Quarterly Investment Update



MONMOUTH UNIVERSITY DC RETIREMENT PLAN (BASIC)

Investment Performance as of 9/30/2023

The performance data quoted represents past performance, and is no guarantee of future results. Your returns and the principal value of your investment will fluctuate so that your mutual fund shares and annuity account accumulation units, when redeemed, may be worth more or less than their original cost. Current performance may be lower or higher than the performance quoted. For performance current to the most recent month-end, call 800-842-2252 or visit TIAA.org/planinvestmentoptions and enter your plan ID. Performance may reflect waivers or reimbursements of certain expenses. Absent these waivers or reimbursements, performance results would have been lower. Since Inception performance shown is cumulative for periods less than one year.

Tier I

			Total Re	turns	Avera	nge Annual	Total Retu	ırns	Total Annual Op Expenses (%/Per	_		
Equities - Variable Annuity	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
CREF Stock Account (R2) (QCSTPX) ^{1,2,3,4}	Aggressive Allocation	04/24/15 07/31/52		9.77%	20.92%	7.05%	6.40%	8.32%	0.32% \$3.20	0.32% \$3.20	-	Round Trip: If a round trip is made within 60 calendar days, exchanges into the same account will be
Benchmark: Morningstar Aggressive Target Risk TR USD			-3.26%	6.45%	17.99%	6.71%	5.66%	7.45%				restricted for 90 calendar days. Pln Svcs Credit: .0.065%/quarterly
Benchmark: CREF Stock Account Composite Index			-3.33%	9.90%	20.53%	7.57%	7.10%	8.90%				

Investment products, insurance and annuity products: are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

Total Annual Operating
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\$1000

Equities - Variable Annuity	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
CREF Stock Account (R4) (QCSTFX) ^{2,3,5}	Aggressive Allocation	09/16/22 07/31/52		9.96%	21.19%	7.16%	6.49%	8.40%	0.12% \$1.20	0.12% \$1.20	-	Round Trip: If a round trip is made within 60 calendar days, exchanges into the same account will be
Benchmark: Morningstar Aggressive Target Risk TR USD			-3.26%		17.99%	6.71%	5.66%	7.45%				restricted for 90 calendar days. Pln Svcs Fee: .0.085%/quarterly
Benchmark: CREF Stock Account Composite Index			-3.33%	i	20.53%	7.57%	7.10%	8.90%				,

			Total Re	turns	Avera	age Annual	Total Retu	ırns	Total Annual C Expenses (%/Po			
Equities - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
MFS International Diversification Fund Class R6 (MDIZX) ^{6,7,8}	Foreign Large Blend	10/02/17	-4.83%	5.14%	20.63%	2.24%	3.85%	4.34%	0.74% \$7.40	0.73% \$7.30	09/30/24	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: MSCI ACWI Ex USA NR USD			-3.77%	5.34%	20.39%	3.74%	2.58%	2.45%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly

Total Annual Operating Expenses (%/Per \$1000) **Total Returns** Average Annual Total Returns

Real Estate - Variable Annuity	Morningstar Category	Inception Date 3 Mont	ı YTD	1 Year	3 Year	;	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
TIAA Real Estate Account (QREARX) ^{3,9,10}	Real Estate	10/02/95 -2.47	6 -9.19%	-12.37%	5.22%	4.11%	5.57%	0.87% \$8.70	0.87% \$8.70	-	Transfers out: Limit 1 per quarter. Limitations may apply to any transaction resulting in a balance > \$150,000. Pln Svcs Credit: 0.155%/quarterly

Total Annual Operating Expenses

Operating Expense
Total Returns Average Annual Total Returns (%/Per \$1000)

Multi Asset - Variable Annuity	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year		10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
CREF Social Choice Account (R2) (QCSCPX) ^{1,2,3,4}	Moderate Allocation	04/24/15 03/01/90	-3.59%	4.41%	12.19%	2.78%	4.72%	5.88%	0.27% \$2.70	0.27% \$2.70	-	Round Trip: If a round trip is made within 60 calendar days, exchanges into the same
Benchmark: Morningstar Moderate Target Risk TR USD			-3.29%	3.40%	11.43%	2.30%	3.98%	5.24%				account will be restricted for 90 calendar days. Pln Svcs Credit: 0.065%/quarterly
Benchmark: CREF Social Choice Account Composite Index			-3.37%	5.87%	12.99%	3.03%	4.84%	6.17%				0.000 //y quarterly
CREF Social Choice Account (R4) (QSCCFX) ^{2,3,5}	Moderate Allocation	09/16/22 03/01/90	-3.53%	4.59%	12.44%	2.90%	4.82%	5.96%	0.07% \$0.70	0.07% \$0.70	-	Round Trip: If a round trip is made within 60 calendar days, exchanges into the same
Benchmark: Morningstar Moderate Target Risk TR USD			-3.29%	3.40%	11.43%	2.30%	3.98%	5.24%				account will be restricted for 90 calendar days. Pln Svcs Fee: 0.085%/quarterly
Benchmark: CREF Social Choice Account Composite Index			-3.37%	5.87%	12.99%	3.03%	4.84%	6.17%				occord, quartory

Total Annual
Operating Expenses
al Returns Average Annual Total Returns (%/Per \$1000)

				Total Re	eturns	Avera	age Annual	Total Retur	ns	(%/Per \$	1000)		
	Morningstar		7-Day						10 Year/ Since				Shareholder Fees &
Money Market - Variable Annuity	Category	Inception Date	Yield**	3 Month	YTD	1 Year	3 Year	5 Year	Inception	Gross	Net	Expiration	Restrictions*
CREF Money Market Account (R2) (QCMMPX) ^{1,2,3,4,11,12}	Money Market- Taxable	04/24/15 04/01/88		1.26%	3.56%	4.26%	1.53%	1.48%	0.87%	0.25% \$2.50	0.25% \$2.50	-	Pln Svcs Credit: 0.065%/quarterly
Benchmark: iMoneyNet Money Fund Averages-All Government				1.24%	3.45%	4.28%	1.59%	1.46%	0.88%				

You could lose money by investing in the CREF Money Market Account. Because the accumulation unit value of the Account will fluctuate, the value of your investment may increase or decrease. An investment in the Account is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. The Account's sponsor has no legal obligation to provide support to the Account, and you should not expect that the sponsor will provide financial support to the Account at any time.

^{**}The current yield more closely reflects the earnings of this investment choice.

	Total Returns			Av	erage Annual Id	otal Returns		Current Rates			
Guaranteed - Fixed Annuity	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year	Since Inception	Rate	Guaranteed Minimum Rate	
TIAA Traditional Annuity - Retirement Annuity 13,14,15	-	1.15%	3.36%	4.41%	3.86%	3.83%	3.89%	-	6.50%	3.00%	

Additional Information:

The current rate shown applies to premiums remitted during the month of October 2023 and will be credited through 2/29/2024. This rate is subject to change in subsequent months. Up-to-date rate of return information is available on your plan-specific website noted above or at 800-842-2733.TIAA Traditional guarantees your principal and a minimum annual interest rate. The guaranteed minimum interest rate is 3.00%, and is effective while the funds remain in the contract. The account also offers the opportunity for additional amounts in excess of the guaranteed minimum interest rate. When declared, additional amounts remain in effect for the twelve-month period that begins each March 1 for accumulating annuities and January 1 for payout annuities. Additional amounts are not guaranteed for the future years. All guarantees are subject to TIAA's claims paying ability.TIAA Traditional is designed primarily to help meet your long-term retirement income needs; it is not a short-term savings vehicle. Therefore, some contracts require that benefits are paid in installments over time and/or may impose surrender charges on certain withdrawals. TIAA has rewarded participants who save in contracts where benefits are paid in installments over time instead of in an immediate lump-sum by crediting higher interest rates, typically 0.50% to 0.75% higher. Higher rates will lead to higher account balances and more retirement income for you. For Retirement Annuity (RA) contracts, lump-sum withdrawals are not available from the TIAA Traditional account. Subject to the terms of your plan, all withdrawals and transfers from the account must be paid in ten annual installments. After termination of employment additional income options may be available including income for life, interest-only payments, and IRS required minimum distribution payments.

		Total Retu	ırns	Av	erage Annual To	tal Returns			Current	Rates
		0 M . II	VTD	4. V	0.V	E.V.	40.7	Since		Guaranteed Minimum
Guaranteed - Fixed Annuity	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year	Inception	Rate	Rate
TIAA Traditional Annuity - Retirement Choice 13,14,15	08/01/05	1.21%	3.53%	4.65%	4.09%	4.06%	4.17%	4.36%	6.75%	2.80%

Additional Information:

An annual plan servicing credit of 0.065% is credited on a quarterly basis.

The current rate shown applies to premiums remitted during the month of October 2023 and will be credited through 2/29/2024. This rate is subject to change in subsequent months. Up-to-date rate of return information is available on your plan-specific website noted above or at 800-842-2733. TIAA Traditional guarantees your principal and a minimum annual interest rate. The current guaranteed minimum interest rate for premiums remitted in 2022 is 2.80%, and is effective through 2032. The account also offers the opportunity for additional amounts in excess of the minimum interest rate. When declared, additional amounts remain in effect for the twelve-month period that begins each March 1 for accumulating annuities and January 1 for payout annuities. Additional amounts are not guaranteed for the future years. All guarantees are subject to TIAA's claims paying ability.TIAA Traditional is designed primarily to help meet your long-term retirement income needs; it is not a short-term savings vehicle. Therefore, some contracts require that benefits are paid in installments over time and/or may impose surrender charges on certain withdrawals. TIAA has rewarded participants who save in contracts where benefits are paid in installments over time instead of in an immediate lump-sum by crediting higher interest rates, typically 0.50% to 0.75% higher. Higher rates will lead to higher account balances and more retirement income for you.For Retirement Choice (RC) contracts, and subject to the terms of your employer's plan, lump-sum withdrawals are available from the TIAA Traditional account only within 120 days after termination of employment and are subject to a 2.5% surrender charge. All other withdrawals and transfers from the account must be paid in 84 monthly installments (7 years). If the Contractholder elects to remove TIAA Traditional, the contract's entire TIAA Traditional accumulation will be paid out in 60 monthly installments without any surrender charge.

			Total R	eturns	Aver	age Annual	Total Retu	ırns	Total Annual Op Expenses (%/Per				
Equities - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*	
American Funds Capital World Growth and Income Fund Class R-6 (RWIGX) ⁶	Global Large- Stock Blend	05/01/09	-3.80%	8.31%	22.68%	5.86%	5.90%	7.18%	0.42% \$4.20	0.42% \$4.20	-	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: MSCI ACWI NR USD			-3.40%	10.06%	20.80%	6.89%	6.46%	7.56%		1		exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly	
Columbia Mid Cap Index Fund Institutional 2 Class (CPXRX) ^{6,8,16}	Mid-Cap Blend	11/08/12	-4.30%	4.11%	15.26%	11.81%	5.82%	8.71%	0.27% \$2.70	0.20% \$2.00	06/24/24	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: S&P MidCap 400 TR			-4.20%	4.27%	15.51%	12.05%	6.06%	8.94%				exchanging out of the fund. Pln Svcs Credit: 0.015%/quarterly	
Federated Hermes MDT Small Cap Growth Fund Class R6 (QLSGX) ^{6,16,17,18}	Small Growth	06/29/16	-6.80%	5.80%	12.40%	5.19%	1.63%	9.96%	1.00% \$10.00	0.88% \$8.80	10/01/24	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: Russell 2000 Growth TR USD			-7.32%	5.24%	9.59%	1.09%	1.55%	8.08%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly	
JPMorgan Equity Income Fund Class R6 (OIEJX) ^{6,19}	Large Value	01/31/12	-3.14%	-3.22%	9.37%	10.49%	7.28%	9.55%	0.45% \$4.50	0.45% \$4.50	-	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: Russell 1000 Value TR USD			-3.16%	1.79%	14.44%	11.05%	6.23%	8.45%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly	
MFS Mid Cap Growth Fund Class R6 (OTCKX) ^{6,8,16,17}	Mid-Cap Growth	01/02/13	-5.03%	7.44%	15.10%	0.42%	6.78%	10.65%	0.67% \$6.70	0.66% \$6.60	12/31/23	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: Russell Mid Cap Growth TR USD			-5.22%	9.88%	17.47%	2.61%	6.97%	9.94%		1		exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly	
T. Rowe Price Blue Chip Growth Fund I Class (TBCIX) ^{6,17}	Large Growth	12/17/15	-2.84%	31.25%	28.82%	0.96%	7.46%	11.64%	0.57% \$5.70	0.57% \$5.70	-	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly	
Benchmark: S&P 500 TR USD			-3.27%	13.07%	21.62%	10.15%	9.92%	12.04%					

Total	Annua	l Operating
Expen	ses (%/	Per \$1000)

Total Returns Average Annual Total Returns Expenses (

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Equities - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross		Fee Waiver Expiration	Shareholder Fees & Restrictions*
TIAA-CREF Small-Cap Blend Index Fund (Institutional) (TISBX) ^{8,16}	Small Blend	10/01/02		2.64%	9.15%	7.27%	2.51%	6.82%	0.06% 0.	-	02/29/24	1
Benchmark: Russell 2000 TR USD			-5.13%	2.54%	8.93%	7.16%	2.40%	6.65%				
Vanguard FTSE Social Index Fund Admiral (VFTAX) ^{6,20}	Large Blend	02/07/19	-3.52%	16.43%	22.43%	8.17%	-	12.22%	1	14% 1.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Russell 1000 TR USD			-3.15%	13.01%	21.19%	9.53%	-	11.98%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Vanguard Growth Index Fund Admiral Shares (VIGAX) ^{6,17}	Large Growth	11/13/00	-3.70%	28.28%	28.10%	6.75%	11.94%	13.56%	1	.05% 0.50	-	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: CRSP US Large Cap Growth TR USD			-3.68%	28.35%	28.16%	6.79%	11.98%	13.61%				
Vanguard Institutional Index Fund Institutional Shares (VINIX) ⁶	Large Blend	07/31/90	-3.28%	13.04%	21.58%	10.12%		11.88%	1	04% 0.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P 500 TR USD			-3.27%	13.07%	21.62%	10.15%	9.92%	11.91%				
Vanguard Total International Stock Index Fund Admiral Shares (VTIAX) ^{6,7,20}	Foreign Large Blend	11/29/10	-4.02%	5.05%	20.46%	3.86%	2.74%	3.60%	I .	11% 1.10	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: MSCI ACWI Ex USA NR USD			-3.77%	5.34%	20.39%	3.74%	2.58%	3.35%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Victory Sycamore Established Value Fund Class R6 (VEVRX) ^{6,16,19}	Mid-Cap Value	03/04/14	-4.06%	-0.22%	12.76%	15.69%	8.69%	10.09%	1	54% 5.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Russell Mid Cap Value TR USD			-4.46%	0.54%	11.05%	10.98%	5.18%	6.87%				
Victory Sycamore Small Company Opportunity Fund R6 (VSORX) ^{6,16,19}	Small Value	12/15/15	-3.94%	-0.41%	11.87%	14.51%	5.80%	9.80%	1	85% 3.50	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Russell 2000 Value TR USD			-2.96%	-0.53%	7.84%	13.32%	2.59%	7.36%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly

Fixed Income - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year		10 Year/ Since nception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
Dodge & Cox Income Fund Class X (DOXIX) ^{6,8}	Intermediate Core-Plus Bond	05/02/22	-2.67%	0.40%	3.18%	-	-	-1.28%	0.36% \$3.60	0.33% \$3.30	, ,	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Bloomberg US Aggregate Bond TR USD		1	-3.23%	-1.21%	0.64%	-	-	-3.18%			i	exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Vanguard Inflation-Protected Securities Fund Admiral Shares (VAIPX) ⁶	Inflation- Protected Bond	06/10/05	-2.56%	-0.76%	1.04%	-2.06%	2.00%	1.64%	0.10% \$1.00	0.10% \$1.00	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Bloomberg US Treasury US TIPS TR USD			-2.60%	-0.78%	1.25%	-1.98%	2.12%	1.74%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly

Total Annual Operating Expenses

			Total Re	turns	Average Annual Total Returns		(%/Per \$	1000)				
Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year		10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
TIAA-CREF Lifecycle 2010 Fund (Institutional) (TCTIX)	Target-Date 2000-2010	01/17/07 10/15/04	-2.26%	3.49%	8.19%	1.14%	3.26%	4.63%	0.52% \$5.20	0.37% \$3.70	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2010 Fund Composite Index			-2.50%	3.51%	8.39%	0.93%	3.54%	4.64%				
Benchmark: S&P Target Date 2010 TR USD			-2.62%	3.14%	8.30%	1.03%	3.09%	4.09%				
TIAA-CREF Lifecycle 2015 Fund (Institutional) (TCNIX) ^{1,8,21,22}	Target-Date 2015	01/17/07 10/15/04	-2.42%	3.54%	8.60%	1.46%	3.44%	4.96%	0.53% \$5.30	0.38% \$3.80	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2015 Fund Composite Index			-2.67%	3.92%	9.26%	1.34%	3.81%	5.01%				
Benchmark: S&P Target Date 2015 TR USD			-2.66%	3.44%	8.81%	1.57%	3.32%	4.58%				,

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Average Annual Total Returns

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Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
TIAA-CREF Lifecycle 2020 Fund (Institutional) (TCWIX) ^{1,8,21,22}	Target-Date 2020	01/17/07 10/15/04	-2.56%	4.03%	9.46%	1.80%	3.62%	5.35%	0.54% \$5.40	0.39% \$3.90	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Lifecycle 2020 Fund Composite Index			-2.80%	4.37%	10.17%	1.78%	4.07%	5.46%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P Target Date 2020 TR USD			-2.73%	3.96%	9.96%	1.91%	3.44%	4.95%		1		
TIAA-CREF Lifecycle 2025 Fund (Institutional) (TCYIX) ^{1,8,21,22}	Target-Date 2025	01/17/07 10/15/04	-2.77%	4.59%	10.76%	2.45%	3.98%	5.86%	0.55% \$5.50	0.41% \$4.10	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Lifecycle 2025 Fund Composite Index			-2.92%	4.98%	11.39%	2.52%	4.49%	6.04%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P Target Date 2025 TR USD			-2.80%	4.35%	10.97%	3.03%	4.02%	5.56%		1		
TIAA-CREF Lifecycle 2030 Fund (Institutional) (TCRIX) ^{1,8,21,22}	Target-Date 2030	01/17/07 10/15/04	-2.94%	5.47%	12.55%	3.23%	4.40%	6.39%	0.57% \$5.70	0.42% \$4.20	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Lifecycle 2030 Fund Composite Index			-3.06%	5.77%	12.91%	3.33%	4.95%	6.62%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P Target Date 2030 TR USD			-2.98%	5.30%	12.96%	4.08%	4.51%	6.14%		1		0.085%/ quarteny
TIAA-CREF Lifecycle 2035 Fund (Institutional) (TCIIX) 1,8,21,22	Target-Date 2035	01/17/07 10/15/04	-3.08%	6.55%	14.64%	4.07%	4.83%	6.90%	0.60% \$6.00	0.43% \$4.30	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2035 Fund Composite Index		1	-3.19%	6.76%	14.84%	4.26%	5.46%	7.21%				
Benchmark: S&P Target Date 2035 TR USD			-3.14%	6.34%	15.18%	5.24%	5.07%	6.72%				5.55570/ quarterly

Total Returns

Average Annual Total Returns

			Total Ite		ns Average Annual Total Neturns		(70/1 61 \$1000)					
Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
TIAA-CREF Lifecycle 2040 Fund (Institutional) (TCOIX) ^{1,8,21,22}	Target-Date 2040	01/17/07 10/15/04	-3.36%	7.60%	16.57%	5.01%	5.27%	7.40%	0.63% \$6.30	0.44% \$4.40	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Lifecycle 2040 Fund Composite Index			-3.28%	7.83%	16.82%	5.33%	5.99%	7.78%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P Target Date 2040 TR USD			-3.23%	7.23%	17.06%	6.16%	5.53%	7.15%				
TIAA-CREF Lifecycle 2045 Fund (Institutional) (TTFIX) ^{8,21}	Target-Date 2045	11/30/07	-3.41%	8.38%	18.07%	5.82%	5.68%	7.74%	0.64% \$6.40	0.45% \$4.50	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2045 Fund Composite Index			-3.30%	8.52%	18.05%	6.22%	6.45%	8.16%				
Benchmark: S&P Target Date 2045 TR USD			-3.33%	7.79%	18.32%	6.72%	5.81%	7.41%				
TIAA-CREF Lifecycle 2050 Fund (Institutional) (TFTIX) ^{8,21}	Target-Date 2050	11/30/07	-3.48%	8.64%	18.65%	5.97%	5.77%	7.83%	0.65% \$6.50	0.45% \$4.50	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Lifecycle 2050 Fund Composite Index			-3.31%	8.83%	18.59%	6.44%	6.56%	8.27%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P Target Date 2050 TR USD			-3.36%	8.03%	18.84%	7.01%	5.93%	7.60%				0.085%/ quarteny
TIAA-CREF Lifecycle 2055 Fund (Institutional) (TTRIX) ^{8,21}	Target-Date 2055	04/29/11	-3.47%	8.81%	18.90%	6.10%	5.82%	7.90%	0.66% \$6.60	0.45% \$4.50	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2055 Fund Composite Index		1	-3.31%	8.97%	18.85%	6.59%	6.63%	8.36%				
Benchmark: S&P Target Date 2055 TR USD			-3.36%	8.04%	18.97%	7.12%	5.98%	7.68%				

Total Returns Average Annual Total Returns

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Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
TIAA-CREF Lifecycle 2060 Fund (Institutional) (TLXNX) ^{8,21}	Target-Date 2060	09/26/14	-3.48%	8.91%	19.04%	6.22%	5.89%	7.52%	0.69% \$6.90	0.45% \$4.50	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2060 Fund Composite Index			-3.31%	9.11%	19.11%	6.75%	6.71%	7.89%				
Benchmark: S&P Target Date 2060 TR USD			-3.37%	8.14%	19.09%	7.10%	6.00%	7.23%				
TIAA-CREF Lifecycle 2065 Fund (Institutional) (TSFTX) ^{8,21}	Target-Date 2065+	09/30/20	-3.50%	9.03%	19.15%	6.44%	-	6.44%	2.06% \$20.60	0.45% \$4.50	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: Lifecycle 2065 Fund Composite Index			-3.31%	9.25%	19.36%	6.91%	-	6.91%				
Benchmark: S&P Target Date 2065+ TR USD			-3.37%	8.16%	19.00%	7.16%	-	7.16%				0.000 707 quarterly
TIAA-CREF Lifecycle Retirement Income Fund (Institutional) (TLRIX) ⁸	Moderately Conservative Allocation	11/30/07	-2.35%	3.45%	8.23%	1.10%	3.26%	4.44%	0.54% \$5.40	0.37% \$3.70	09/30/23	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Lifecycle Retirement Income Fund Composite Index			-2.63%	3.70%	8.79%	0.97%	3.59%	4.47%				exchanging out of the fund. Pln Svcs Fee: 0.085%/quarterly
Benchmark: S&P Target Date Retirement Income TR USD			-2.61%	2.75%	7.38%	0.22%	2.59%	3.48%				

Total Annual Operating Expenses (%/Per \$1000) **Total Returns Average Annual Total Returns** 10 Year/ Morningstar 7-Day Since Fee Waiver Shareholder Fees & Money Market - Mutual Fund Category Inception Date Yield** 3 Month YTD 1 Year 3 Year 5 Year Inception Net Expiration Restrictions* Gross Pln Svcs Fee: Vanguard Treasury Money Market Fund Money 12/14/92 5.23% 1.30% 3.66% 4.55% 1.72% 1.66% 1.06% 0.09% 0.09% Investor Shares (VUSXX) 0.085%/quarterly Market-\$0.90 \$0.90 Taxable Benchmark: FTSE Treasury Bill 3 Month 1.38% 3.80% 4.71% 1.78% 1.74% 1.12% USD

You could lose money by investing in a money market fund. Although a money market fund seeks to preserve the value of your investment at \$1.00 per share, it cannot guarantee it will do so. An investment in a money market fund is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. A money market fund's sponsor has no legal obligation to provide support to a money market fund, and you should not expect that the sponsor will provide financial support to a money market fund at any time.

**The current yield more closely reflects the earnings of this investment choice.

A Note About Risk

Equity risk refers to the risk of loss due to the market price of shares falling. Equity funds and variable annuity accounts generally carry a higher degree of risk than fixed income funds and accounts. Fixed income funds and variable annuity accounts are not guaranteed and are subject to interest rate, inflation and credit risks.

Variable annuity accounts that invest in real estate securities are subject to various risks, including fluctuation in property values, higher expenses or lower income than expected, and potential environmental problems and liability.

Guaranteed investments offer a guaranteed rate of return but such guarantees are subject to the claims-paying ability of the issuing insurance company.

More detailed information on risks applicable to a particular investment option can be found in the prospectus or other product literature.

Fees and Expenses

*Some Plans may allocate plan costs to participants to offset the cost of recordkeeping and other plan services. When the Plan allocates these costs at the investment-level there may be a plan services fee or credit displayed in the "Shareholder fees & restrictions" column. If the costs are allocated at the plan-level (regardless of investment) it is not displayed on the Quarterly Investment Update. Fee and expense information for the variable return investment options include the Total Annual Operating Expenses expressed as a percentage and a dollar amount based upon a \$1,000 accumulation both as net (after) and gross (before) of expenses. Total Annual Operating Expenses is a measure of what it costs to operate an investment, expressed as a percentage of its assets, as a dollar amount or in basis points. These are costs the investor pays through a reduction in the investment's rate of return. Expense information shown is based on the most recent information available, but may not reflect all updates and may differ slightly from the prospectus due to rounding. Please consult the most recent prospectus or offering document for more detailed information.

For more information on the impact of fees and expenses associated with your plan, please visit TIAA.org/fees. Fees are only one of many factors to consider when making an investment decision.

About the Benchmark

A benchmark provides an investor with a point of reference to evaluate an investment's performance. One common type of benchmark used to compare investment performance is called an index. Indexes are unmanaged portfolios of securities designed to track the performance of a particular segment of the market. For example, a large cap stock fund or account will usually be compared to an index that tracks a portfolio of large-cap stocks. Conversely, a bond fund or account is typically compared to an index that tracks a portfolio of bonds that is comparable to the fund or account's portfolio in terms of credit quality, maturity and liquidity. Each mutual fund or account shown in the table includes performance information for an index that the advisor determined provides a fair comparison of the fund or account's investment performance. Indexes are for comparison purposes only. You cannot invest directly in any index. Index returns do not reflect a deduction for fees or expenses.

Data Providers

Unless otherwise noted, data on nonproprietary investment products, including performance, Morningstar Category and expenses, is provided by Morningstar, Inc. All other data provided by Teachers Insurance and Annuity Association of America - College Retirement Equities Fund. Benchmark performance shown across proprietary and nonproprietary funds/accounts is provided by TIAA with the exception of Since Inception periods calculated using a nonproprietary fund's inception date. TIAA reserves the rights to all proprietary data herein, and is not responsible for any damages or losses arising from any use of this information.

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The Morningstar Category classifies a fund based on its investment style as measured by underlying portfolio holdings (portfolio statistics and compositions over the past three years). If the fund is new

and has no portfolio, Morningstar estimates where it will fall before assigning a more permanent category. When necessary, Morningstar may change a category assignment based on current information.

Important Information

- 1 When more than one inception date is shown, the performance displayed for periods prior to the investment's inception date is hypothetical. The second inception date is that of the fund/account to which such performance is based. Please refer to the investment's performance disclosure for more details
- 2 Total annual expense deductions, which include investment advisory, administrative, and distribution (12b-1) expenses, and mortality and expense risk charges, are estimated each year based on projected expense and asset levels. Differences between actual expenses and the estimate are adjusted quarterly and are reflected in current investment results. Historically, adjustments have been small.
- 3 The Account's total annual expense deduction appears in the Account's prospectus, and may be different than that shown herein due to rounding. Please refer to the prospectus for further details.
- 4 The performance shown for Classes R1, R2, and R4 that is prior to their respective inception dates is based on the performance of the Accounts' Class R3. The performance for Classes R1 and R2 for periods prior to their inception has not been restated to reflect the current expenses of Classes R1 and R2, which may be higher or lower than Class R3 for the same period. The performance for Class R4 for the periods prior to its inception has not been restated to reflect the lower expenses of Class R4. Class R3 is now considered the oldest share class for CREF, previously it was R1.
- 5 The performance shown for Classes R1, R2, and R4 that is prior to their respective inception dates is based on the performance of the Accounts' Class R3. The performance for Classes R1 and R2 for periods prior to their inception has not been restated to reflect the current expenses of Classes R1 and R2, which may be higher or lower than Class R3 for the same period. The performance for Class R4 for the periods prior to its inception has not been restated to reflect the lower expenses of Class R4. Class R3 is now considered the oldest share class for CREF, previously it was R1.
- 6 Accumulations in funds not managed by TIAA may be subject to administrative charges. These charges are subject to change. Please review current documents related to your plan.
- 7 Securities of foreign issuers may lose value because of erratic market conditions, economic and political instability or fluctuations in currency exchange rates, which may be magnified in emerging markets.
- 8 The net expense ratio reflects a contractual arrangement that has the effect of reducing or limiting the fund's expenses. Without such an arrangement, currently or in the past, returns would have been lower. The arrangement will remain in effect until terminated. Please see the prospectus for details.
- 9 Funds that focus their investments in real estate are subject to the risks associated with real estate ownership, including fluctuations in property values, higher expenses or lower income than expected, and potential environmental problems and liability.
- 10 The total annual expense deduction, which includes investment management, administration, and distribution expenses, mortality and expense risk charges, and the liquidity guarantee, is estimated each year based on projected expense and asset levels. Differences between actual expenses and the estimate are adjusted quarterly and are reflected in current investment results. Historically, adjustments have been small.

- 11 You could lose money by investing in the CREF Money Market Account (the "Account"). Because the accumulation unit value of the Account will fluctuate, the value of your investment may increase or decrease. An investment in the Account is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. The Account's sponsor has no legal obligation to provide support to the Account, and you should not expect that the sponsor will provide financial support to the Account at any time. Between July 16, 2009 and March 7, 2017, TIAA withheld ("waived") a portion of the Rule 12b-1 distribution and/or administrative expenses for each class of the Account when a class's yield was less than zero. Without this waiver, the total returns of the Account would have been lower. For a period of three years after the date an amount was waived, it was eligible for recoupment by TIAA, under certain conditions. All eligible expenses for this waiver were recouped by July 2018 for Class R3, September 2018 for Class R2 and June 2019 for Class R1. Beginning in 2020, TIAA agreed to a new waiver of a portion of the Rule 12b-1 distribution and/or administrative expenses for each class of the Account when a class's yield is less than zero. This waiver of expenses expired as of December 31, 2021. Without this waiver, the total returns of each class of the Account would have been lower, and could be negative. TIAA may, for a period of three years after the date an amount was waived, recover from the Account a portion of the amounts waived at such time as the class's daily yield would be positive absent the effect of the waiver and, in such event, the amount of recovery on any day will be approximately 25% of the class's yield (net of all other expenses) on that day.
- 12 iMoneyNet reports yields as of the last Tuesday of the month. Yields for the iMoneyNet Money Fund Report Averages-All Taxable and the annuity account(s) that track this industry average are calculated based on this date.
- 13 The TIAA Traditional Annuity guarantees principal and a specified interest rate (based on TIAA's claims paying ability). It also offers the potential for greater growth through additional amounts, which may be declared on a year-by-year basis by the TIAA Board of Trustees. These additional amounts, when declared, remain in effect for the "declaration year" which begins each March 1. Additional amounts are not guaranteed. For more up to date information please visit your employer's microsite or TIAA.org. TIAA Traditional is a guaranteed insurance contract and not an investment for federal securities law purposes.
- 14 Accumulations are credited with interest based on when contributions and transfers are received, and your performance will reflect your pattern of contributions. The returns shown in the table reasonably represent what an individual making level monthly premiums would have historically earned over the time periods. Returns for different time periods are calculated in two steps: monthly performance returns are calculated from an accumulation created by a series of level monthly premiums over the prior 10 years (or the inception date of the product if later), and those monthly returns are linked together to determine historical performance for each of the return periods shown.
- 15 The Current Rates, Minimum Guaranteed Rates and Fees (if applicable) shown for guaranteed annuities are the rates in effect as of the first day of the month following quarter end. Depending upon the contract, these may apply to new money only or to both new money and existing accumulations. See your annuity contract or certificate for details.
- 16 Securities of smaller companies may be more volatile than those of larger ones, and they are also often less liquid than those of larger companies because there is a limited market for them.
- 17 Due to their relatively high valuations which are generally a function of expected earnings growth, growth stocks will be more volatile than value stocks and such earnings growth may not occur or be sustained.
- 18 The net expense ratio reflects a voluntary arrangement that has the effect of reducing or limiting the fund's expenses. Without such an arrangement, currently or in the past, returns would have been lower. The arrangement will remain in effect until terminated. Please see the prospectus for details.
- 19 Value stocks may perform differently from the market as a whole and may be undervalued by the market for a long period of time.
- 20 The index shown is for comparative purposes only, and may not match other websites or publications.

- 21 As Target Retirement Date Funds are actively managed, their asset allocations are subject to change and may vary from those indicated. They invest in many underlying funds and are exposed to the risks of different areas of the market. Please note that, as with all mutual funds, the principal value of a Target Retirement Date Fund is not guaranteed. The higher a fund's allocation to stocks, the greater the risk. After the target date has been reached, some of these funds may be merged into a fund with a more stable asset allocation. In addition to the fund level expenses these funds are also subject to the expenses of their underlying investments. Please consult the prospectus for more complete information.
- 22 Performance shown for the Since Inception period and prior to the inception of the Institutional Class is based on the performance of the fund's Retirement Class. Performance has not been restated to reflect the lower expenses of the Institutional Class. If the expense differential had been reflected, performance for these periods would have been higher.



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Mutual funds are offered through your plan sponsor's retirement plan, which is recordkept by TIAA. Funds are offered at that day's net asset value (NAV), and the performance is displayed accordingly. Performance at NAV does not reflect sales charges, which are waived through your retirement plan. If included, the sales charges would have reduced the performance as quoted.

Before making your investment choices and completing your enrollment form, you should consider the investment objectives, risks, charges and expenses carefully. Please call 877-518-9161 for paper copies of the product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

Unless otherwise noted, annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. TIAA-CREF Individual & Institutional Services, LLC, Teachers Personal Investors Services, Inc., and Nuveen Securities, LLC, Members FINRA and SIPC, distribute securities products.

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