

MONMOUTH UNIVERSITY | SCHOOL of SOCIAL WORK

In honor of His Holiness the Dalai Lama's presentation to the Monmouth University community, the School of Social Work is pleased to host this presentation and meditation in the Virginia A. Cory Community Garden.

**TUESDAY, SEPT. 21, 2021 // 6 P.M. // IN THE GARDEN**  
**RSVP:** [monmouth.edu/school-of-social-work/dalailamagarden](https://monmouth.edu/school-of-social-work/dalailamagarden)



## THE COURAGE TO LOVE

Cultivating joy and peace in a turbulent world.

Ray Cicetti roshi is the senior teacher at the Empty Bowl Zen Community in Morristown N.J. He received dharma transmission in 2004 as a lay Zen teacher and authorized as roshi (venerable teacher) in 2019. He also is a psychotherapist in private practice, and a published author of a poetry book, *A Forest in His Pocket*. Ray is married and lives in Mountain Lakes, N.J.

**Following this presentation, Dr. Ralph Cuseglio will lead a Mindful Eating Meditation.**

In this guided meditation, produce from the Monmouth University Community Garden will be shared in order to reconnect attendees with the earth and the food that nourishes us.

