	Bachelor of Science in Health and Physical Education	
JOR REQUIREMENTS/H	HEALTH STUDIES: 30 Credits	Credits
	HE101: Strategies for Healthy Living	3.0
	HE160: Substance Use & Abuse	3.0
	HE212: Health: A Lifelong Process	3.0
	HE225: Mind Body Connection	3.0
	HE324: Human Sexuality: Implications for Health	3.0
	HE335: Promoting Health in Communities	3.0
	HE380: Nutrition and Health	3.0
	HE440: Health Policy	3.0
Guided Electives:	Choose 6 credits from courses designated with Course*Type: HEPE	3.0 3.0
NCENTRATION REQUIF	REMENTS/PHYSICAL EDUCATION: 18 Credits	Credits
	DECOR E	
	PE220: Exercise Physiology	3.0
	PE230: Biomechanics/Kinesiology	3.0
	PE310: Sport and Exercise Psychology	3.0
	PE340: Motor Development and Learning	3.0
	Skills Courses: At least 1 course from Individual, Dual, or Team	6.0
QUIREMENTS OUTSIDE MAJOR: 17 Credits		Credits
	BY111: Anatomy and Physiology I	4.0
	BY112: Anatomy and Physiology II	4.0
	MA105: Math Model for Social Sciences	3.0
	SO101: Introduction to Sociology	3.0
	PY103: Introduction to Psychology	3.0
EE ELECTIVES: 33 - 36 Credits		
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Bachelor of Science in Health and Physical Education				
GENERAL EDUCATION REQUIREMENTS: 27 to 30 Credits				
First Year Seminar	FY-101: First Year Seminar	3.0		
Reading and Writing	EN101: College Composition I EN102: College Composition II	3.0 3.0		
Mathematics	Fulfilled in Outside Major Requirements with MA105	0.0		
Natural Sciences	Fulfilled in Outside Major Requirements with BY111 and BY112	0.0		
Literature	3 Credits from courses designated with Course*Type: LIT	3.0		
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0		
Technological Literacy	HE100 or IT100	3.0		
Reasoned Oral Discourse	Fulfilled in Major Requirements with HE212	0.0		
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0		
Social Science	Fulfilled in Outside Major Requirements with SO101	0.0		
Historical Perspective/Social Sciences	Fulfilled in Outside Major Requirements with PY103	0.0		
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP *(May be fulfilled in Outside Major Requirements with PR422 or PR433)	0.0 - 3.0		
Cultural Diversity/Global Understanding	3 Credits from courses designated with Course*Type: CD 3 Credits from courses designated with Course*Type: GU or 6 Credits from the SAME foreign language	3.0 3.0		
Experiential Education	One course designated with Course*Type: EX	0.0		
Writing Intensive	Two courses from Health Studies (HE) designated	0.0		

Total Credits for Bachelor of Science in Health and Physical Education = 128.0

with Course*Type: WT

NOTES:

^{* 58} credits must be completed at the 200 level or higher.