



*No more bread 'n butter.
 No more crackers 'n jam.
 I really wanna lighten up...*



Put a Quaker Rice Cake in my hand

*35 calories
 Light!*

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JWT, DA
 Quaker Oats (1986-1994)
 1987 Box 10

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 1/2 Page Horizontal (10 1/4 x 6 1/4 inches) 4/c Bld

Rolling Stone 1987