

# NOTES ON NURSING

## Marjorie K. Unterberg School of Nursing and Health Studies

Volume III, Issue 4

October 2001

*September 11, 2001* was a day we will not forget. In our community we watched with horror as the events unfolded on television, we saw the smoke on the horizon, and we waited to hear news of friends and family. The faculty and the students in the School of Nursing did what we could to help, as people did across the country. Many were called to work extra shifts, some met the boats as they brought the survivors into the local harbors, and many placed calls to be added to the list of available volunteers. Yet there was so little we could do. Each of us was affected in some way and we continue to feel the impact of this tragedy every day. Please know that our thoughts go out to our friends and co-workers who have experienced the incomprehensible.

*May peace be with you.*

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From the Dean's Desk  
Marilyn M. Lauria, R.N. Ed.D.

In August I was invited to attend a luncheon and press conference called by Congressman Rush Holt and Senator Joseph Vitale. The program was held at Robert Wood Johnson University Hospital in New Brunswick. The focus of this meeting was to discuss strategies to combat the current and looming nursing shortage.

Attendees included myself, representatives from the nursing staff and administration of Robert Wood Johnson, the Assistant Dean of Nursing from the College of NJ, and a representative from Rutgers Newark School of Nursing.

Congressman Holt and Senator Vitale continue to champion the needs of nurses. The shortage of nurses is a topic of that is frequently discussed as its impact is far reaching. The American Association of Colleges

of Nursing (AACN), recently compiled data on the nursing shortage. One statistic they cited was released by the American Hospital Association in its June issue of *Trendwatch*. They report that 126,000 nurses are needed to fill vacancies in hospitals across the nation. Data from the National Council of State Boards of Nursing, revealed that the number of students taking the RN exam has dropped from a total of 96,438 in 1995 to 71,392 in the year 2000. These statistics offer a true picture of the crisis at hand.

We continue to focus on ways to meet the needs of the Nursing community. The School Nurse Certificate Program and the MSN program show increasing enrollment. As the school age population has skyrocketed in Monmouth County we are pleased to be offering a School Nurse Certificate program that is both challenging and rewarding. We are exploring new areas of interest for Graduate and Certificate Programs. Details will follow in the months to come.

# Notes on Nursing - Milestones

You may have noticed that the Newsletter has changed hands and there is a new contact person for the Continuing Education programs.

## Goodbye to Maureen Eng

As of August 20th, Maureen Eng resigned from the position of Special Projects Coordinator and is now the Director of the Robert Wood Johnson University Hospital Home Care Department. This was a return to home care for Maureen who had spent much of her career in home care and hospice.

Maureen sent us an e-mail on October 4, and she wrote, I enjoyed working at Monmouth University with Dean Lauria and all the nursing faculty and staff for the past 2½ years, but I am very happy to return to home care, which is my first love. If I can be of assistance to any of the students or faculty at Monmouth, please do not hesitate to call. Maureen will be missed. **Welcome to Barbara Paskewich.**

Barbara Paskewich has assumed the position of Special Projects Coordinator with the School of Nursing. Barbara is an RN, and holds a Bachelor's Degree in Communication from Monmouth University where she received the Department of Communication's Academic Achievement award in 1997. She earned a Masters Degree in Health Education from Montclair State in 1999.

Barbara is very interested in how the communication process affects personal health and health care and intends to continue her studies in this area. She did research for partial fulfillment of her Master's Degree on Consumers use of the internet/www for health information.

Her experience in Nursing includes telemetry, ICU/CCU, and high-tech home care. She owned a small business, Infusion Designs, in which she designed, developed, and marketed a line of teaching aids for IV therapy education.

In addition to tackling special projects at Monmouth University she teaches Critical Discourse for the Department of Communication and is an Effective Speech instructor at Brookdale Community College.

Barbara resides in Atlantic Highlands with her husband and two daughters Devon age 17 and Marissa age 15.

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## Monmouth University School of Nursing Students, Faculty, and Alumni

**Dona Rosenbaum RN, MSN 2000**, was promoted to the position of Director of Training and Development at Monmouth Medical Center.

**Dr. Janet Mahoney - BSN 87**, Has been awarded tenure and promoted to Associate Professor. She was the keynote speaker at a luncheon sponsored by Community Medical Center in Toms River to recognize excellence in Nursing.

**Eileen Gavin BSN student** has received an award for academic achievement and will be honored as a C.R. Bard Nursing Scholar.

**Dr. Cira Fraser s** - article entitled: Predictors of Adherence to Copaxone Therapy in Individuals with Relapsing Remitting Multiple Sclerosis was published in the Journal of Neuroscience Nursing. October, 2001.

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Ralph Price 1945-2001

It is with sadness that we report the death of a student. Ralph Price was a BSN graduate who was enrolled in the MSN program when he became ill. We extend our sympathy to his classmates and his family.



## Notes on Nursing- Faculty and School Organizations

### Fall Semester 2001-Faculty Office Hours and Contact Information

**Attention all students** please pay close attention to your graduation audits. You will receive a copy in the mail this semester, **review it carefully**. If there are any problems or discrepancies, leave a copy with notations in Dr. Rosen's mailbox.

A reminder that all students should meet with their advisors no later than mid-November to set up their course schedule and to register for Spring 2002. The number for the School of Nursing is 571-3443.

Dean Marilyn Lauria  
571-3443  
Hours by appointment

Dr. Cira Fraser  
263-5294  
Monday 2:30-4:30 pm  
Tuesday 2:30-4:30 pm  
& by appointment

Dr. Patricia Given  
263-5216  
Monday 2:30-4:30 pm  
Tuesday 3:30-5:30 pm  
& by appointment

Dr. Janet Mahoney  
263-5271  
Monday 2:30-4:30 pm  
*Tuesday & Wednesday by appointment*  
Thursday 2 4:00 pm

Dr. Linda Rosen  
571-3692  
Monday 2:30-4:00 pm  
Tuesday 2:30-4:00 pm  
Thursday 11 12 pm

Professor Sharon Stark  
571-3691  
Monday 1 4:00 pm  
Tuesday 1 3:00 pm  
& by appointment

Professor Mary Anne Troiano  
571-4431  
Monday 4:30-7:30 pm  
Tuesday 1:30-4:00 pm  
Wednesday 11 12 pm

Professor Laura Jannone  
263-5457  
Monday 1-3:00 pm  
Tuesday 1-3:00 pm

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#### **MUSNA News from Monmouth University Student Nurse Association.**

Join the MUSNA ! Students may register for MUSNA via the School of Nursing web site.

MUSNA has Monmouth University School of Nursing polo shirts for sale in sizes L and XL. They navy blue with white embroidery and are available for \$25 each.

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#### **Palliative Care Program held at Monmouth University**

This fall the School of Nursing joined with Monmouth Medical Center (MMC) and presented a two day conference on palliative care. The goal of the program was to provide healthcare workers with a comprehensive understanding of the issues of families and patients faced with chronic and terminal illness. The conference focused on many aspects of palliative care including; pain and symptom management, spiritual issues, ethics, issues of policy and law, and techniques for effective communication.

The speakers included Rosemarie Hertting the Palliative Care Coordinator from MMC and several professionals including, physicians, nurses, social workers, and spiritual leaders from MMC who are currently practicing in diverse areas of health care. They shared their extensive experience caring for patients and families in this emerging field. The program was well received.

## Notes on Nursing Student & Faculty News

### Milestones - Welcome to Professor Diane Meehan

On behalf of the faculty, the staff and the "Monmouth University Community" we welcome Professor Diane Meehan. Diane joins the School of Nursing and Health Studies as an Assistant Professor with 23 years of Nursing experience. She is a practicing Family Nurse Practitioner working in pediatrics and adult care at Staten Island University Hospital. Diane appreciates the proactive role of the Nurse. When asked what drew her to the Nursing profession, Diane stated, "Through Nursing, you can almost always effect a positive change in people."

At this time Professor Meehan is preparing to defend her dissertation at Aldelphi University. The topic of her research is "The Experience of Mothering a 3-6 year old with hemi-paresis." She concentrated on this area of study because of a personal experience with her own child. As a nurse she felt that there should be greater understanding in this area. She found little in the literature to help Nurses or families regarding pediatric stroke.

Diane is married and has 2 daughters, Erin who is 16 and Kayla who is 3. She laughed when asked about her interests outside of nursing. With a smile, she commented, "There is very little time left after work, family and graduate school. Entertainment? What's entertainment?"

### Faculty

**Dr. Cira Fraser**-presented a program entitled "Wellness and Multiple Sclerosis" for the Consortium of Multiple Sclerosis Centers International Conference with Jane Johnson of King's College Hospital N.H.S. Trust of London, England. She presented Multiple Sclerosis and Disease Modifying Agents at the JFK Rehabilitation Institute for The American Association of Neuroscience Nurses Chapter Meeting in Edison New Jersey in March.

**Laura Jannone, RN, MS**-presented her Pediatric Assessment Program to the School Nurse Educator Consortium Group at the National Association of School Nurses National Conference in Orlando in June. In July she presented a program on Cardiovascular Assessment of the School Age Child to the National Association of School Nurses Regional Conference in Atlantic City. She received the Isabel H. Robb scholarship at Teachers' College at Columbia University where she is a Doctoral Student in Nursing Education.

**Dr. Janet Mahoney**- presented a poster in August, at the Faculty Development Summer Institute 2002: Pathways to Teaching Excellence" in Toronto, Canada. She had three articles published in 2001. "Leadership Skills for the 21st Century" can be found in the Journal of Nursing Management.

**Dr. Linda Rosen**-was elected chair of the faculty council for the year 2002-2003.

**Sharon Stark, RN, MSN** - gave a podium presentation for the Eastern Nurses Research Society at State College, PA in March. The presentation focused on CNS-NP education. She presented a lecture on "Credentialing for Competence: Licensure, Certification, or Both" at the American Nurses Association 2002, Biennial Convention in Philadelphia. This Spring she presented a poster at the New Jersey State Nurses Association Conference in Atlantic City on "Health Promotion Strategies That Influence Health Outcomes: What Factors Affect Health Promotion Among the Elderly."



Hannelore Sweetwood EdD.

It is with sadness that we report that Hannelore Sweetwood passed away on March 22, 2002.

She was an Adjunct Professor at Monmouth University and an active member of Sigma Theta Tau. She was a leader, researcher, educator, mentor and a friend to many in the nursing community.

She will be missed.

# Notes on Nursing Student & Faculty News



## Current Students & Alumni

**Maryann Crowther, BSN, MSN, APN '99** - received the Janice M. Marchetti Leadership award from the Lambda Delta Chapter of Sigma Theta Tau International Honor Society of Nursing for the year 2002 at the induction program on June 2nd.

**Sue Polito RN, BA**—currently enrolled in the MSN program was selected to receive the Health Research and Educational Trust of NJ Career Scholarship.

**Laura Sofield, RN, MSN**, is currently enrolled in the Adult Tract NP Advanced Certificate Program. Has received the 2002 Kean University MSN Alumni Award and was the key note speaker at the Sigma, Theta Tau—Iota Mu Chapter at Texas Tech University at Lubbock, Texas for their Research and Leadership conference. She has recently taped a one hour CEU program for Healthnet.

**Tracy Christensen Wolfman, BSN '00**, has opened "We Care-Adult Care" in Middletown NJ. Now in its third year this center provides day care for senior citizens. This unique facility provides a wonderful service to the community in which clients can receive quality care, supervision, and health services.

## Lambda Delta News

*Notes from Kathy Armstrong—Lambda Delta President 2001-2002*

The Lambda Delta Chapter of Sigma, Theta Tau, held it's annual member induction ceremony on June 2nd 2002 at the Waterview Pavilion in Belmar. The Janice Marchetti Leadership Award was presented to Mary Anne Crowther, RN, MSN, APNC, CCRN. She also received the Governor's Nursing Merit Award for Professional Advanced Practice Nursing.

## **Congratulations to the following new members who were inducted this year!**

### **BSN**

Elizabeth Cunniff  
Lynn M. Haley  
Christina M. Lardino  
Joanne W. McGurl  
Carolann O'Connor  
Marilyn R. Tominus

### **MSN**

Rosario S. Conde  
Kathleen Gelchion  
Paula Imai  
Lolita Jacob  
Lydia Jargowsky  
Virgina Kimerling  
Mary Jean Kinsella  
Donna Knowles  
Donna J. MacLachlan

### **Community Leaders**

Donna Cardillo  
Kathleen Napoliton  
Loretta Ninivaggi  
Patricia A. Reiff  
Rebecca Welter

### **Transfer**

Vicki De Noia  
Robyn Foster  
Christine Landes

## **Monmouth University School Nurse Certificate Program**

*Notes from Laura Jannone RN, MS Program Coordinator*

We were honored to acknowledge the first group of Certified School Nurses as they completed the School Nurse Certificate Program in May. Now congratulations are again in order, 10 of them have already found school nurse positions!

The Monmouth County School Nurses Association (MCSNA) continues to hold meetings at Monmouth University. The following meetings are scheduled at this time: Nov 9, in the Club, 9am-12 (breakfast); Nov 18, Wilson Auditorium, 6-9pm; Jan 13, Wilson Auditorium, 6-9pm; March 24, Wilson Auditorium, 6-9pm; & April 5, in the Club, 9am-12 (breakfast).

If you are not a member of this organization you are welcome to attend, a nominal fee is requested.

**If you would like more information please contact Laura Jannone at 732-263-5457 or Lorraine Chewey, current MCSNA president at 732-531-5690.**

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# Notes on Nursing For Your Information



## Computers and Health: Finding Information on the Internet *Are you tangled in the web?*

There are a variety of ways in which we can approach searching for information on the Web. The most common is to select a general purpose search engine such as Yahoo!, AltaVista, Google, etc. insert a keyword and hope for the best.

More advanced searchers will take the search process a bit higher and use metasearch engines (e.g., Dogpile, Mamma, Profusion, etc.)\* to find the information they want. One of the limitations of these approaches is that we tend to get results which are unevaluated in any formal way. What shows up in the search as a "hit" depends on (among other things) the keywords position on the page of various sites, its frequency of appearance on the "splash" or site home page or if the keyword has been "meta-tagged" as part of the computer code of the site. In addition, to increase the probability of getting more relevant sites, searchers have to use tools such as "Boolean operators" (and, or, not, near etc.) to refine a given research.

An easier way to get more relevant returns is to use search tools which are labeled as either desktop searching tools or client-side metasearch agents. The one I would recommend is Copernic. The advantages of tools such as Copernic is that they (1) query up to 1000 search engines grouped in 96 categories, (2) provide thumbnail description of sites, (3) array returns by relevancy, and (4) offer the ability to export the results of a given search into a Excel file for creating "Webliographies." Importantly, searches can be conducted within given categories of the Web or segments such as health, politics, environment, etc.

Check out Copernic and see if it fits your needs. Happy Searching!

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### *Nursing Faculty Position*

*The School of Nursing and Health Studies is currently looking for adjunct faculty for the Spring semester. Possible openings include undergraduate and graduate Nursing and Health Studies courses. Both day and evening sections may be available. If you are interested or know someone who is please send a current resume (C.V.) to Dean Marilyn Lauria at*

*Monmouth University*

*Marjorie K. Unterberg School of Nursing and Health Studies*

*West Long Branch, NJ, 07764*

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### **School of Nursing Contact Information**

**Main Number: Karen Lapenta & Diane Hansen 732 - 571 - 3443**

|             |           |                   |           |
|-------------|-----------|-------------------|-----------|
| Dr. Lauria  | 263-5494  | Prof Troiano      | 571-4431  |
| Dr. Mahoney | 263-5271  | Prof. Jannone     | 263-5457  |
| Dr. Rosen   | 571-3692  | Prof. Meehan      | 263-5216  |
| Dr. Fraser  | 263- 5294 | Barbara Paskewich | 571- 3694 |
| Prof. Stark | 571- 3691 | FAX               | 263- 5131 |

*We are always looking for news regarding our students and Alumni for the newsletter. Please contact us if you have something to add. We would love to hear from you!*

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## Notes on Nursing

### Continuing Education



#### ***Avoiding Deadly Food and Drug Interactions- Wednesday, October 2, 5:30-9pm***

This program Will be held at the Club at Monmouth University. The fee is \$45. (\$35. for Monmouth University Students) The club will be open for buffet and seating at 5:30

**Presenter: Marie Miczak, D.Sc., Ph.D., CNC**

This seminar is designed to help the Practitioner develop the knowledge to recognize and prevent deadly food, drug, vitamin and medication interactions. The attendees of this continuing education program will come away with an understanding of which herbal and vitamin products are potentially hazardous and what precautions can be taken.

#### ***Nursing Practice Pitfalls: Reducing your Risk of Liability—***

**Monday, October 21 5:30-9pm**

This legal issues seminar will be held at the Club at Monmouth University from 5:30-9pm. The fee is \$45. & (\$35. for Monmouth University Students). The club will be open for Buffet and seating at 5:30

**Presenter: Paula Garra Sawyer, R.N., J.D.**

This seminar will serve to prepare nurses to recognize areas of potential liability. Practical strategies will be presented to avoid the most common errors and pitfalls encountered on a day-to-day basis by nurses in a variety of settings.

#### ***Adult Physical Assessment Tuesday, November 12 4-8pm***

Nursing Lab 3rd floor McAllan Hall, NJSNA Contact Hours: 4.0 (pending approval by the NJSNA). The fee is \$50. (\$40. for Monmouth University Students). A light dinner is included.

**Presenters: Joel Jannone, M.D., Internal Medicine and Family Practice  
Carol Posch, RN, MSN, CS, APN-CM-C, Internal Medicine and Family Practice**

This 4-hour seminar will demonstrate a systematic approach for the health assessment of the adult client. The focus will be on developing the skills and techniques used for routine screening and evaluation. A series of case studies will be presented to guide the participants in identification of abnormal findings and planning for appropriate treatment methods.

#### ***Pediatric Physical Assessment- Saturday, November 16 9-3pm***

Nursing Lab 3rd floor McAllan Hall, NJSNA Contact Hours: 6.0

The fee is \$60. (\$45. for Monmouth University Students). Lunch is included in the program fee.

**Presenters: Steve Miller, DO, Pediatrician with Navesink Pediatrics  
Laura Jannone, RN, MS, Coordinator of the School Nurse Certificate Program and  
Faculty Member at Monmouth University**

This 6-hour course will focus on the assessment of the school age child. The objectives include developing techniques for assessing and planning appropriate nursing interventions in the following areas: respiratory, cardiovascular, dermatological, musculoskeletal, and psychosocial.

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# Notes on Nursing

## Continuing Education Registration Information

| Date of Workshop                 | Workshop  | Registration fee | Monmouth Students | Indicate course here |
|----------------------------------|---|------------------|-------------------|----------------------|
| Wednesday<br>October 2,<br>2002  | Avoiding Deadly Drug Interactions<br>Dinner lecture | \$45.00          | \$35.00           |                      |
| Monday<br>October 21,<br>2002    | Legal issues<br>Dinner lecture                      | \$45.00          | \$35.00           |                      |
| Tuesday<br>November 12, 2002     | Adult Assessment<br>A light supper is included      | \$50.00          | \$40.00           |                      |
| Saturday<br>November 16,<br>2002 | Pediatric Physical Assessment<br>Lunch is provided  | \$60.00          | \$45.00           |                      |
| <b>TOTAL</b>                     |   |                  |                   |                      |

Use one form per person. Duplicate this form for additional registration purposes.

**Please place a check in the box next to the program(s) you plan to attend and include the application fee. Registration must include full payment. Make checks payable to Monmouth University.**

**Refund Policy–Refunds will be granted if the program is canceled due to limited enrollment. If you withdraw from the course at least 5 working days in advance the fee may be applied to another continuing education program (sorry, this does not apply to “no shows”).**

**Program registration is limited so please register early.**  
Please provide the following information:

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone \_\_\_\_\_ (work) \_\_\_\_\_ (home/cell)

Send registration form with check to:

Monmouth University  
Marjorie K. Unterberg School of Nursing and Health Studies  
400 Cedar Ave  
West Long Branch NJ 07764

If you would like more information please contact Barbara Paskewich, Special Projects Coordinator- 732 - 571 - 3694 or email [Bpaskewi@monmouth.edu](mailto:Bpaskewi@monmouth.edu) or visit our page at Monmouth University's site.