

MINOR IN HEALTH STUDIES (MIN.HE)

| Code | Title | Credits |
|---|-------------------------------|-----------|
| HE-101 | Strategies for Healthy Living | 3 |
| Select 3 credits from Health (HE) at the 100 Level or higher | | 3 |
| Select 6 credits from Health (HE) or Physical Education (PE) at the 200 Level or higher | | 6 |
| Select 6 credits from Health (HE) or Physical Education (PE) at the 300 Level or higher | | 6 |
| Total Credits | | 18 |