

# Register for the One Source EAP Coping with COVID-19 Workshop Series



**There are 3 webinars remaining!**  
This seminar series, exclusively for Monmouth University employees, is designed to address various aspects of emotional wellness during COVID-19.

**Click each link below for more information and to register**

<b>Monday, November 30th , 12:00 – 1:00 PM</b> <b>Finding the Eye of the Storm Part 2 of 3</b>	<a href="#"><u>Register</u></a>
<b>Wednesday, December 2nd , 12:00 – 1:00 PM</b> <b>Finding the Eye of the Storm Part 3 of 3</b>	<a href="#"><u>Register</u></a>
<b>Wednesday, December 9<sup>th</sup>, 2:00 – 3:00 PM</b> <b>The New Rules - Coping with the Changes of COVID-19</b>	<a href="#"><u>Register</u></a>