

Bachelor of Science in Health Studies/Physical Education with Endorsement in K-12 Education in Health Studies and Physical Education

MAJOR REQUIREMENTS/HEALTH STUDIES: 30 Credits		MAJOR REQUIREMENTS/ED. K-12: 24 Credits (a)		
HE-101: Strategies for Healthy Living	3.0	ED-250: Foundations of Teaching & Learning	3.0	
HE-212: Lifespan Development and Health	3.0			
HE-260: Substance Use & Abuse	3.0	EDL-201: Educational Psychology	3.0	
HE-290: Health Research Methods	3.0			
HE-324: Human Sexuality: Implications for Hlth.	3.0	EDL-206: Child & Adolescent Development	3.0	
HE-380: Nutrition and Health	3.0			
HE-435: Community Health	3.0	ED-319: Content Literacy	3.0	
HE-440: Health Policy	3.0	ED-320: Teaching Students with Diverse Needs	3.0	
Guided Electives:				
Choose 6 credits from courses designated with Course*Type: HEPE	3.0			
	3.0			
MAJOR REQUIREMENTS/PHYS. ED: 18 Credits				
PE-220: Exercise Physiology	3.0	<u>9 credits as follows (b):</u>		
PE-230: Biomechanics/Kinesiology	3.0			
PE-310: Sport and Exercise Psychology	3.0		ED-416: Student Teaching AND	8.0
PE-340: Motor Development and Learning	3.0		ED-416S: Seminar in Student Teaching	1.0
Six Skills Courses:				
Choose at least 1 course from each category: Individual, Dual, and Team	6.0			
OUTSIDE MAJOR REQUIREMENTS: 17 Credits		EDUCATION K-12 CERT. REQUIREMENTS: 6 Credits (a)		
BY-111: Anatomy and Physiology I	4.0			
OR BY-211: Physiology with Anatomy I				
BY-112: Anatomy and Physiology II	4.0	ED-378: Methods of Teaching Health K-12	3.0	
OR BY-212: Physiology with Anatomy II				
PY-103: Introduction to Psychology	3.0	ED-379: Methods of Teaching Physical Education K-12	3.0	
SO-101: Introduction to Sociology	3.0			
MA-105: Math Model for Social Sciences				
OR MA-203: Foundations of Elementary Math	3.0			
FREE ELECTIVES: 3 Credits		Credits		
			3.0	

(a) Minimum grade of "C" required for Education Courses
 (b) Students must complete the appropriate test requirement(s) with a passing score PRIOR to Student Teaching.

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GENERAL EDUCATION REQUIREMENTS: 30 Credits		Credits
First Year Seminar	FY-101: First Year Seminar	3.0
Reading and Writing	EN-101: College Composition I	3.0
	EN-102: College Composition II	3.0
Mathematics	Fulfilled in Outside Major Requirements with Math Course	0.0
Natural Sciences	Fulfilled in Outside Major Requirements with Biology Courses	0.0
Literature	3 Credits from courses designated with Course*Type: LIT	3.0
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0
Technological Literacy	3 Credits from courses designated with Course*Type: TL	3.0
Reasoned Oral Discourse	Fulfilled in the Major Requirements with HE-212 or ED-320	0.0
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0
Social Science	Fulfilled in Outside Major Requirements with PY-103	0.0
Historical Perspective/Social Sciences	Fulfilled in Outside Major Requirements with SO-101	0.0
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP	3.0
Cultural Diversity and Global Understanding or Foreign Language	3 Credits from courses designated with Course*Type: CD	6.0
	and 3 Credits from courses designated with Course*Type: GU	
	or 6 Credits from the SAME foreign language	
Experiential Education	One course designated with Course*Type: EX	0.0
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0 0.0
	Two courses from Education (ED, EDL, EDS) designated with Course*Type: WT	0.0 0.0

Minimum Credits for Bachelor of Science in Health Studies/Physical Education with Endorsement in K-12 Education in Health Studies and Physical Education = 128.0

ADDITIONAL ENDORSEMENTS AVAILABLE:
 • ESL: Teacher of Students with Disabilities, K-12 • TSD: English as a Second Language, K-12

NOTES:

* 58 credits must be completed at the 200 level or higher.

** Education majors are required to have an overall GPA of 3.00 for State Certification.

***By state regulation, all Education Majors seeking content area endorsement must complete 30 content credits (12+ credits at the 300+ level).