

**Staci R. Drewson, PhD**  
**Assistant Professor in Physical Education**

Monmouth University  
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### EDUCATION

- PhD Physical Education - Teaching and Administration** August 2015  
 Springfield College, Springfield, MA  
 Dissertation: Participant Perceptions of Physical Activity and Leader Self-Efficacy to Facilitate Physical Activity in Community-Based Afterschool Programs
- MS Sport & Exercise Psychology** May 2012  
 Springfield College, Springfield, MA  
 Thesis: The Relationship of Emotional Intelligence and Coaching Behaviors
- BA History** May 1998  
 Gonzaga University, Spokane, WA  
 Graduating Honors: Cum Laude  
 Division I Scholarship Student-Athlete: Women's Basketball
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### AWARDS, HONORS, & DONATIONS

- 2019 NJAHPERD Higher Education Teacher of the Year Award
- State professional organization award acknowledging exemplary contributions to the field of Health and Physical Education Teacher Education in the state of New Jersey
  - Link to award acceptance speech and photo tribute: <https://youtu.be/TTmy4gSlqUc>
- 2017 Community Donation
- Anonymous donation (\$500) from a local foundation to PAASP service learning program
- 2016-Present Monmouth University Service Learning Faculty Fellow Cohort #1
- Selected by Center for Excellence in Teaching and Learning (CETL) and the Service Learning Program as a cohort member tasked with developing an academic course that provides a transformative learning experience via intentional connections between learning objectives, community partner services, and student reflection
  - Created **PE 350 School-Based Physical Activity (formerly PAASP)** to provide undergraduate students with opportunities to learn and apply theoretical frameworks and best practices related to physical activity promotion. Students develop, apply, and reflect upon core competencies via facilitating physical activity opportunities for children in a diverse, underserved community
  - Hire, train, and supervise graduate students to perform instructional, administrative, and research tasks associated with achieving the academic, service, and scholarly objectives affiliated with this service learning project
  - Mentor new service learning cohorts and present during Faculty Spotlights
- 2016 Annual Recognition Event Champions for Change
- Individual Contribution Award for outstanding efforts to improve health and safety in Asbury Park

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**TEACHING**
**2014-Present MONMOUTH UNIVERSITY WEST LONG BRANCH, NJ**

Health &amp; Physical Education Department

**ASSISTANT PROFESSOR**

Fall 2015-Present

**LECTURER**

Fall 2014-Spring 20

Course Titles

PE 360 Principles of Coaching  
 PE 350 School-Based Physical Activity (formerly PE 350/398 PAASP)  
 PE 203 Instructional Strategies in Physical Education and Health  
 PE 340 Motor Learning and Development  
 PE 310 Sport and Exercise Psychology  
 HE 290 Health Research Methods (formerly HE 190 Intro to Health Research)  
 HE 101 Strategies for Healthy Living  
 ED 379/597 Methods of Teaching Physical Education, K-12  
 HE/PE 389 Internship in Health or Physical Education  
 HE 399 Independent Study  
 PE 103 Surfing  
 PE 106 Target and Reaction Games  
 PE 130 Basketball  
 PE 131 Soccer  
 PE 116 Badminton  
 PE 127 Volleyball (Indoor/Sand)  
 PE 125 Tennis

**2009-2013 SPRINGFIELD COLLEGE SPRINGFIELD, MA**

Physical Education and Health Education Department

**ADJUNCT FACULTY**

Fall 2013

MOST 224 Motor Learning &amp; Skill Acquisition

**PETE SUPERVISION RESPONSIBILITIES**

PHED 102 Instructional Strategies in PE Lab

Spring 2013-Fall 2013

PHED 308 Adapted PE Program Lab

Fall 2012

**HPER GRADUATE TEACHING FELLOW**

PEAC 161 Archery (Instructor)

Fall 2012

PEAC 103 In-Line Skating (Instructor)

Spring 2012

PEAC 165 Badminton (Instructor)

Spring 2012

PEAC 144 Basketball (Instructor)

Fall 2009; Spring 2010; Fall 2011

PEPC 244 Teaching Basketball (Co-Instructor)

Spring 2010

**1999-2008 PUBLIC SCHOOL TEACHER GOVER BEACH, CA**

Grover Heights Elementary

**6<sup>TH</sup> GRADE TEACHER**

2005-2008

**4<sup>th</sup> GRADE TEACHER**

1999-2005

Gifted and Talented Education (GATE) Site Coordinator

2007-2008

Staff In-Service Presenter – Differentiated Instruction

2007-2008

Cooperating Teacher - Supervised 5 Pre-Service Teachers

2001-2006

School Site Council Representative

2005-2006

Friday Night Live Site Coordinator

2000-2006

Bright Futures Tutoring – Language Arts and Math

2001-2004

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**SCHOLARSHIP**

\*Former Legal Name: Staci R. Andrews\*

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**EXTERNAL FUNDING**

Title: Be The First/CATCH My Breath Cohort

Role: Principal Investigator

Year: 2019

Founder: CVS Health Foundation

Award: \$34,628

Title: Polar GoFit Module: Increasing Professional Preparation and Teaching Efficacy of Health and Physical Education Majors

Role: Principal Investigator

Year: 2015

Funder: NJAHPERD

Award: \$1,000

Title: Student-athlete Career Development

Role: Consultant (Van Raalte, PI)

Year: 2015

Funder: NCAA Innovations in Research and Practice Grants

Award: \$10,000

Title: Mental Health Referral for Student-Athletes: Web-Based Education And Training

Role: Graduate Assistant (Van Raalte, PI)

Year: 2014

Funder: NCAA Innovations in Research and Practice Grants

Award: \$10,000

Title: Physical Activity Promotion Program in Afterschool Programs for Underserved Youth

Role: Supervisor (Mangano, PI)

Year: 2013

Funder: Health New England, Inc.

Award: \$5,600

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**INTERNAL FUNDING**

Title: Preparation of Manuscripts for Publication in Scholarly Outlets

Role: Principal Investigator

Year: 2018

Funder: Monmouth University Summer Faculty Fellowship

Award: \$10,000

Title: Physical Activity Afterschool Program (PAASP) Initiative  
 Role: Principal Investigator  
 Year: 2016  
 Funder: Monmouth University Strategic Plan Initiative  
 Award: \$ 8,700

Title: Polar Gofit Heart Rate Module: Increasing Professional Preparation and Teaching Efficacy of Health and Physical Education Majors  
 Role: Principal Investigator  
 Year: 2016  
 Funder: Monmouth University Creativity and Research Grant  
 Award: \$2,000

## PUBLICATIONS – Articles

5. **Drewson, S. R.**, & Lackman, J. (2020). Leveraging service learning in PETE programs: Training preservice teachers on the afterschool component of the CSPAP. *Journal of Physical Education, Recreation, and Dance*, 91(3), 17-25. doi: 10.1080/07303084.2019.1705209
4. MCGovern, J., **Drewson, S. R.**, Hope, A., & Konopack, J. F. (2020). Gender differences in a youth physical activity intervention: Movement levels and children's perceptions. *American Journal of Health Education*, 51(2), 109-119. doi: 10.1080/19325037.2020.1712667
3. Van Raalte, J. L., **Andrews, S. R.**, Petitpas, A. J., & Brewer, B. W. (2017). Student-athlete career self-efficacy: Workshop development and evaluation. *Journal of Clinical Sport Psychology*, 11, 1-13. doi: <http://dx.doi.org/10.1123/jcsp.2016-0015>
2. Van Raalte, J. L., & **Andrews, S.**, Cornelius, A. E., Diehl, N. S., & Brewer, B. M. (2015). Mental health referral for student-athletes: Web-based education and training. *Journal of Clinical Sport Psychology*, 9, 197-212. doi: <http://dx.doi.org/10.1123/jcsp.2015-0011>
1. **Andrews, S. R.** (2015). Emotional control and instructional effectiveness: Maximizing a timeout. *Strategies: A Journal for Physical and Sport Educators*, 28(2), 33-37. doi: 10.1080/08924562.2014.1001104

## PUBLICATIONS – Research Abstracts

3. **Drewson, S. R.**, Myers, J., Hodges, M., Haines, P., & Green, S. (2019). Impacts of heart rate monitors on university physical activity courses. *Research Quarterly for Exercise and Sport*, 90(sup1), A-70. doi: 10.1080/02701367.2019.1603010.
2. **Andrews, S. R.** (2017). Perceptions of mastery-oriented physical activity in afterschool programs. *Research Quarterly for Exercise and Sport*, 88(sup1), A-47. doi: 10.1080/02701367.2017.1301746
1. **Andrews, S. R.** (2014). The relationship of emotional intelligence and coaching behaviors. *Research Quarterly for Exercise and Sport*, 85(sup1), A-105-A-106. doi: 10.1080/02701367.2014.94874

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## MANUSCRIPTS IN PROGRESS

Note: Indicates Monmouth University student: \*Student Name\*

Baghurst, T., Lackman, J., **Drewson, S. R.**, Spittler, P., Turcott, R., Smith, M., Illescas-Marquez, G., Boolani, A. (under review). A hot mess: Basketball coaches' perceptions of ability versus actual performances of their athletes.

**Drewson, S. R.** and colleagues. (in progress). Impacts of implementing a pre-packaged anti-vaping curriculum on teaching efficacy of preservice health and physical education teachers.

**Drewson, S. R.**, Myers, J., \*Haines, P.\* & \*Green, S.\* (in progress). Impacts of heart rate monitors in university physical activity courses. Aimed Journal: *Journal of Physical Education, Recreation, and Dance* or *The Physical Educator*.

**Drewson, S. R.** (in progress). Using heart rate feedback to motivate students in university physical activity courses. Aimed Journal: *Strategies: A Journal for Physical and Sport Educators*.

**Drewson, S. R.**, Konopack, J., McGovern, J., & Hope, A. (in progress).

- Program evaluation of PAASP based on time spent in MVPA via accelerometer data
- Qualitative investigation of changes in physical activity facilitation efficacy of undergraduate students via inductive analysis of student composed written reflections

**Drewson, S. R.** (in progress). Peer leadership: Establishing physical activity as a social norm in afterschool programs. Aimed Journal: *Health Promotion Practice*.

**Drewson, S. R.** (in progress). Mastery-oriented physical activity in afterschool programs: We all improved! Aimed journal: *Journal of Physical Activity and Health*

**Drewson, S. R.** (in progress). Emotional intelligence and effective coaching. Aimed Journal: *Journal of Sport Psychology*.

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## INTERNATIONAL PRESENTATIONS – Peer Reviewed

2. Hodges, M., & **Drewson, S. R.** (June 2019). *21<sup>st</sup> century HPETE curriculum considerations*. Oral paper presentation. Presented at the 2019 AIESEP International Conference, New York, United States of America.

1. Hodges, M., & **Drewson, S. R.** (June 2019). *Together we can do so much: Forging PETE & K-12 Partnerships*. Oral paper presentation. Presented at the 2019 AIESEP International Conference, New York, United States of America.

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## NATIONAL PRESENTATIONS – Peer Reviewed

Note: \* Indicates Monmouth University student

10. **Drewson, S. R.**, & Myers, J., Hodges, M., \*Haines, P.\* & \*Green, S.\* (April 2019). *Impacts of heart rate monitors on university physical activity courses*. Poster presentation. Presented at the 2019 SHAPE America National Convention and Exposition, Tampa, FL.

9. **Drewson, S. R.**, & Lackman, J. (October 2018). *Service Learning, PETE Preparation, and Physical Activity Promotion in CSPAP*. Presented at the 2018 SHAPE America HETE & PETE Convention, Salt Lake City, UT.

8. Lackman, J., Chepyator-Thomson, J. R., **Drewson, S. R.** (October 2018). *Student reflections on urban PE and involvement in college*. Presented at the 2018 SHAPE America HETE & PETE Convention, Salt Lake City, UT.

7. **Andrews, S. R.**, & \*Huff, S.\* (March 2017). *Perceptions of mastery-oriented physical activity in afterschool programs*. Poster presentation. Presented at the SHAPE America National Convention and Exposition, Boston, MA.
  6. **Andrews, S. R.**, Hope, A., \*Faunce, S.\* , McGovern, J., & Konopack, J. F. (October 2016). *School Health Guideline #4: Increasing physical activity in afterschool programs*. Presented at the 2016 American School Health Association Conference, Baltimore, MD.
  5. Van Raalte, J. L., Cornelius, A. E., Brewer, B. W., Petitpas, A. J., & **Andrews, S. R.** (July 2016). *Student-athlete career development*. Paper presented at the meeting of the National Collegiate Athletic Association, Accelerating Academic Success Program, New Orleans, LA.
  4. Van Raalte, J. L., Cornelius, A. E., Brewer, B. W., Petitpas, A. J., & **Andrews, S. R.** (January 2016). *Student-athlete career development*. Paper presented at the annual convention of the National Collegiate Athletic Association, San Antonio, TX.
  3. **Andrews, S. R.**, Bean, L., & Toohey, H. (February 2015). *Promoting physical activities in after-school programs*. SHAPE America Eastern District Convention, Springfield, MA.
  2. Van Raalte, J. L., & **Andrews, S. R.** (January 2015). *Mental health referral for student-athletes: Web-based education and training*. Paper presented at the 2014 NCAA Innovations Grant General Session. 2015 NCAA National Convention, Washington, DC.
  1. **Andrews, S. R.** (April 2014). *The relationship of emotional intelligence and coaching behaviors*. Poster presentation. AAHPERD National Convention and Exposition, St. Louis, MO.
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#### STATE PRESENTATIONS – Peer Reviewed

Note: \* Indicates Monmouth University student

Note: + Indicates invited presentation

19. **Drewson, S. R.** & Lackman, J. (February 2020). *Unpacking the CVS CATCH My Breath E-cigarette curriculum*. Presented at the NJAHPERD State Convention, Long Branch, NJ.
18. **Drewson, S. R.** & Lackman, J. (December 2019). *CVS CATCH My Breath E-cigarette curriculum*. Presentation at NJAHPERD Health Education Conference, Edison, NJ.
17. **Drewson, S. R.** & Lackman, J. (November 2019). *Risks of e-cigarettes: Pre-packaged curriculum to protect your future students*. Presented at the NJAHPERD Future Professionals Workshop, Long Branch, NJ.
16. **Drewson, S. R.** & Lackman, J. (February 2019). *Recess: Strategies to enhance Physical Activity*. Presented at the NJAHPERD Convention, Long Branch, NJ.
15. +Hodges, M., & **Drewson, S. R.** (March 2018). *The future of physical education: What to do to survive*. Discussion panelist. Presented at the Directors of Athletics Association of New Jersey State Conference, Atlantic City, NJ.
14. **Drewson, S. R.**, & \*Faunce, S.\* (February 2018). *Integrating Polar GoFit Technology into Higher Education Skills Courses*. Presented at the NJAHPERD State Convention, Long Branch, NJ.  
 MU Student Research Assistants: \*Steven Green\* Paul Haines\*  
 MU Student Volunteers: Brad Comer, Rebecca Simpson, Mike Brambilla, Alyson Morris, Jack Grace, Mike Valencia, Madison Conroy, Jack Olszewski, Jack Fay, Justin Irwin
13. Lackman, J., & **Drewson, S. R.** (February 2018). *HPETE Club: Best Practices*. Presented at the NJAHPERD Convention, Long Branch, NJ.
12. +**Drewson, S. R.** (May 2017). *Health and physical education teacher education: 50 million strong by 2029*. The New Jersey Future Educators Association Conference, West Long Branch, NJ.
11. **Andrews, S. R.**, & Wehrle, S. (November 2016). *Energize your students through CSPAP!* Presented at the New Jersey Education Association Convention, Atlantic City, NJ.

10. Romagnoli, A., Arnold, L., Henning, J., & **Andrews, S. R.** (June 2016). *Practice-based education: Linking methods courses with clinical experiences*. New Jersey Professional Development Schools Conference, Wayne, NJ.
9. Zimmerman, R., & **Andrews, S. R.** (May 2016). *Workshop workout of the day (WOW): Developing in-school activity programs*. SHAPE America Eastern District Convention, Atlantic City, NJ.
8. **Andrews, S. R.** (May 2016). *Peer leaders as facilitators of physical activity in afterschool programs*. Poster presentation. SHAPE America Eastern District Convention, Atlantic City, NJ.
7. **Andrews, S. R.** (February 2016). *Early fieldwork experiences for PETE students: Everybody wins!* NJAHPERD Convention, Long Branch, NJ.
6. **Andrews, S. R.**, \*Skolka, C.\* & \*Fersini, S.\* (February 2015). *Best practices to promote physical activities in after-school programs*. NJAHPERD Convention, Long Branch, NJ.
5. **Andrews, S. R.**, \*Kinsella, M.\* & \*Kinghorn, R.\* (February 2015). *Writing an effective physical education philosophy statement*. NJAHPERD Convention, Long Branch, NJ.
4. **Andrews, S. R.** & Zimmerman, R. (March 2014). *Mutually beneficial school university PETE partnerships*. MAHPERD Spring Convention, Westfield, MA.
3. **Andrews, S. R.** & Zimmerman, R. (March 2014). *School-university partnerships*. Break-out Session. MAHPERD Spring Convention, Westfield, MA.
2. **Andrews, S. R.**, Sotir, S., & Trachsler, T. A. (November 2013). *Team building for sport education units*. MAHPERD Fall Convention, Worcester, MA.
1. +**Andrews, S. R.**, Groccia, S., Elwell, M., & Walker, R. (Fall 2011). *Mentoring through physical activity*. Physical Education Institute conducted for a Chinese Delegation from Guangzhou Sports Training and Technological College, Guangdong, China. Springfield, MA.

## MONMOUTH UNIVERSITY STUDENT-FACULTY RESEARCH COLLABORATIONS

School-Based Physical Activity (formerly PAASP) Graduate Assistants	Fall 2017-Present
<ul style="list-style-type: none"> <li>• Jennifer Whaley, Ghada Ismail, Yaniliz Herrera</li> </ul>	
Professional Conference Co-Presenters	Fall 2015-Present
<ul style="list-style-type: none"> <li>• Stuart Faunce, Steven Green, Paul Haines, Stephanie Huff, Christopher Skolka, Samantha Fersini, Michael Kinsella, Ryan Kinghorn</li> </ul>	
Heart Rate Monitor Student Research Assistants	Summer 2017-Summer 2018
<ul style="list-style-type: none"> <li>• Paul Haines, Steven Green, Alaina Serenelli, Noami Greca</li> </ul>	

## MANUSCRIPT REVIEWER

<i>Strategies</i>	May 2014-Present
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## MEDIA-BASED ARTIFACTS

### [The PAASP Project](#)

Documentary co-created with Honors Student Taylor Nason Spring 2020

- Compilation of videos, pictures, and participant interviews from school-based physical activity program delivered in Fall 2019 to children in an underserved community using the service learning model

### [Support for Sport](#)

Website promotes well-being for student-athletes

- Career Development & Mental Health Referrals

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## OTHER RESEARCH EXPERIENCES

Graduate Fellow in the Springfield College Institutional Research Dept.      Fall 2013-Spring 2014  
 Graduate Research Tutor      Summer 2012–Fall 2012; May 2014

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## HISTORY OF ADVISING

### ATHLETICS PROFESSOR-IN-RESIDENCE ADVISING (October 2016-Present)

- Staff member in the Athletics Academic Resource Center
- Provide weekly academic advising for 10 at-risk undergraduate/graduate student-athletes
- Offer academic advising to all graduate student-athletes and monitor academic standing
- Attend monthly Athletics Department, Department of Disabilities Services and Department of Psychological Services meetings
- Moderator of Academic Success: The Choice is Ours Panel
- Attend Women’s Leadership Luncheon
- Deliver awards at student-athlete ceremonies
- Attend athletics competitions to support student-athletes and coaches

### FIRST YEAR ADVISOR (June 2016-Present)

- Summer 2020 First Year Calling Project
  - Provided holistic advising to counter COVID-19 related concerns of 76 First Year Students via personalized phone calls
- First Year Summer Advising (2020, 2019, 2017, 2016)
- Engage in weekly First Year Advising Department meetings
- Guide 16 First Year Advisees
  - Build rapport and aid in assimilation to Monmouth University community
  - Discuss CSI results and recommend campus resources
  - Explore career interests and related academic programs
  - Review curriculum documents and provide WebAdvisor training
  - Register/recommend academic courses

### HEALTH AND PHYSICAL EDUCATION DEPARTMENT ADVISING (Fall 2015-Present)

- Provide academic, professional, and personal advising for 19 HPE students
- Compose letters of recommendation for graduate school and employment applications
- Coordinate professional development scholarships for HEPE, K-12 students
  - Jack Stuart and Kayla Diorio: NJAHPERD Convention (February 2020)
  - Annie Deusch and Taylor Iasparro: NJAHPERD Convention (February 2019)
  - Lauren Mrazik, Leah Bennet, Gabby Boucher, Brian Byington, and Amanda Delfino: NJAHPERD Future Professional Workshop (November 2016)
  - Charles Jones and Lauren Mrazik: NJAHPERD Convention (February 2016)
  - Thomas Wade: NJAHPERD Lake Conference (October 2015)
- Organize networking/professional development for in-service alumni and pre-service students



- MU Health and Physical Educator Social: NJAHPERD Convention (February 2019)
- edTPA and HPETE Club Workshop: alumnus Stephanie Huff (Spring 2018)
- Promote external recognition for exemplary students
  - Annie Deusch and Ryan Rafferty (2020 nominated): NJAHPERD Future Professional of the Year
  - Stuart Faunce (2018 nominated): NJAHPERD Future Professional of the Year

## HISTORY OF SERVICE

### MONMOUTH UNIVERSITY PRESENTATIONS – Invited

14. **Drewson, S. R.** & Lackman, J. (November 2019). *Unpacking the CVS Catch My Breath E-cigarette curriculum*. MU Social Work Society and the School of Social Work 14<sup>th</sup> Annual Teach In. Monmouth University.
13. Schrama, D., Edgar, B., **Drewson, S. R.**, & Taylor, C. (November 2019). *Advising at MU: A consultative approach*. CETL Panel Member. Monmouth University.
12. **Drewson, S. R.** (July 2019). *Faculty-student scholarly collaborations*. Monmouth University New Student Orientation Academic Session. Monmouth University.
11. Lackman, J. & **Drewson, S. R.** (November 2018). *Student reflections on urban PE and involvement in college*. CETL Faculty Spotlight Poster Session. Monmouth University.
10. Schrama, D., Edgar, B., **Drewson, S. R.**, & Taylor, C. (November 2018). *Advising at MU: A consultative approach*. CETL Panel Member. Monmouth University.
9. **Drewson, S. R.** (March 2018). *Integrating Polar GoFit Technology into Higher Education Skills Courses*. MU Annual Technology & Pedagogy Innovation Showcase. CETL Faculty Spotlight Poster Session. Monmouth University.
8. **Drewson, S. R.** (November 2017). *Physical Activity in Afterschool Programs*. Service learning open house: Immersing ourselves in civic engagement as we learn from one another. CETL Faculty Spotlight. Monmouth University.
7. Bieber, T., Konopack, J. & **Drewson, S. R.** (August 2017). *The dual academic-athletic challenges student-athletes face*. New Faculty Orientation. Monmouth University.
6. **Drewson, S. R.** (July 2017). *Faculty-student scholarly collaborations*. Monmouth University New Student Orientation Academic Session. Monmouth University.
5. **Drewson, S. R.**, Konopack, J., McGovern, J., & Hope, A. (May 2017). *Physical activity in afterschool programs initiative*. Poster presentation. Presented at the 2017 Monmouth University Faculty Summit.
4. **Andrews, S. R.** (October 2016). *Food for thought Faculty Luncheon: “HIPs” never lie: Integrating student-centered high impact practice exercises into your syllabi*. CETL Panel Member. Monmouth University.
3. **Andrews, S. R.** (August 2016). Panel Member. *Transformative Learning, Liberal Arts Education, and Teaching at Monmouth*. New Faculty Orientation. Monmouth University.
2. **Andrews, S. R.** (July 2015). *Healthy bodies/healthy choices*. Invited lecture during Educational Opportunity Fund Orientation (EOF). Monmouth University.

1. **Andrews, S. R.** (July 2015). *Learning: What's your game plan?* Presentations to incoming students during First Year Learning Experience. Monmouth University.
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## **MONMOUTH UNIVERSITY COMMITTEE WORK**

### **Faculty Athlete Mentor Program (Spring 2020-Present)**

- Faculty Mentor for the Women's Basketball Team

### **Center for Excellence in Teaching and Learning Advising Committee (Fall 2018-Present)**

- Develop plan to replace transactional advising with consultant/coaching advising in response to student satisfaction data in accordance with the 2018-2023 Retention Plan
- Facilitate workshops to model how to utilize a consultant/coaching approach to advising

### **Transformative Learning Leadership Team (October 2016-Present)**

- Attended MEWS Replacement System Demonstrations. Spring 2020
- Accepted Student Day: Student Success & Transformative Learning Panelist (2020, 2019, 2018)
- Athletics Professor-in-Residence: Prepared advising summary for Board of Trustees Meeting (Spring 2018)
- Attend CSI/MYSA/Retention/Advising training sessions
- Promote CETL events, Academic Foundations programs, Honors School membership, and First to Fly initiative

### **University Teacher Education Advisor Council – UTEAC (Fall 2014-Present)**

- Analyze HPE student performance on the Praxis exam as an assessment measure to strengthen health and physical education teacher education curriculum

### **Academic Affairs Leadership Team (October 2016-Spring 2019)**

- Engage in semester meetings to discuss campus wide instructional effectiveness, assessment, and academic program enhancement

### **General Education Oversight Committee - GEOC (Summer 2016-Fall 2016)**

- Area 7 Experiential Education Chair
- Initiated assessment cycles and compiled reports on ExEd learning outcomes

### **Monmouth University Student Scholarship Week Steering Committee (Fall 2015-Spring 2016)**

- Created inaugural student scholarship week to showcase student work derived from intellectually challenging and rigorous academic experiences
  - Developed programming framework, proposal submission criteria and procedures, scheduling logistics, promotional materials, and recruitment strategies for guest speakers
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## **SCHOOL OF NURSING AND HEALTH STUDIES SERVICE**

- Open House (Oct. 2014, 2015, 2019)
- Academic Welcome SONHS Students (Sept. 2014, 2015, 2016, 2019, 2020)
- Dean's Lecture (Nov. 4, 2015)
  - *Children's Perceptions of Physical Activity in Afterschool Programs*

- SONHS Best Practices and Active Learning Workshop: Summer PD (July 14, 2015)
    - *Student Perceptions of Faculty and Learning*
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## **DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION SERVICE**

- Physical Education (PE) Skills Coordinator (Fall 2019-Present)
    - Assist in recruiting, hiring, and training staff to teach PE skills courses
    - Contribute to scheduling PE skills courses
    - Contribute to equipment inventory and compilation of equipment orders
  - Program review and curriculum revision for Health and Physical Education Teacher Education major (Fall 2017-Present)
    - Evaluation of curriculum per the New Jersey Department of Education (NJDOE) teaching certification requirements and 2017 National Standards for Initial Physical Education Teacher Education (PETE)
    - Reallocation of credits: 31 physical education credits & 18 health credits
    - Creation of 2 new courses
      - PE 350 School-Based Physical Activity (formerly PAASP)
        - 4 credit, service learning, Experiential Education designation
      - PE 203 Instructional Strategies in Physical Education and Health
    - Revision of 2 existing courses
      - PE 360 Coaching – modified to PE 360 Principles of Coaching with revised learning objectives aligned with National Standards for Sport Coaches
      - PE 310 Sport and Exercise Psychology obtained Writing Intensive designation
    - Identification of 2017 National Standards for Initial PETE for learning objectives across courses in the revised Health and Physical Education Teacher Education major
    - Reclassification of physical activity skills courses to meet 2017 National Standards for Initial PETE
    - Coordination of approval process for courses and new curriculum at the HPE Dept., C&I Dept., SONHS School, General Education, and Undergraduate Studies levels
  - Mentor Adjunct Professors - LoBianco, Lauren, DeStasio (Spring 2018-Present)
  - Represent HPE Dept. during Student Scholarship Week with student poster presentations and Hawk Talk posters (Spring 2016, 2018)
  - Perform teaching observations of adjunct faculty (Fall 2016-Present)
  - Search Committee Member, Assistant Professor Exercise Science (Fall 2016)
  - Chair Search Committee, Assistant Professor Exercise Science (Spring 2016)
  - Facilitated assessment and compiled official report on the outcomes of the 2015-2016 Health and Physical Education Program Assessment (Spring 2016)
  - Honors Thesis Advisor (Spring 2021; Katherine Rivera; Fall 2017; Stephanie Roones)
  - Honors Thesis First Reader (Fall 2021; Gina-Marie Verrone)
  - Accepted Student Days formerly Mondays at Monmouth (2016-Present)
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## **DEPARTMENT OF CURRICULUM & INSTRUCTION SERVICE**

- Attended edTPA trainings and coordinated efforts to infuse edTPA in health and physical education content courses in the HPEEE, K-12 major

- Contribute to accreditation process with the Council for the Accreditation of Educator Preparation and compliance with the New Jersey Department of Education state teaching certification requirements
  - Created and taught a 3 credit Writing Intensive Independent Study course to help a HPEEE, K-12 student meet graduation requirements (Spring 2018)
  - Prepared Course Data Sheets and revised Master Course Syllabi for ED 378/596 Methods of Teaching Health, K-12 and ED 379/597 Methods of Teaching Physical Education, K-12 to meet updated New Jersey Department of Education Certification requirements (Fall 2016)
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## **FIELD OF HEALTH AND PHYSICAL EDUCATION SERVICE**

### **SHAPE America**

- **National Convention Ambassador Tampa, FL (2019)**
  - Mentored convention attendees during the Student & First-Time Attendee Orientation

### **NJAHPERD (New Jersey Association for Health, Physical Education, Recreation, and Dance)**

- **SHAPE America Eastern District State Advisory Commission Representative (Spring 2020-Present)**
  - Communicate with the Eastern District Leadership Council to provide direction regarding issues and trends relative to the profession from the State perspective.
  - Share proposed Eastern District initiatives and business at NJAHPERD Executive Board Meetings
- **Awards Committee (Fall 2019-Spring 2020)**
  - Reviewed and evaluated candidate applications for annual NJAHPERD awards
- **Future Professional Division Chair (Nov. 2015-February 2019)**
  - Advised 6 future professionals representing HPETE programs from Monmouth University, Montclair State University, The College of New Jersey, Rowan University, William Paterson University, and Kean University
  - Attended monthly Executive Board meetings
  - Coordinated Future Professional meetings, follow operating codes of the Future Professional Division, oversee implementation of the Future Professional Division action plan
  - Scheduled speakers, planned logistics and facilitated the annual NJAHPERD Future Professionals Workshop during fall semesters

### **Women Leaders in College Sports: LGTBQA+ Member Circle**

- Guest speaker “How to be an Ally for LGTBQA+ Student-Athletes Struggling with Mental Health” (April 2020)

### **NJ Higher Education Coalition (Spring 2018-Present)**

- Engage in quarterly meetings to discuss critical issues, coordinate advocacy efforts, and collaborate on initiatives in the field of Health and Physical Education Teacher Education

### **HPE Professional Development Consultant (Fall 2017-Spring 2019)**

- Pennsville School District
- Atlantic City Regional School District
- Matawan-Aberdeen Regional School District
- Moorestown Township Public Schools

## COMMUNITY ENGAGEMENT

### Monmouth County, NJ

- Coordinated field trip for children in underserved school to visit the Monmouth University campus for the Monmouth Matinee wellness program and women's basketball game (Fall 2019)
- Deliver physical activity programming for children in an underserved community as an extension of responsibilities associated with being the professor of PE 350 School-Based Physical Activity (formerly PAASP) (Fall 2020, Fall 2019, Fall 2018, Spring 2018, Fall 2017)
- Member of the Alliance for a Healthier Asbury Park (2016)
  - You Got Game Father and Son Event, Asbury Park High School (March 19, 2016)
  - Family Physical Activity Night, Bradley Elementary School (June 13, 2016)

### Springfield, MA

- Graduate Coordinator of SHA After-School Physical Activity Program (Fall 2013)
- Facilitator of Mental Skills Training Workshops (Spring 2013-Fall 2013)
- Humanics in Action (Fall 2009- Fall 2012)
- Member of the Organizing Committee for Special Olympics Volleyball Tournament (Spring 2012)
- Mentoring through Physical Education (Spring 2011)

## MEMBERSHIPS, CREDENTIALS, CERTIFICATIONS

SHAPE America (Society of Health and Physical Educators)

NJAHPERD (New Jersey Association for Health, Physical Education, Recreation, and Dance)

California Clear Multiple Subject Teaching Credential

University of San Diego Basic Elements of Athletic Coaching Certification

## PROFESSIONAL DEVELOPMENT

2020 Summer Online Teaching Academy: August 24-28. (August 2020). Monmouth University.

SHAPE America Best Practices for Delivering Online and Hybrid Learning. (August 2020). Webinar.

NJAHPERD Effective Teaching Strategies for School Reentry: PE. (August 2020). Virtual Conference.

NJAHPERD health.moves.minds Information Session. (August 2020). Zoom Meeting.

Tech Ed: First Year Advisor Training in Zoom. (May 2020). Monmouth University.

Tech Ed: Administering Quizzes in eCampus. (April 2020). Monmouth University.

Tech Ed.: Leveraging eCampus for Instructional Continuity. (March 2020). Monmouth University.

Cultivating Inclusion: Implicit Bias and Expanding Praxis. (November 2019). Monmouth University.

CETL Training: Tracking SL Student Impact (Fall 2019). Monmouth University.

CETL Training. Online Teaching Faculty Learning Circle. (Fall 2019). Monmouth University.

Safe Zone Training. (Fall 2018). Monmouth University.  
 CSI/MYSA Training. (Sept. 2018). Monmouth University.  
 Service Learning Boot Camp. (Summer 2018). Monmouth University.  
 The Retention Management System Plus at MU: From Implementation to Utilization (May 2018). MU.  
 NJAHPERD Future Professionals' Workshop. (Nov. 2018). Long Branch, NJ.  
 NJAHPERD Future Professionals' Workshop. (Nov. 2017). Wayne, NJ.  
 NJAHPERD Future Professionals' Workshop. (Nov. 2016). Long Branch, NJ.  
 NJAHPERD Lake Conference. (October 2016). Johnsonburg, NJ.  
 Service Learning Boot Camp. (Summer 2016). Monmouth University.  
 Teaching Performance Assessment (edTPA): SCALE Session. (May 2016). New Brunswick, NJ.  
 2016 Project Play Summit. (May 2016). Washington, D.C.  
 NJAHPERD Future Professionals' Workshop. (Nov. 2015). Ocean, NJ.  
 Teaching Professor Conference. (May 2015). Atlanta, GA.  
 NJAHPERD Future Professionals' Workshop. (Nov. 2014). Ocean, NJ.  
 NJAHPERD Adapted Health & Physical Education Conference. (Oct. 2014). Lawrenceville, NJ.  
 AASP Annual Conference. (Oct. 2010). Providence, RI.

## PROFESSIONAL COACHING & LEADERSHIP EXPERIENCES

### Intercollegiate NCAA Division III Coaching

Assistant Women's Basketball Coach Springfield College	2009-2013
First Assistant in Charge of: Practice Planning, Recruiting, Scouting, Budget/Expenses, Travel, Fundraising, Alumni and Parent Relations Community Outreach Projects, Mentoring Staff Members	2010-2013
Head Junior Varsity Coach	2009-2010

### Outdoor Education Leadership

Springfield College, Springfield, MA	
East Campus High and Low Ropes Adventure Course Facilitator	Spring 2012–Spring 2014

### Interscholastic Coaching

Central Coast Baller Academy, CA - Owner	2007-2008
Snow Valley Basketball School Clinician at Westmont College, Santa Barbara, CA	2004-2008
Head Junior Varsity Girls' Basketball Coach	
Arroyo Grande High School, Arroyo Grande, CA	2006-2007
Nipomo High School, Nipomo, CA	2003-2004
Assistant Varsity Girls' Basketball Coach	
Nipomo High School, Nipomo, CA	2004-2005
Arroyo Grande High School, Arroyo Grande, CA	2000-2001
Assistant Varsity Track Coach	
Arroyo Grande High School, Arroyo Grande, CA	1999-2001; 2004-2005