

| Bachelor of Science in Health and Physical Education with an Education Endorsement in K-12  |     |   |     |
|---|-----|---|-----|
| MAJOR REQUIREMENTS/HEALTH: 18 Credits   |     | MAJOR REQUIREMENTS/ED. K-12: 24 Credits (a)                                 |     |
| HE-101: Strategies for Healthy Living   | 3.0 | ED-250: Psychological & Philosophical Foundations of Education              | 3.0 |
| HE-260: Substance Use & Abuse   | 3.0 |   |     |
| HE-290: Health Research Methods   | 3.0 | EDS-330: Foundations of Special Education: Development Across the Life Span | 3.0 |
| HE-320: Principles of Health Education  | 3.0 |   |     |
| HE-324: Human Sexuality: Implications for Hlth.   | 3.0 | EDS-336: Classroom Management   | 3.0 |
| HE-380: Nutrition and Health  | 3.0 |   |     |
| MAJOR REQUIREMENTS/PHYS. ED: 33 Credits   |     | ED-319: Content Literacy  | 3.0 |
| PE-203: Instructional Strategies  | 3.0 |   |     |
| PE-215: Fitness Measurement   | 3.0 |   |     |
| PE-310: Sport and Exercise Psychology   | 3.0 | ED-320: Teaching Students with Diverse Needs                                | 3.0 |
| PE-320: Exercise Physiology   | 3.0 |   |     |
| PE-330: Biomechanics/Kinesiology  | 3.0 |   |     |
| PE-340: Motor Development and Learning  | 3.0 |   |     |
| PE-350: Physical Activity in Afterschool Programs   | 4.0 |   |     |
| PE-360: Coaching Principles   | 3.0 |   |     |
| PE-411: Adapted Physical Education and Health   | 3.0 |   |     |
|   |     | <b>9 credits as follows (b):</b>  |     |
|   |     | ED-416: Clinical Practice <b>AND</b>  | 8.0 |
|   |     | ED-416S: Seminar in Clinical Practice                                       | 1.0 |
| <b>Skills Requirement:</b><br><b>One course from each of 5 SKILLS categories:</b><br><b>GAMES, AQUA, RHYTH, OUTDR, and PERF</b><br>(Of those 5 courses, at least 1 must be designated as individual, at least 1 must be designated as dual, and at least 1 must be designated as team.) | 5.0 |   |     |
| INTERDISCIPLINARY REQUIREMENTS: 17 Credits  |     | EDUCATION K-12 CERT. REQUIREMENTS: 6 Credits (a)                            |     |
| PY-103: Introduction to Psychology  | 3.0 |   |     |
| SO-101: Introduction to Sociology   | 3.0 |   |     |
| BY-111: Anatomy and Physiology I<br><b>*OR*</b> BY-211: Physiology with Anatomy I   | 4.0 | ED-378: Methods of Teaching Elementary Physical Education and Health        | 3.0 |
| BY-112: Anatomy and Physiology II<br><b>*OR*</b> BY-212: Physiology with Anatomy II   | 4.0 | ED-379: Methods of Teaching Secondary Physical Education and Health         | 3.0 |
| MA-151: Math Model for Social Sciences  | 3.0 |   |     |
| FREE ELECTIVES: 0-6 Credits   |     | Credits   |     |
| _____   |     |   |     |
| _____   |     |   |     |
| _____   |     |   |     |
| (a) Minimum grade of "C" required for Education Courses   |     |   |     |
| (b) Students must complete the appropriate test requirement(s) with a passing score PRIOR to Clinical Practice.   |     |   |     |

| Bachelor of Science in Health and Physical Education with an Education Endorsement in K-12 |  |         |
|--|--|---------|
| GENERAL EDUCATION REQUIREMENTS: 24-30 Credits  |  | Credits |
| First Year Seminar   | FY-101: First Year Seminar   | 3.0     |
| Reading and Writing  | EN-101: College Composition I  | 3.0     |
|  | EN-102: College Composition II   | 3.0     |
| Mathematics  | Fulfilled in Interdisciplinary Requirements with Math Course   | 0.0     |
| Natural Sciences   | Fulfilled in Interdisciplinary Requirements w/Biology Courses  | 0.0     |
| Literature   | 3 Credits from courses designated with Course*Type: LIT  | 3.0     |
| Aesthetics and Creativity  | 3 Credits from Art, Music, Theatre, or Dance   | 3.0     |
| Technological Literacy   | 3 Credits from courses designated with Course*Type: TL   | 3.0     |
| Reasoned Oral Discourse  | Fulfilled in the Major Requirements with ED-320  | 0.0     |
| Historical Perspective   | 3 Credits from courses designated with Course*Type: HS.SV  | 3.0     |
| Social Science   | Fulfilled in Interdisciplinary Requirements with PY-103  | 0.0     |
| Historical Perspective/Social Sciences   | Fulfilled in Interdisciplinary Requirements with SO-101  | 0.0     |
| Interdisciplinary Perspectives   | 3 Credits from courses designated with Course*Type: ISP  | 3.0     |
| Cultural Diversity<br><b>and</b> Global Understanding<br><b>or</b> Foreign Language        | CD Fulfilled in the Major Requirements (PE-411)  | 0.0-0.6 |
|  | 3 Credits from courses designated with Course*Type: GU<br><b>or</b> 6 Credits from the SAME foreign language |         |
| Experiential Education   | One course designated with Course*Type: EX   | 0.0     |
| Writing Intensive  | Two courses from Health Studies (HE) or Physical Education (PE) designated with Course*Type: WT              | 0.0     |
|  | Two courses from Education (ED, EDL, EDS) designated with Course*Type: WT                                    | 0.0     |

|  |   |
|--|---|
| Minimum Credits for Bachelor of Science in Health and Physical Education with an Education Endorsement in K-12 = 128.0 |   |
| <b>ADDITIONAL ENDORSEMENTS AVAILABLE:</b>  |   |
| • TSD: Teacher of Students with Disabilities, K-12   | • ESL: English as a Second Language, K-12 |

**NOTES:**

- \* 58 credits must be completed at the 200 level or higher.
- \*\* Education majors are required to have an overall GPA of 3.00 for State Certification.
- \*\*\*By state regulation, all Education Majors seeking content area endorsement must complete 30 content credits (12+ credits at the 300+ level).