

**Hours to Days Conversion
5 Hour Formula**

| If you have this many hours | Then you have this many days |
|--|---|
| 5.00 | 1 |
| 10.00 | 2 |
| 15.00 | 3 |
| 20.00 | 4 |
| 25.00 | 5 |
| 30.00 | 6 |
| 35.00 | 7 |
| 40.00 | 8 |
| 45.00 | 9 |
| 50.00 | 10 |
| 55.00 | 11 |
| 60.00 | 12 |
| 65.00 | 13 |
| 70.00 | 14 |
| 75.00 | 15 |
| 80.00 | 16 |
| 85.00 | 17 |
| 90.00 | 18 |
| 95.00 | 19 |
| 100.00 | 20 |
| 105.00 | 21 |
| 110.00 | 22 |
| 115.00 | 23 |
| 120.00 | 24 |
| 125.00 | 25 |
| 130.00 | 26 |
| 135.00 | 27 |
| 140.00 | 28 |
| 145.00 | 29 |
| 150.00 | 30 |