

Bachelor of Science in Health Studies

Major Requirements/Health Studies 16 to 18 Credits

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|---|-----|---|---------|
| HE-101: Strategies for Healthy Living | 3.0 | HE-440: Health Policy | 3.0 |
| HE-150: Medical Terminology | 3.0 | HE-389: Internship Health & Physical Ed *OR* | 1.0-3.0 |
| HE-212: Lifespan Development and Health | 3.0 | HE-485: Professional Seminar in Health | |
| HE-290: Health Research Methods | 3.0 | | |

CLUSTER REQUIREMENTS: Select One (24 Credits)

| <u>Exercise Science</u> * 24 Credits as Follows * | | <u>Health Science</u> * 24 Credits as Follows * | |
|--|------|--|------|
| PE-310: Sport and Exercise Psychology | 3.0 | HE-350: Epidemiology | 3.0 |
| PE-320: Exercise Physiology | 3.0 | | |
| PE-330: Biomechanics/Kinesiology | 3.0 | 21 credits from Course*Type HE.PE / HE.EL | 21.0 |
| PE-340: Motor Development and Learning | 3.0 | | |
| 12 credits from Course*Type HE.PE / HE.EL | 12.0 | | |

INTERDISCIPLINARY REQUIREMENTS: 29 Credits **Credits**

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| PY-103: Introduction to Psychology | 3.0 |
| SO-101: Introduction to Sociology | 3.0 |
| MA-151: Statistics with Applications | 3.0 |
| BY-110: Introduction to Cell and Molecular Biology | 4.0 |
| BY-111: Anatomy and Physiology I | 4.0 |
| * OR * BY-211: Physiology with Anatomy I* | |
| BY-112: Anatomy and Physiology II | 4.0 |
| *OR* BY-212: Physiology with Anatomy II* | |
| CE-111: General Chemistry I | 3.0 |
| CE-111L: General Chemistry I Lab | 1.0 |
| CE-112: General Chemistry II | 3.0 |
| CE-112L: General Chemistry II Lab | 1.0 |

FREE ELECTIVES: 24 to 26 Credits **Credits**

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| _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ | 24 - 26.0 |
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*Required for several graduate schools. See your advisor for assistance.

| Bachelor of Science in Health Studies | | |
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| GENERAL EDUCATION REQUIREMENTS: 33 Credits | | Credits |
| First Year Seminar | FY-101: First Year Seminar | 3.0 |
| Reading and Writing | EN-101: College Composition I | 3.0 |
| | EN-102: College Composition II | 3.0 |
| Mathematics | Fulfilled in Interdisciplinary Requirements with MA-151 | 0.0 |
| Natural Sciences | Fulfilled in Interdisciplinary Requirements with Required Courses | 0.0 |
| Literature | 3 Credits from courses designated with Course*Type: LIT | 3.0 |
| Aesthetics and Creativity | 3 Credits from Art, Music, Theatre, or Dance | 3.0 |
| Technological Literacy | 3 Credits from courses designated with Course*Type: TL | 3.0 |
| Reasoned Oral Discourse | 3 Credits from courses designated with Course*Type RD | 3.0 |
| Historical Perspective | 3 Credits from courses designated with Course*Type: HS.SV | 3.0 |
| Social Science | Fulfilled in Interdisciplinary Requirement with SO-101 | 0.0 |
| Historical Perspective/Social Sciences | Fulfilled in Interdisciplinary Requirement with PY-103 | 0.0 |
| Interdisciplinary Perspectives | 3 Credits from courses designated with Course*Type: ISP | 3.0 |
| Cultural Diversity and Global Understanding or Foreign Language | 3 Credits from courses designated with Course*Type: CD* | 6.0 |
| | and 3 Credits from courses designated with Course*Type: GU or 6 Credits from the SAME foreign language | |
| Experiential Education | One course designated with Course*Type: EX | 0.0 |
| Writing Intensive | Two courses from Health Studies (HE) designated with Course*Type: WT | 0.0 |

Minimum Credits for Bachelor of Science in Health Studies = 128.0

NOTES:

* 58 credits must be completed at the 200 level or higher.

**Students must complete courses listed in MAJOR section and at least one CLUSTER in order to be considered for graduation.