\$70/\$60
Pedi SANE	11/1,2,3	\$275
Eldercare	12/1	\$70/\$60
Public Speaking	12/4	\$50/\$40
SANE	1/3-1/20	\$650
Writing Workshop	1/11	\$40/\$35
Amount enclosed _____		
Make checks payable to Monmouth University		

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Marjorie K. Unterberg
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*The Marjorie K. Unterberg
School of Nursing and Health Studies
Newsletter - Fall 2006*

Look inside:

- Dates to remember
- Student and alumni news
- Contact information
- Continuing education

Current students – It's  to register for the Spring semester. Please contact your advisor in October.