

**Bachelor of Science in Health Studies/Physical Education with Endorsement in K-12 Education in Health Studies and Physical Education**

MAJOR REQUIREMENTS/HEALTH STUDIES: 30 Credits		MAJOR REQUIREMENTS/ED. K-12: 24 Credits (a)	
HE-101: Strategies for Healthy Living	3.0	ED-250: Foundations of Teaching & Learning	3.0
HE-212: Lifespan Development and Health	3.0		
HE-260: Substance Use & Abuse	3.0	EDL-201: Educational Psychology	3.0
HE-290: Health Research Methods	3.0		
HE-324: Human Sexuality: Implications for Hlth.	3.0	EDL-206: Child & Adolescent Development	3.0
HE-380: Nutrition and Health	3.0		
HE-435: Community Health	3.0	ED-319: Content Literacy	3.0
HE-440: Health Policy	3.0		
<b>Guided Electives:</b>		ED-320: Teaching Students with Diverse Needs	3.0
Choose 6 credits from courses designated with Course*Type: HEPE	3.0		
	3.0		
MAJOR REQUIREMENTS/PHYS. ED: 18 Credits		<u>9 credits as follows (b):</u>	
PE-310: Sport and Exercise Psychology	3.0	ED-416: Clinical Practice <b>AND</b>	8.0
PE-320: Exercise Physiology	3.0	ED-416S: Seminar in Clinical Practice	1.0
PE-330: Biomechanics/Kinesiology	3.0		
PE-340: Motor Development and Learning	3.0		
<b>Six Skills Courses:</b>			
Choose at least 1 course from each category: Individual, Dual, and Team	6.0		
INTERDISCIPLINARY REQUIREMENTS: 17 Credits		EDUCATION K-12 CERT. REQUIREMENTS: 6 Credits (a)	
PY-103: Introduction to Psychology	3.0		
SO-101: Introduction to Sociology	3.0		
BY-111: Anatomy and Physiology I	4.0	ED-378: Methods of Teaching Health K-12	3.0
<b>*OR*</b> BY-211: Physiology with Anatomy I			
BY-112: Anatomy and Physiology II	4.0	ED-379: Methods of Teaching Physical Education K-12	3.0
<b>*OR*</b> BY-212: Physiology with Anatomy II			
MA-105: Math Model for Social Sciences			
<b>*OR*</b> MA-203: Foundations of Elementary Math	3.0		
FREE ELECTIVES: 3 Credits		Credits	
			3.0

(a) Minimum grade of "C" required for Education Courses

(b) Students must complete the appropriate test requirement(s) with a passing score PRIOR to Clinical Practice.

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GENERAL EDUCATION REQUIREMENTS: 30 Credits		Credits
First Year Seminar	FY-101: First Year Seminar	3.0
Reading and Writing	EN-101: College Composition I	3.0
	EN-102: College Composition II	3.0
Mathematics	Fulfilled in Interdisciplinary Requirements with Math Course	0.0
Natural Sciences	Fulfilled in Interdisciplinary Requirements w/Biology Courses	0.0
Literature	3 Credits from courses designated with Course*Type: LIT	3.0
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0
Technological Literacy	3 Credits from courses designated with Course*Type: TL	3.0
Reasoned Oral Discourse	Fulfilled in the Major Requirements with HE-212 or ED-320	0.0
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0
Social Science	Fulfilled in Interdisciplinary Requirements with PY-103	0.0
Historical Perspective/Social Sciences	Fulfilled in Interdisciplinary Requirements with SO-101	0.0
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP	3.0
Cultural Diversity and Global Understanding or Foreign Language	3 Credits from courses designated with Course*Type: CD	6.0
	<b>and</b> 3 Credits from courses designated with Course*Type: GU	
	<b>or</b> 6 Credits from the SAME foreign language	
Experiential Education	One course designated with Course*Type: EX	0.0
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0 0.0
	Two courses from Education (ED, EDL, EDS) designated with Course*Type: WT	0.0 0.0

<b>Minimum Credits for Bachelor of Science in Health Studies/Physical Education with Endorsement in K-12 Education in Health Studies and Physical Education = 128.0</b>	
<b>ADDITIONAL ENDORSEMENTS AVAILABLE:</b>	
• ESL: Teacher of Students with Disabilities, K-12	• TSD: English as a Second Language, K-12

**NOTES:**

- \* 58 credits must be completed at the 200 level or higher.
- \*\* Education majors are required to have an overall GPA of 3.00 for State Certification.
- \*\*\*By state regulation, all Education Majors seeking content area endorsement must complete 30 content credits (12+ credits at the 300+ level).