

MONMOUTH UNIVERSITY

Office of the Registrar

2018*2019 Sequence Chart

HE.FW.BS.18

B.S. IN HEALTH AND PHYSICAL EDUCATION
(Fitness and Wellness Cluster)

SEMESTER 1

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
EN101	YES		COLLEGE COMPOSITION 1	3.0
PY103	YES	SS.SV	INTRO TO PSYCHOLOGY	3.0
xxx	YES	TL	GEN*ED TECH. LITERACY	3.0
HE101			STRATEGIES FOR HEALTHY LIVING	3.0
FY101	YES		FIRST YEAR SEMINAR	3.0
SEMESTER CREDITS				15.0

SEMESTER 2

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
EN102	YES		COLLEGE COMPOSITION 2	3.0
MA151	YES		STATISTICS	3.0
SO101	YES	SS.SV	INTRO TO SOCIOLOGY	3.0
PE215			FITNESS MEASUREMENT	3.0
xxx			FREE ELECTIVE	3.0
SEMESTER CREDITS				15.0

SEMESTER 3

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
HSxxx	YES	HS.SV	GEN*ED HISTORICAL PERSPEC.	3.0
BY111	YES	NS	ANATOMY & PHYSIOLOGY I	4.0
HE290	YES	WT	HEALTH RESEARCH METHODS	3.0
AR,MU DA or TH	YES	AT	GEN*ED AESTHETICS	3.0
xxx			FREE ELECTIVE	3.0
SEMESTER CREDITS				16.0

SEMESTER 4

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
BY112	YES	NS	ANATOMY & PHYSIOLOGY 2	4.0
HE380			NUTRITION	3.0
xxx	YES	CD	GEN*ED CULTURAL DIVERSITY	3.0
PExxx			SKILL/ACTIVITY	1.0
xxx			FREE ELECTIVE	3.0
xxx			FREE ELECTIVE	3.0
SEMESTER CREDITS				17.0

SEE CURRICULUM CHART or DEGREE AUDIT FOR COMPLETE TITLE OF ALL COURSES. BE CERTAIN TO CONSULT WITH YOUR ADVISOR.

SEE WEBadvisor "SECTIONS OFFERED BY TERM" FOR COMPLETE LISTING OF COURSES WITH ASSOCIATED COURSE*TYPES.

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SEMESTER 5

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
EN*xxx	YES	LIT	GEN*ED LITERATURE	3.0
HExxx		HE.PE	HE.PE ELECTIVE	3.0
HE324	YES	RD	PRINCIPLES OF HEALTH ED.	3.0
PE320			EXERCISE PHYSIOLOGY	3.0
PExxx			SEE CURRICULUM CHART SKILL/ACTIVITY	1.0
xxx			FREE ELECTIVE	3.0
SEMESTER CREDITS				16.0

SEMESTER 6

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
HExxx		HE.PE	HE.PE ELECTIVE	3.0
xxx	YES	GU	GEN*ED GLOBAL UNDERSTAND.	3.0
PE330			BIOMECHANICS/KINESIOLOGY	3.0
PExxx			SEE CURRICULUM CHART (SKILL/ACTIVITY)	1.0
xxx			FREE ELECTIVE	3.0
xxx			FREE ELECTIVE	3.0
SEMESTER CREDITS				16.0

SEMESTER 7

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
xxx		HE.PE	HE.PE ELECTIVE	3.0
HE485 or HE389	YES	EX	PROF. SEMINAR IN HEALTH <i>(if 1-credit intern. selected compl. add. elective crs.)</i>	1.0-3.0
PE310			SPORT AND EXERCISE PSYCH.	3.0
xxx			FREE ELECTIVE	3.0
xxx			FREE ELECTIVE	3.0-5.0
PExxx			SEE CURRICULUM CHART SKILL/ACTIVITY	1.0
SEMESTER CREDITS				16.0

SEMESTER 8

COURSE CODE	GEN*ED REQ'MT	COURSE* TYPE	TITLE	CRS.
PE340			MOTOR DEVELOP. & LEARNING	3.0
xxx	YES	ISP	GEN*ED INTERDISCIPLINARY PERSPECTIVES	3.0
xxx			FREE ELECTIVE	3.0
xxx			FREE ELECTIVE	3.0
xxx			FREE ELECTIVE	2.0
HE440	YES	WT	HEALTH POLICY	3.0
SEMESTER CREDITS				17.0