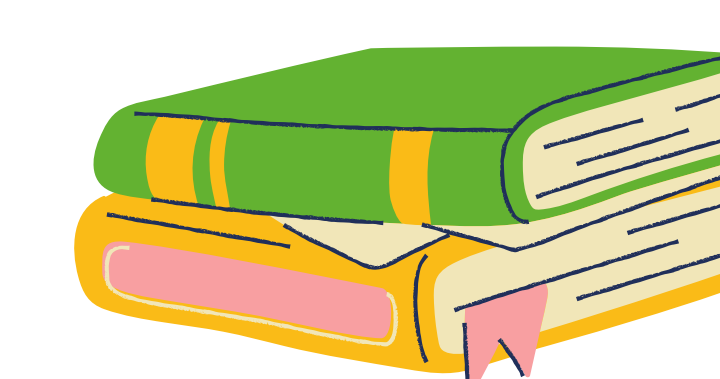




EDUCATIONAL COUNSELING FIELD EXPERIENCE

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This poster tracks significant academic observations and progress within the current field experience I have obtained as an educational counseling student within the final semester in this program

Introduction

This semester I am a school counseling intern at Red Bank Regional High School. I am there to assist one of the school's longtime counselors in the day-to-day operations. While this role could be strictly in an observation capacity, I have assisted in countless areas. Topics like IEP meetings, 504s, I&RS consultations, transcript audits of multiple grade levels, individual counseling, and other tasks are vital to my role as counselor in the schools (American School Counselor Association, 2023).

Achievements

- Experienced the inner workings of the public school system, from an administration and counseling perspective. Navigated the different levels of support and assistance to different grade levels in the K-5 and 9-12 settings.
- Cofacilitated a semester-long group of at-risk students with behavioral issues to help foster coping strategies to deal with school and the world outside.
- Created classroom lessons in support with teachers that covered topics like consent, critical thinking, manners, and other important developmental skills (Perryman et al., 2025).
- Tasked with auditing transcripts of the 9th to 11th students to see if they are on track for graduation and earning the required number of credits to either move grade levels or graduate overall.
- Assigned a caseload of student to meet with weekly or Biweekly depending on needs. There a wide range of issues were addressed, how to remain organize, ways to stay motivated, college research and prep for applications.
- Met and discussed student support with parents. Provide parents with transparency about their child's educational proces.

Future Goals

- More exposure to student issues and how best to handle them. Many times students come to the office to ask questions that are related to academics, and I lack the information to give.
- There is a need for more consistency in being in that mindset and immersed in that setting. Being an intern limits my capacity to learn.
- More confidence in my skills and knowledge. In this current time that is something that is still lacking. With more experience and time this will hopefully improve.

Field Experience

Practicum

- Gregory Elementary School
 - Fall 2024
 - Grade K-5
 - Long Branch, NJ

Internship 1

- Brick Township High School
 - Fall 2025 (Internship 1)
 - Grade 9-12
 - Brick, NJ

Internship 2

- Red Bank Regional High School
 - Spring 2026 (Internship 2)
 - Grade 9-12
 - Little Silver

Citation

- American School Counselor Association. (2023). The school counselor and school counseling programs. www.schoolcounselor.org. <https://www.schoolcounselor.org/Standards-Positions/Position-Statements/ASCA-Position-Statements/The-School-Counselor-and-School-Counseling-Program>
- Perryman, K. L., T.J., T., & Frost, H. T. (2025). The School Counselors Role in Supporting Teachers Working with Children who Have Experienced Trauma: Lessons Learned. *Journal of Child & Adolescent Trauma*, 18. <https://doi.org/10.1007/s40653-024-00680-z>

Reflection

- The current place in the program provides an interesting perspective that highlights the experience that was gained but shows where there is a lack of knowledge that can still be obtained in the educational setting.
- At this point in the program there are certain preferences in the age groups to work with in the future, but there is still room to change direction.
- The experience gain is vital, but there is so much to learn and absorb to be a culturally competent counselor that is an effective advocate for students navigating the school setting.
- Overall, the experience gained was impactful, but there is more to obtain as time progresses in this program and beyond.