

Bachelor of Science in Health Studies

Major Requirements/Health Studies 16 to 18 Credits

HE-101: Strategies for Healthy Living	3.0	HE-440: Health Policy	3.0
HE-150: Medical Terminology	3.0	HE-389: Internship Health & Physical Ed *OR*	1.0-3.0
HE-212: Lifespan Development and Health	3.0	HE-485: Professional Seminar in Health	
HE-290: Health Research Methods	3.0		

CLUSTER REQUIREMENTS: Select One (24 Credits)

<u>Exercise Science</u> * 24 Credits as Follows *		<u>Health Science</u> * 24 Credits as Follows *	
PE-310: Sport and Exercise Psychology	3.0	HE-350: Epidemiology	3.0
PE-320: Exercise Physiology	3.0		
PE-330: Biomechanics/Kinesiology	3.0	21 credits from Course*Type HE.PE / HE.EL	21.0
PE-340: Motor Development and Learning	3.0		
12 credits from Course*Type HE.PE / HE.EL	12.0		

INTERDISCIPLINARY REQUIREMENTS: 29 Credits **Credits**

PY-103: Introduction to Psychology	3.0
SO-101: Introduction to Sociology	3.0
MA-151: Statistics with Applications	3.0
BY-110: Introduction to Cell and Molecular Biology	4.0
BY-111: Anatomy and Physiology I	4.0
* OR * BY-211: Physiology with Anatomy I*	
BY-112: Anatomy and Physiology II	4.0
OR BY-212: Physiology with Anatomy II*	
CE-111: General Chemistry I	3.0
CE-111L: General Chemistry I Lab	1.0
CE-112: General Chemistry II	3.0
CE-112L: General Chemistry II Lab	1.0

FREE ELECTIVES: 24 to 26 Credits **Credits**

_____	24 - 26.0

*Required for several graduate schools. See your advisor for assistance.

Bachelor of Science in Health Studies		
GENERAL EDUCATION REQUIREMENTS: 33 Credits		Credits
First Year Seminar	FY-101: First Year Seminar	3.0
Reading and Writing	EN-101: College Composition I	3.0
	EN-102: College Composition II	3.0
Mathematics	Fulfilled in Interdisciplinary Requirements with MA-151	0.0
Natural Sciences	Fulfilled in Interdisciplinary Requirements with Required Courses	0.0
Literature	3 Credits from courses designated with Course*Type: LIT	3.0
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0
Technological Literacy	3 Credits from courses designated with Course*Type: TL	3.0
Reasoned Oral Discourse	3 Credits from courses designated with Course*Type RD	3.0
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0
Social Science	Fulfilled in Interdisciplinary Requirement with SO-101	0.0
Historical Perspective/Social Sciences	Fulfilled in Interdisciplinary Requirement with PY-103	0.0
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP	3.0
Cultural Diversity and Global Understanding or Foreign Language	3 Credits from courses designated with Course*Type: CD*	6.0
	and 3 Credits from courses designated with Course*Type: GU	
	or 6 Credits from the SAME foreign language	
Experiential Education	One course designated with Course*Type: EX	0.0
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0

Minimum Credits for Bachelor of Science in Health Studies = 128.0

NOTES:

* 58 credits must be completed at the 200 level or higher.

**Students must complete courses listed in MAJOR section and at least one CLUSTER in order to be considered for graduation.