

Minor in Health Studies	
REQUIREMENTS: 18 Credits	Credits
HE-101: Strategies for Healthy Living	3.0
Take 3 Credits from Health (HE) at the 100+ Level	3.0
Take 6 Credits from Health (HE) or Phys. Education (PE) at the 200+ Level	6.0
Take 6 Credits from Health (HE) or Phys. Education (PE) at the 300+ Level	6.0
Minimum Credits for the Minor in Health Studies = 18.0	