

B.S. in Health Studies		
MAJOR REQUIREMENTS/HEALTH STUDIES: 41-42 Credits		Credits
33 Credits	HE101: Strategies for Healthy Living HE160: Substance Use & Abuse HE212: Health: A Lifelong Process HE225: Mind Body Connection NU/HE324: Human Sexuality: Implications for Health HE335: Promoting Health in Communities HE380: Nutrition and Health HE420: Principles of Health Education HE430: Health Advocacy HE440: Health Policy HE485: Sr. Seminar in Health	3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0
Elective Credits:	Choose 3 from: HE215: Wellness and Fitness HE235: Human Aging HE330: Women's Health HE340: Environmental Health HE/NU360: Transcultural Health HE/NU365: Wisdom Wellness & Aging HE370: Alternative/Complementary Health HE375: Health in Developing Countries HE398: Special Topics in Health HE399: Independent Study in Health HE476: Interpersonal Violence HE498: Special Topics in Health HE499: Independent Study in Health PE201: Safety & First Aid PE351: Prevention and Care of Athletic Injuries PR422: AIDS & The Global Society PR433: Death and Dying	8.0-9.0
REQUIREMENTS OUTSIDE MAJOR: 14 Credits		Credits
	PY103: Introduction to Psychology SO101: Introduction to Sociology BY111: Anatomy and Physiology I BY112: Anatomy and Physiology II	3.0 3.0 4.0 4.0
FREE ELECTIVES: 34-35 Credits		Credits
	_____ _____ _____ _____ _____ _____ _____	34-35.0

B.S. in Health Studies		
GENERAL EDUCATION REQUIREMENTS: 39 Credits		Credits
English	EN101: College English I	3.0
	EN102: College English II	3.0
Literature	EN201: Literature I	3.0
	EN202: Literature II	3.0
History	HS101: Western Civilization In World Perspective I	3.0
	HS102: Western Civilization In World Perspective II	3.0
Information Technology	IT100: Information Technology	3.0
Critical Discourse	HU201: Critical Discourse	3.0
Science	Fulfilled in Requirements Outside the Major	0.0
Mathematics	MA100: Quantitative Reasoning & Problem Solving	3.0
Social Science	Fulfilled in Requirements Outside the Major	0.0
Aesthetics	AR101: Art Appreciation	3.0
	or MU101: Music Appreciation	
	or TH101: Theater Appreciation	
	or DA101: Dance Appreciation	
Cross Cultural (may be fulfilled in required health studies courses)	Two courses chosen from the set of approved courses	3.0
	or 6 credits in the same foreign language	3.0
Perspectives (may be fulfilled in required health studies courses)	PRxxx	3.0
Experiential Education	EX001 (Fulfilled in major requirements)	0.0
Demonstration of Writing Proficiency	WP001	0.0
Writing Intensive Requirement	Two Health (HE) courses designated as course type WT	0.0
		0.0
<b>TOTAL CREDITS FOR B.S. IN HEALTH STUDIES = 128.0</b>		

**NOTES:**

\* 58 credits must be completed at the 200 level or higher.