

# MONMOUTH UNIVERSITY

## **Monmouth University Occupational Therapy Online Shadowing Experience**

In response to the difficulties that applicants may encounter in completing their required observation hours, the Monmouth University OTD program will allow the following online shadowing experience in lieu of completing the full 60 hour observation hour requirement.

**Website:** [https://rise.articulate.com/share/oqbmWqPTs5TB36aI5R7DUMblwykJiY\\_Y#/  
\*\*Password:\*\* LucasQU \(case specific\)](https://rise.articulate.com/share/oqbmWqPTs5TB36aI5R7DUMblwykJiY_Y#/)

There are 6 modules that should be completed. The modules are a combination of PowerPoint presentations with embedded videos to watch that show OT in Action in various settings across the lifespan. There are also readings whose links are embedded into the PowerPoint that should be read. For each module, there is an assignment (i.e. Case study, reflection, essay, etc.) for you to complete. These are located at the end of each PowerPoint prior to the references.

Credit: Cheryl B. Lucas, EdD, OTR/L, Quinnipiac University

**Please use the space below to initial that each section has been completed and answer the assignment questions.**

Once completed, please upload this document to OTCAS or the Monmouth University Application.

Please note: Applicants who have completed some observation hours and have signed forms should submit those forms in addition to this online shadowing experience. If an applicant has completed all 60 of the required observation hours, they **do not** need to complete this alternate online shadowing experience.

### **Module #1:**

I have completed all of the activities, readings, videos, and assignments for Module #1. \_\_\_\_ (initial here)

#### **Reflection:**

What have you learned about occupational therapy from watching the film and reading the power points?

Does anything in the film excite you about pursuing occupational therapy as a profession?

**Module #2:**

I have completed all of the activities, readings, videos, and assignments for Module #2. \_\_\_\_ (initial here)

Assignment:

1. What is a mitochondrial disorder?
2. What were concerns of family for Samuel?
3. How do parents cope with disabilities in children?
4. What was Samuel's vision?
5. What were some of the adaptive devices he used?
6. What are benefits of inclusion?
7. How do you think OT's can help?
8. Comment on the video you watched during Module #2. What did you learn about play and the role of OT with children?

**Module #3:**

I have completed all of the activities, readings, videos, and assignments for Module #3. \_\_\_\_ (initial here)

Assignment:

1. What is ALS (amyotrophic lateral sclerosis)? What is it caused by? What age group does it effect?

2. What daily activities were affected?

3. How did the disease process effect the family?

4. Name two ways that Mr. Connelly was able to communicate with others.

5. How did Mr. Connelly make you feel?

#### **Module #4:**

I have completed all of the activities, readings, videos, and assignments for Module #4. \_\_\_\_ (initial here)

#### Assignment:

1. How did Monica and David make you feel?
  
2. What are Monica's and David's goals and aspirations?
  
3. What occupations did each person engage in and what would they have liked to engage in?  
(Return to Model #1 and review occupations for this questions)

#### **Module #5:**

I have completed all of the activities, readings, videos, and assignments for Module #5. \_\_\_\_ (initial here)

#### Assignment:

1. Describe the characters in the film. What problems or issues are each of them facing?
  
2. Review *The World Health Organization's Determinants of Health*. Do you think any of the items found in the determinants of health can explain the problems that the family in the film has encountered? How?
  
3. Now that you know about OT in mental health, is this a field you might want to try? Why or why not?

**Module #6:**

I have completed all of the activities, readings, videos, and assignments for Module #6. \_\_\_\_ (initial here)

Assignment:

1. Write a review of the Ted Talk and the Case Video. What do you think about using adaptive equipment? Is this an area of OT that interests you?

2. Find two apps on your phone, one that could give you medication reminders and one that could be used by someone who has a visual impairment. Please include their names below.

**Thank you for completing the alternate occupational therapy shadowing experience for Monmouth University. Please make sure to upload this document to OTCAS or your Monmouth University application.**

Student Name: \_\_\_\_\_ Student Signature: \_\_\_\_\_