

**Bachelor of Science in Health Promotion**

**Major Requirements/Health Studies 13 to 15 Credits**

HE-101: Strategies for Healthy Living	3.0	HE-440: Health Policy	3.0
HE-290: Health Research Methods	3.0	HE-389: Internship Health & Physical Education *OR*	1.0-3.0
HE-320: Principles of Health Education	3.0	HE-485: Professional Seminar in Health	

**CLUSTER REQUIREMENTS: Select One (33 Credits)**

<u>Fitness and Wellness</u> * 33 Credits as Follows *		<u>Public Health</u> * 33 Credits as Follows *	
HE-380: Nutrition and Health	3.0	HE-180: Introduction to Public Health	3.0
PE-215: Fitness Measurement	3.0	HE-212: Lifespan Development & Health	3.0
PE-310: Sport and Exercise Psychology	3.0	HE-340: Environmental Health Issues	3.0
PE-320: Exercise Physiology	3.0	HE-350: Epidemiology	3.0
PE-330: Biomechanics and Kinesiology	3.0	HE-375: Health in Developing Countries: A Cross-Cultural Perspective	3.0
PE-340: Motor Development and Learning	3.0	HE-435: Community Health	3.0
11 credits from Course*Type HE.PE / HE.EL	11.0	15 credits from Course*Type HE.PE / HE.EL	15.0
4 credits of PE Skills Courses (with course*type GAMES, AQUA, RHYTH, OUTDR, OR PERF)	4.0		

**INTERDISCIPLINARY REQUIREMENTS: 17 Credits** **Credits**

PY-103: Introduction to Psychology	3.0
SO-101: Introduction to Sociology	3.0
MA-151: Statistics with Applications	3.0
BY-111: Anatomy and Physiology I	4.0
BY-112: Anatomy and Physiology II	4.0

**FREE ELECTIVES: 33 to 35 Credits** **Credits**

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GENERAL EDUCATION REQUIREMENTS: 30 Credits		Credits
First Year Seminar	FY-101: First Year Seminar	3.0
Reading and Writing	EN-101: College Composition I	3.0
	EN-102: College Composition II	3.0
Mathematics	Fulfilled in Interdisciplinary Requirements with MA-151	0.0
Natural Sciences	Fulfilled in Interdisciplinary Requirements with Required Courses	0.0
Literature	3 Credits from courses designated with Course*Type: LIT	3.0
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0
Technological Literacy	3 Credits from courses designated with Course*Type: TL	3.0
Reasoned Oral Discourse	Fulfilled in Major Requirements with HE-320	0.0
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0
Social Science	Fulfilled in Interdisciplinary Requirement with SO-101	0.0
Historical Perspective/Social Sciences	Fulfilled in Interdisciplinary Requirement with PY-103	0.0
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP	3.0
Cultural Diversity and Global Understanding or Foreign Language	3 Credits from courses designated with Course*Type: CD*	6.0
	<b>and</b> 3 Credits from courses designated with Course*Type: GU <b>or</b> 6 Credits from the SAME foreign language <i>*Partially Fulfilled in Major Requirements with CO-226</i>	
Experiential Education	One course designated with Course*Type: EX	0.0
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0

**Minimum Credits for Bachelor of Science in Health Promotion = 128.0**

**NOTES:**

\* 58 credits must be completed at the 200 level or higher.

\*\*Students must complete courses listed in MAJOR section and at least one CLUSTER in order to be considered for graduation.