



WE'RE LISTENING:

732-542-6422

**We're helping
Monmouth
County residents
navigate the
COVID-19 crisis.**



In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth ACTS, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide up to 6 telephone emotional support sessions.

**Are you a licensed professional
and interested in volunteering?
Contact us to help - bilingual
professionals are needed.**

732-542-6422
mha@mentalhealthmonmouth.org
www.mentalhealthmonmouth.org



Whether you need guidance, resources, mental health support, or just someone to talk to, we are here for you.

Monday - Friday from 9 a.m. to 4 p.m.

STAY SAFE. STAY WELL. STAY CONNECTED.