

STIR-FRY IN MINUTES

WITH

SWANSON



RECIPE

SAUCY CHICKEN STIR-FRY

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| 2 tbsp. vegetable oil | 1 tbsp. soy sauce |
| 1 cup carrots cut in 2" long thin strips | 1 tsp. grated fresh ginger |
| 1 cup diagonally sliced zucchini | 2 cans (5 oz. each) Swanson® Premium Chunk White Chicken or Swanson® Premium Chunk White Turkey, drained |
| ½ cup quartered mushrooms | Hot cooked rice |
| 2 tbsp. cornstarch | 2 tbsp. diagonally sliced green onions |
| 1 can (14½ oz.) Swanson® Clear Ready to Serve Chicken Broth | |

1. In 10" skillet over medium heat, in hot oil, cook carrots, zucchini and mushrooms until tender-crisp.
2. In bowl, stir together cornstarch, chicken broth, soy sauce and ginger until smooth. Gradually stir into vegetables. Cook over medium heat until mixture boils and thickens, stirring often.
3. Gently stir in chicken; heat through. Serve over rice. Sprinkle with onions. Makes 3½ cups or 4 servings.

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