

# THE PROGRAM FOR RESEARCH AND SUPPORT FOR RETT SYNDROME



MONMOUTH  
UNIVERSITY

SCHOOL of  
EDUCATION

## ***“International Clinical Guidelines for the Management of Communication in Individuals with Rett Syndrome”***

DATE: June 6, 2022

TIME: 4:00 pm – 7:30 pm



### DESCRIPTION

Rett Syndrome (RTT) is a neurodevelopmental disorder that primarily affects girls. Symptoms begin to appear at about 6 to 18 months of age after a period of apparently normal early development. Regression follows, causing loss of speech, motor control & functional hand use. Other problems may include:

- Autonomic instability and sleep disturbances
- Autistic behaviors and sensory issues
- Impaired cardiac, circulatory and digestive functions
- Parkinsonian tremors
- Many varieties of seizures, often untreatable
- Anxiety
- Apraxia
- Dystonia
- Orthopedic problems including scoliosis and osteopenia

This online half-day session is designed for both parents and professionals. **Theresa Bartolotta** is a speech-language pathologist and the co-author of “Rett Syndrome Communication Guidelines”. This session will focus on communication strategies for individuals with Rett syndrome and complex communication disorders. Evidence-based strategies on how to increase interaction and communication potential in this population will be presented. This session will use guided case study videos from speech-language pathologists who work closely with individuals with Rett syndrome. AAC strategies will also be featured. Classroom teachers, speech-language pathologists, occupational therapists, physical therapists, and other educational professionals will learn valuable information that will assist their work with girls with Rett syndrome. Family members will gain valuable insight on communication strategies they can use with their children.



RETT SYNDROME  
Communication Guidelines



### AGENDA

- 3:45-4:00 pm Zoom sign-on
- 4:00-4:15 pm Welcome Remarks – Dean John Henning & Professor Cathleen Givney
- 4:15-5:15 pm Theresa Bartolotta PhD, CCC-SLP  
“International Clinical Guidelines for the Management of Communication in Individuals with Rett Syndrome”
- 5:15-6:00 pm Case Study #1 – Melissa Donovan, SLP
- 6:00-6:15 pm Case Study 1 Discussion
- 6:15-7:00 pm Case Study #2 – Kristin Geraghty, SLP
- 7:00-7:15 pm Case Study 2 Discussion
- 7:15-7:30 pm Q&A and Discussion

### LEARNER OUTCOMES

- 1) Describe the methodology for development of clinical guidelines for management of communication in individuals with Rett syndrome.
- 2) Identify strategies for assessment of communication in Rett syndrome.
- 3) List guiding principles for development of communication intervention plans for individuals with Rett syndrome.

Please register at this site:

[https://secure.touchnet.net:443/C21067\\_ustores/web/product\\_detail.jsp?PRODUCTID=438&FROMQRCODE=true](https://secure.touchnet.net:443/C21067_ustores/web/product_detail.jsp?PRODUCTID=438&FROMQRCODE=true) For information please contact Trish Bartlett – email [tbartlet@monmouth.edu](mailto:tbartlet@monmouth.edu) or call 732-263-5487.



ASHA CE  
APPROVED PROVIDER

New Jersey  
Speech-Language-Hearing  
Association  
Introductory Level  
0.35 ASHA CEUs

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### SPEAKER DISCLOSURE

#### **Theresa Bartolotta**

Financial: Receives honorarium for this presentation

Non-financial: Serves as a Member of the Program for Research and Support for Rett Syndrome advisory board; family member affected by topic of this presentation

#### **Cathleen Givney**

Financial: Employed by Monmouth University as a salaried specialist professor

Non-financial: Serves as a Member of the Program for Research and Support for Rett Syndrome advisory board

#### **Melissa Donovan**

Financial: Receives honorarium for this presentation

Non-financial: Serves as a Member of the Program for Research and Support for Rett Syndrome advisory board; speaking about cases from place of employment Garden State AAC

#### **Kristin Geraghty**

Financial: Receives honorarium for this presentation

Non-financial: Serves as a Member of the Program for Research and Support for Rett Syndrome advisory board; speaking about cases from place of employment PG Chambers School

#### **Jennifer Jacobs**

Financial: Receives honorarium for this presentation

Non-financial: Speaking about cases from place of employment PG Chambers School



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