

Female Students of Single Family Households in Empowerment Group “Girls in Pink”

Kamilla Dosantos, Alexa Palmerini, Samantha Schweyher
Alyson Pompeo-Fargnoli Ph. D

Welcome to Girls in Pink!

We proposed female empowerment group that supports female students being raised in single family households.

Introduction

Our group, “Girls in Pink” is geared towards middle school females. and as they grow and develop mentally and emotionally, we as counselors can be an adult to mentor, guide, and support these ladies as they grow up with one parent. About 60 students and 80% of the students come from single family households. According to the Annie E. Casey Foundation, In the United States today, nearly 24 million children live in a single-parent family. This total, which has been rising for half a century, covers about one in every three kids across America.

Our Motto:



“Compassion, Strength, & Courage”

Plan & Purpose

Girls in pink is an established group that helps young adolescents cope with growing up in a single-parent household, stepping up to the plate to help out the family, doing adult tasks, and dealing with trauma from the absence of a parent. Our goal is to start a group where young ladies can come in before school and have an open and honest conversation where they can confide in each other, support each other, and find other classmates growing up in similar situations. Through this group, girls will find the courage to use their voices, and stand tall. Girls in pink gain self-esteem, and confidence, advocate for themselves, balance academics, learn coping skills to build resiliency, and how to wear a pink dress no matter what shape and style that may look like.

Social Justice

Children in single-family homes lack guidance and parental supervision which may result in them developing low self-esteem, engaging in negative behavior, and stress from taking on extra responsibilities at home. As Middle school counselors, our goal is to find ways to orient young girls on how to manage difficult times and learn to love and accept who they are regardless of the situation they are in. In recognizing the various barriers children in single-parent family homes face we developed a group solely focusing on any child that identifies as a girl in order for the group to maintain closeness. We as counselors make it our mission to advocate for students by providing individual and group counseling while also supporting their families and addressing any aspects that may be hindering their success.

Proposed Research

This poster includes a proposed research study on the effects a female support group has on students coming from a single-parent family household’s overall well-being and their academic success with the use of qualitative and quantitative self-reporting.

Stronger Together



Resources

The Annie E. Casey Foundation. (2022, August 1). *Child well-being in single-parent families*. The Annie E. Casey Foundation. Retrieved November 15, 2022, from <https://www.aecf.org/blog/child-well-being-in-single-parent-families>

Meetings

Meeting in room 128 at 3 pm every thursday!

Email us with with any questions at: girlsinpink@gardenstate.schools.nj.us