

Bachelor of Science in Health/Physical Education with Endorsement in K-12 Education in Health and Physical Education			
MAJOR REQUIREMENTS/HEALTH STUDIES: 30 Credits		MAJOR REQUIREMENTS/EDUCATION K-12: 24 Credits (a)	
HE101: Strategies for Healthy Living HE160: Substance Use & Abuse HE190: Introduction to Health Research HE212: Lifespan Development and Health HE324: Human Sexuality: Implications for Health HE380: Nutrition and Health HE435: Community Health HE440: Health Policy  <b>Guided Electives:</b> Choose 6 credits from courses designated with Course*Type: HEPE	3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0  3.0 3.0	ED250: Foundations of Teaching & Learning  EDL201: Educational Psychology  EDL206: Child & Adolescent Development  ED319: Content Literacy  ED320: Teaching Students with Diverse Needs  <b>9 credits as follows (b):</b>  ED416: Student Teaching <b>AND</b> ED416S: Seminar in Student Teaching	3.0  3.0  3.0  3.0  3.0  8.0 1.0
MAJOR REQUIREMENTS/PHYS. ED: 18 Credits			
PE220: Exercise Physiology PE230: Biomechanics/Kinesiology PE310: Sport and Exercise Psychology PE340: Motor Development and Learning  <b>Six Skills Courses:</b> Choose at least 1 course from each category: Individual, Dual, and Team	3.0 3.0 3.0 3.0  6.0		
OUTSIDE MAJOR REQUIREMENTS: 17 Credits		EDUCATION K-12 CERT. REQUIREMENTS: 6 Credits (a)	
BY111: Anatomy and Physiology I BY112: Anatomy and Physiology II PY103: Introduction to Psychology SO101: Introduction to Sociology  MA105: Math Model for Social Sciences *OR* MA203: Foundations of Elementary Math	4.0 4.0 3.0 3.0  3.0	ED378: Methods of Teaching Health K-12  ED379: Methods of Teaching Physical Education K-12	3.0  3.0
FREE ELECTIVES: 3 Credits			Credits
_____ _____ _____ _____ _____ _____ _____ _____			3.0
(a) Minimum grade of "C" required for Education Courses (b) Students must complete the appropriate test requirement(s) with a passing score PRIOR to Student Teaching.			

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GENERAL EDUCATION REQUIREMENTS: 30 Credits		Credits
First Year Seminar	FY-101: First Year Seminar	3.0
Reading and Writing	EN101: College Composition I	3.0
	EN102: College Composition II	3.0
Mathematics	Fulfilled in Outside Major Requirements with MA105 or MA203	0.0
Natural Sciences	Fulfilled in Outside Major Requirements with BY111 & BY112	0.0
Literature	3 Credits from courses designated with Course*Type: LIT	3.0
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0
Technological Literacy	3 Credits from courses designated with Course*Type: TL	3.0
Reasoned Oral Discourse	Fulfilled in the Major Requirements with HE212 or ED320	0.0
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0
Social Science	Fulfilled in Outside Major Requirements with PY103	0.0
Historical Perspective/Social Sciences	Fulfilled in Outside Major Requirements with SO101	0.0
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP*	3.0
Cultural Diversity and Global Understanding or Foreign Language	3 Credits from courses designated with Course*Type: CD	6.0
	<b>and</b> 3 Credits from courses designated with Course*Type: GU <b>or</b> 6 Credits from the SAME foreign language	
Experiential Education	One course designated with Course*Type: EX	0.0
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0
	Two courses from Education (ED, EDL, EDS) designated with Course*Type: WT	0.0
		0.0

**Minimum Credits for Bachelor of Science in Health/Physical Education with Endorsement in K-12 Education in Health and Physical Education = 128.0**

**ADDITIONAL ENDORSEMENTS AVAILABLE:  
TSD: English as a Second Language, K-12  
ESL: Teacher of Students with Disabilities, K-12**

**NOTES:**

- \* 58 credits must be completed at the 200 level or higher.
- \*\* Education majors are required to have an overall GPA of 2.75 for State Certification.
- \*\*\*By state regulation, all Education Majors seeking content area endorsement must complete 12+ credits at the 300+ level in the content major.