

Sample Course Worksheet for LAC Application

For the LAC application, this is a general guideline for how the courses can be listed. There is some flexibility with which courses you place in each slot. You must list 15 AND ONLY 15 courses here. You must put at least one course in 8 AND ONLY 8 areas (you may list more than one course per section). **Important note:** Do not list your Practicum or Internships (PC 595, 680) if you plan to use those hours toward your licensure; they will not count if you list them here. The following page is an example of a possible way to list your courses:

Please note:

The following electives can be placed in either the “Counseling Theory and Practice” or “The Helping Relationship” categories:

524-Counseling Children & Adolescents
528-Family Counseling
532-Couples Counseling
533-Grief Counseling
542-Treatment for Drug & Alcohol
544-Advanced Drug & Alcohol
546-Substance Awareness in Schools

*** PC 521-Spirituality in Counseling** can be placed in "**Social & Cultural Foundations**"

**** PC 510 - Community Mental Health** (a formerly required course) can be placed in "**The Counseling Profession**"

***** PC 545 - Psychopharmacology** (a formerly required course) can be placed in "**Appraisal of Individuals**"

(See Next Page for Example)

Professional Counselor/Associate Counselor Applicant Course Work Check Sheet

As set forth in N.J.A.C. 13:34-11.2, the 60 graduate semester hours in course work will include 45 graduate semester hours distributed in eight of the following areas. Please list only the 45 credits on your transcript(s) that satisfy the 8 out of 9 domain areas. Do not list a course more than once.

Area	Course title and Course number	Hours/Credits <small>(Indicate semester or quarter hours) (45 semester credits or 68 quarter hour credits)</small>	College/University
Counseling Theory and Practice *Please see note	a. <u>PC 525 - Counseling Theories</u>	<u>3</u>	<u>Monmouth University</u>
	b. <u>PC 530 – Crisis Intervention</u>	<u>3</u>	<u>Monmouth University</u>
	c. <u>PC540 – Into to Drug and Alcohol Counseling</u>	<u>3</u>	<u>Monmouth University</u>
The Helping Relationship *Please see note	a. <u>PC 526- Case Conceptualization</u>	<u>3</u>	<u>Monmouth University</u>
	b. <u>PC 523 – Counseling Skills</u>	<u>3</u>	<u>Monmouth University</u>
	c. _____	_____	<u>Monmouth University</u>
Human Growth and Development, and Maladaptive Behaviors	a. <u>PC 515 – Human Development</u>	<u>3</u>	<u>Monmouth University</u>
	b. <u>PC 512- Psychopathology</u>	<u>3</u>	<u>Monmouth University</u>
	c. _____	_____	_____
Lifestyle and Career Development	a. <u>PC 570- Career Counseling</u>	<u>3</u>	<u>Monmouth University</u>
	b. _____	_____	_____
	c. _____	_____	_____
Group Dynamics, Processing, Counseling, and Consulting	a. <u>PC 550- Group Counseling</u>	<u>3</u>	<u>Monmouth University</u>
	b. _____	_____	_____
	c. _____	_____	_____
Appraisal of Individuals	a. <u>PC 506- Tests and Assessments</u>	<u>3</u>	<u>Monmouth University</u>
	b. _____	_____	_____
	c. _____	_____	_____
Social and Cultural Foundations **Please see note	a. <u>PC 529- Multicultural Counseling</u>	<u>3</u>	<u>Monmouth University</u>
	b. _____	_____	_____
	c. _____	_____	_____
Research and Evaluation The Counseling Profession ***Please see note	a. <u>PC 603- Research Methods</u>	<u>3</u>	<u>Monmouth University</u>
	b. _____	_____	_____
	a. <u>PC 505- Mental Health Counseling</u>	<u>3</u>	<u>Monmouth University</u>
	b. _____	_____	_____
	c. _____	_____	_____
Total hours/credits: _____		<u>45</u>	