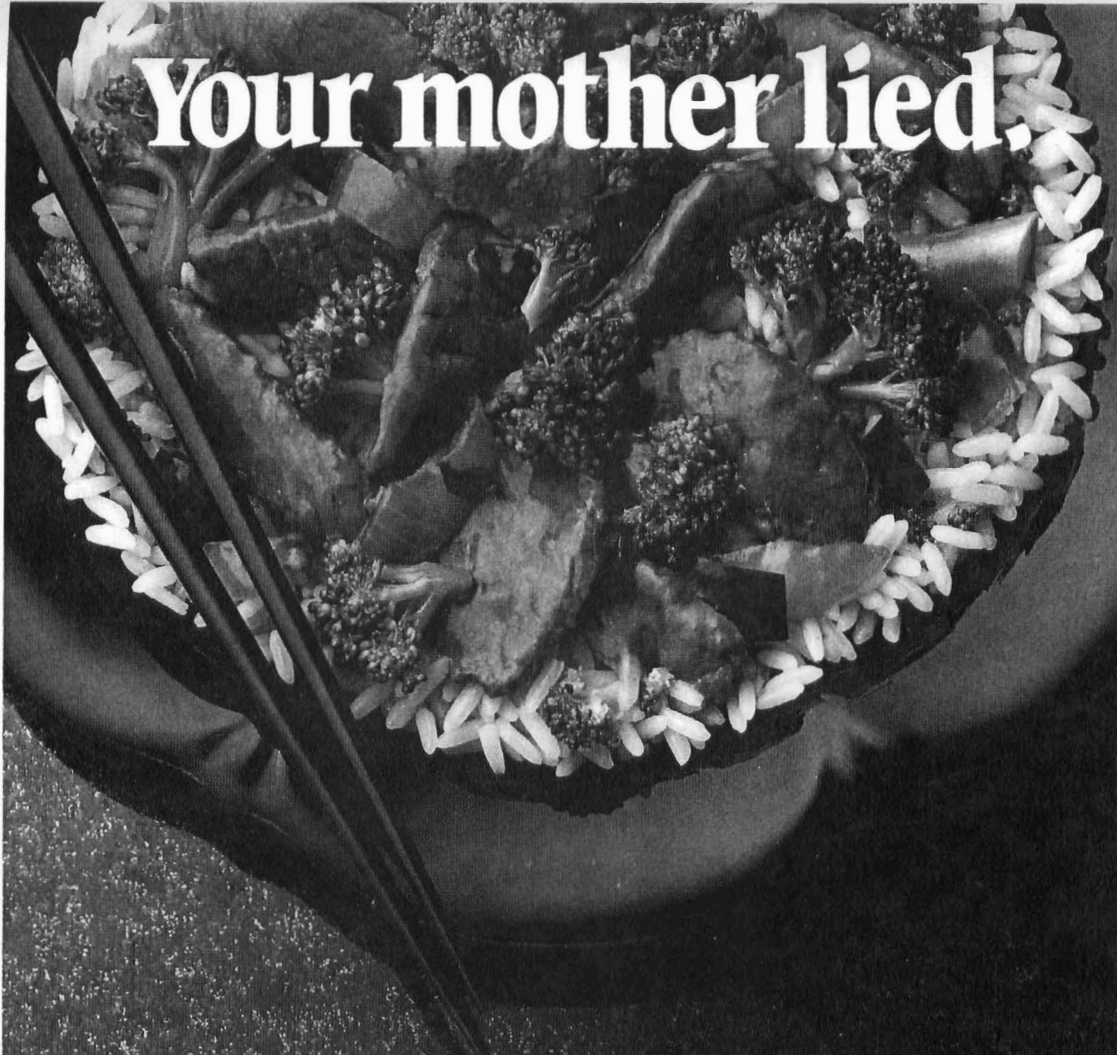
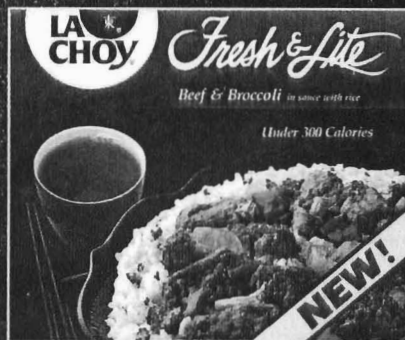


# Your mother lied.



It can taste good and be good for you.

Introducing new La Choy® Fresh & Lite frozen entrees. La Choy has created a perfect balance between eating right and great taste with their new Fresh & Lite frozen entrees. There are eight savory Oriental classics like Imperial Chicken Chow Mein, Beef & Broccoli and Almond Chicken to tempt you.



And they all are under 300 calories. All our entrees are made with lean cuts of meat—90% fat-free—crispy vegetables, and have no added MSG.

New Fresh & Lite frozen entrees are packed with taste and variety to satisfy you, and wholesome goodness to satisfy your mom.

## New La Choy Fresh & Lite Frozen Entrees.

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