

MONMOUTH UNIVERSITY
Office of Registration & Records
Sequence Chart
2009-2010

HE08.GE09

Academic Program: B.S. in Health Studies

Semester 1

COURSE	TITLE	CREDITS
EN 101	College English I	3
PY 103 or SO 101	Intro Psychology or Intro Sociology	3
MA 100 or IT 100	Quant. Reason & Prob Solv or Information Technology	3
HE 101 or HE160	Strat Healthy Living Substance Use & Abuse	3
LC 100	Freshman Seminar	1
Elective		3
	TOTAL	16

Semester 2

COURSE	TITLE	CREDITS
EN 102	College English II	3
SO 101 or PY 103	Intro Sociology or Intro to Psychology	3
IT 100 or MA100	Information Technology or Quant. Reason & Prob Solv	3
HE 160 or HE101	Substance Use & Abuse Strat Healthy Living	3
Elective		3
	TOTAL	15

Semester 3

COURSE	TITLE	CREDITS
HS 101	West Civ I	3
BY 111	Anat & Physio I	4
HE212 or HU201	Lifelong Health or Critical Discourse	3
HE225 or Aesthetic	Mind Body Connection or AR/NU/TH/DA101	3
Elective		3
	TOTAL	16

Semester 4

COURSE	TITLE	CREDITS
HS 102	West Civ II	3
BY 112	Anat & Physio II	4
HE212 or HU201	Lifelong Health or Critical Discourse	3
HE225 Aesthetic	AR/MU/TH/DA 101	3
Elective		3
	TOTAL	16

Semester 5

COURSE	TITLE	CREDITS
EN 201 or EN202	World Literature I World Literature II	3
HE 335	Community Health**	3
HE/NU324 or HE380	Human Sexuality or Nutrition and Health	3
	*Cross Cultural or elective	3
HExxx	Health Elective	3
Elective		3
	TOTAL	18

Semester 6

COURSE	TITLE	CREDITS
EN 201 or EN 202	World Literature I World Literature II	3
HE/NU324 or HE380	Human Sexuality or Nutrition and Health	3
	*Cross Cultural or elective	3
HExxx	Health Elective	3
Elective		2
	TOTAL	17

Semester 7

COURSE	TITLE	CREDITS
HE 420	Principles Health Educ	3
HE 430 or HE440	Health Advocacy or Health Policy**	3
HExx	Health Elective	3
PRxx or Elective	Perspectives or Elective	3
Elective		3
	TOTAL	15

Semester 8

COURSE	TITLE	CREDITS
HE430 or HE 440	Health Advocacy or Health Policy**	3
HE 485	Senior Seminar Health	3
Electives		6
PRxx or Elective	Perspectives or Elective	3
	TOTAL	15

*See WEBadvisor "Sections Offered by Term" for complete listing of courses with type:

**Satisfies Writing Intensive Requirement

CC: Cross-Cultural
WT: Writing Intensive
EX: Experiential Education