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> Thomas' Protein Bread has all the wholesome accordings of protein and natural wheat. No sugar, no shortening, and only 45 calories per slice.

THOMAS' PROTEIN

How can anything so nutritious taste so delicious.

S*T*A*R G*U*I*D*E

FOR MARCH

PISCES (Feb. 19-Mar. 20) This is an exciting and happy period. March 13 and 14 are excellent dates for love and romance, and for starting new business ventures. News from a faraway friend or relative may worry you at first; call to allay your fears.

ARIES (Mar. 21-Apr. 19) You may meet with many obstacles, yet you can overcome them. Careful planning now could save you a lot of worry later. After March 22 you will see a big improvement in everything you do. Your romantic life will be more relaxed, and you will have financial luck.

TAURUS (Apr. 20-May 20) Accept all invitations-you never know where you'll meet people eager to help you with your projects. But beware of anyone who promises bargains. March 26 and 27 are lucky days for starting new activities.

GEMINI (May 21-June 20) You are re-

warded with success, but you may encounter jealousy. It's best to ignore negative people and just get on with your work. There's lots of fun and romance in store for you on March 28 and 29, so why not plan a party or a special night out?

CANCER (June 21-July 22) Take time to enjoy yourself and visit friends you haven't seen for a while. Job opportunities may turn up on March 7 and 8. Family affairs-especially concerning children-could be complicated.

LEO (July 23-Aug. 22) You may find yourself in a position to add to your income in several ways. If you take part in small gambles, for instance, you may win around March 6 or 7. Beware of leaving the doors and windows of your home unlocked.

VIRGO (Aug. 23-Sept. 22) Before you make any decisions, go over your ideas with your loved one. Partnerships should prove successful this month, and if you have been thinking of joining a club or sports team, the best time to do so would be March 13 or 14.

LIBRA (Sept. 23-Oct. 22) Stick to your strict diet and exercise program, and guard against a tendency to slip back into old habits. Financial affairs need attention. Get all your bills paid up, and

collect money due to you around March 3 and 4-lucky dates for money matters.

SCORPIO (Oct. 23-Nov. 21) This should be a fun, romantic month for you and your special someone. Spend as much time together as you can. Children's talents should provide much pleasure March 13 and 14.

SAGITTARIUS (Nov. 22-Dec. 21) Home affairs need more attention and this is an ideal time to redecorate, repair and make important changes around the house. March 5 and 6 are excellent dates for starting new projects. If you have been quarrelling with a loved one, now would be a good time to make up.

CAPRICORN (Dec. 22-Jan. 19) A feeling of restlessness will prompt you to take a short trip to visit a close relative for some good advice. Loved ones may be especially sensitive and emotional around March 22 and 23, so treat them with special consideration.

AQUARIUS (Jan. 20-Feb. 18) There may be excellent job opportunities, but your loyalty to your present situation could hold you back. You may feel less pressured and much more relaxed around March 20 and 21, which should improve romantic matters greatly!

-FREDRICK DAVIES

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