MONMOUTH UNIVERSITY CURRICULUM CHART

Bachelor of Science in Health Studies			
MAJOR REQUIREMENTS/HEAL	TH STUDIES: 42 Credits	Credits	
	HE101: Strategies for Healthy Living	3.0	
	HE160: Substance Use & Abuse	3.0	
	HE212: Health: A Lifelong Process	3.0	
	HE225: Mind Body Connection	3.0	
	HE324: Human Sexuality	3.0	
	HE335: Promoting Health in Communities	3.0	
	HE380: Nutrition and Health	3.0	
	HE420: Principles of Health Education	3.0	
	HE430: Health Advocacy	3.0	
	HE440: Health Policy	3.0	
	HE485: Senior Seminar in Health	3.0	
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Elective Credits:	Choose 3 courses designated with Course*Type: HE.EL	3.0	
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REQUIREMENTS OUTSIDE MAJOR: 14 Credits			
	PY103: Introduction to Psychology	3.0	
	SO101: Introduction to Sociology	3.0	
	BY111: Anatomy and Physiology I	4.0	
	BY112: Anatomy and Physiology II	4.0	
REE ELECTIVES: 39 Credits		Credits	
		39.0	
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Bachelor of Science in Health Studies				
REQUIREMENTS OUTSIDE MAJOR: 30 to 33 Credits				
First Year Seminar	FY-101: First Year Seminar	3.0		
Reading and Writing	EN101: College Composition I EN102: College Composition II	3.0 3.0		
Mathematics	3 Credits from Subject MA Excluding MA050 and MA101	3.0		
Natural Sciences	Fulfilled in Outside Major Requirements with BY111 and BY112	0.0		
Literature	3 Credits from courses designated with Course*Type: LIT	3.0		
Aesthetics and Creativity	3 Credits from Art, Music, Theatre, or Dance	3.0		
Technological Literacy	HE100: Technology and Health Informatics or IT100 or NU100	3.0		
Reasoned Oral Discourse	Fulfilled in Major Requirements with HE212	0.0		
Historical Perspective	3 Credits from courses designated with Course*Type: HS.SV	3.0		
Social Science	Fulfilled in Outside Major Requirements with SO101	0.0		
Historical Perspective/Social Sciences	Fulfilled in Outside Major Requirements with PY103	0.0		
Interdisciplinary Perspectives	3 Credits from courses designated with Course*Type: ISP *(May be fulfilled in Outside Major Requirements with PR422 or PR433)	0.0 - 3.0		
Cultural Diversity/Global Understanding	3 Credits from courses designated with Course*Type: CD 3 Credits from courses designated with Course*Type: GU or 6 Credits from the SAME foreign language	3.0 3.0		
Experiential Education	One course designated with Course*Type: EX	0.0		
Writing Intensive	Two courses from Health Studies (HE) designated with Course*Type: WT	0.0 0.0		

Total Credits for Bachelor of Science in Health Studies = 128.0

NOTES:

^{* 58} credits must be completed at the 200 level or higher.