MONMOUTH UNIVERSITY CURRICULUM CHART

Bachelor of Science in Health Studies			
MAJOR REQUIREMENTS/HEALTH	STUDIES: 42 Credits	Credits	
	HE101: Strategies for Healthy Living HE160: Substance Use & Abuse HE190: Introduction to Health Research	3.0 3.0 3.0	
	HE212: Health: A Lifelong Process HE320: Principles of Health Education	3.0 3.0	
	HE324: Human Sexuality HE380: Nutrition and Health	3.0	
	HE430: Health Advocacy HE435: Promoting Health in Communities HE440: Health Policy HE485: Senior Seminar in Health	3.0 3.0 3.0 3.0	
Elective Credits:	Choose 3 courses designated with Course*Type: HE.EL	3.0 3.0 3.0	
REQUIREMENTS OUTSIDE MAJOR	R: 14 Credits	Credits	
	PY103: Introduction to Psychology	3.0	
	SO101: Introduction to Sociology	3.0	
	BY111: Anatomy and Physiology I	4.0	
	BY112: Anatomy and Physiology II	4.0	
FREE ELECTIVES: 39 Credits		Credits	
		39.0	

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EQUIREMENTS OUTSIDE MA	OR: 30 to 33 Credits	Credits
First Year Seminar	FY-101: First Year Seminar	3.0
Reading and Writing	EN101: College Composition I EN102: College Composition II	3.0 3.0
Mathematics	3 Credits from Subject MA Excluding MA050 and MA101	3.0
Natural Sciences	Fulfilled in Outside Major Requirements with BY111 and BY112	0.0
Literature	3 Credits from courses designated with Course*Type: LIT	3.0
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0
Technological Literacy	HE100: Technology and Health Informatics or IT100 or NU100	3.0
Reasoned Oral Discourse	Fulfilled in Major Requirements with HE212	0.0
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0
Social Science	Fulfilled in Outside Major Requirements with SO101	0.0
Historical Perspective/Social Sciences	Fulfilled in Outside Major Requirements with PY103	0.0
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP* *May be fulfilled in Outside Major Requirements with PR422 or PR433	0.0 - 3.0
Cultural Diversity and Global Understanding or Foreign Language	3 Credits from courses designated with Course*Type: CD and 3 Credits from courses designated with Course*Type: GU or 6 Credits from the SAME foreign language	3.0 3.0
Experiential Education	One course designated with Course*Type: EX	0.0
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0 0.0

Minimum Credits for Bachelor of Science in Health Studies = 128.0

NOTES:

^{* 58} credits must be completed at the 200 level or higher.